



Department of Defense Medical Evaluation Review Board

DODMERB

Dear Student,

Have received this letter of instruction because have approved to take your Army DODMERB physical exam. Do not use personal billing insurance since the US Army is covering the cost as a ROTC applicant. In order to complete this phase of the medical qualification process the following needs to occur **in this order**:

1. Log in to www.dodmets.com <<http://www.dodmets.com/>>
2. Login using the applicant login and use your SSN and last name as your password.
3. After you login you will be prompted to change your password. The password will contain 8-12 characters, including at least one Capital Letter and one Special Character
4. You will then be directed to fill out medical application forms DD Form 2351 and DD Form 2492. Save and Print a copy to take to the exam.
5. Once you are done with the medical application forms, you can schedule your eye examination and physical online. You must attend your eye examination before you attend your physical examination.
6. Once you have scheduled the appointments contact Mr. Steven Yach at syach@fullerton.edu with the exam dates so we can keep track of your progress and results.

Once you have initiated this DODMERB process you have 5 days to schedule the exams and 30 days to perform the exams if you fail to complete the exams within the 30 days your account will considered "Inactive". Completing this DODMERB physical exam is imperative to the contracting/scholarship process. I encourage you to complete this as soon as possible so we can move forward with the health qualification process.

Read all the instructions on the website and pay attention to the listed topics

Scheduling Appointments

Completing your application online

Preparation for the exam

Special Considerations for Women

Please contact me with questions or concerns.

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