

James R. Ruby, PhD
Professor of Human Services
California State University, Fullerton
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Educational Background:

Doctor of Philosophy 2004	Loyola University Chicago Research Methods & Human Development
Master of Arts 1998	Northeastern Illinois University Community & Family Counseling
Master of Divinity 1990	Southern Baptist Theological Seminary Pastoral Ministry Studies
Bachelor of Arts 1984	Western Kentucky University Religious Studies & Broadcasting

Professional Experience:

Department Chair	California State University, Fullerton Department of Human Services 2020 - Present
Department Vice-Chair	California State University, Fullerton Department of Human Services 2017-2019
Full Professor	California State University, Fullerton Department of Human Services 2018 – Present
Associate Professor	2013 – 2018
Assistant Professor	2008 - 2013

Courses Taught:

- Introduction to Human Services
- Character & Conflict
- Research & Data Management
- Theories & Techniques of Counseling & Psychotherapy
- Program Design & Proposal Writing
- Crisis Intervention for Para-Professionals
- Integrating Acting Exercises & Psychodrama Techniques
- Theory & Practice of Group Counseling
- Program Evaluation
- Family Counseling

Prior Teaching/Professional Positions:

Adjunct Faculty Capella University, Minneapolis, MN
Department of School Counseling
Doctoral Candidates in Counselor Education & Supervision
CACREP Accredited Program
2007 – 2016

Online Courses Taught:

Research Methods
Assessment, Tests, & Measures in Counseling
Developmental School Counseling & Pupil Services
Ethnic & Cultural Awareness
Clinical Skills Residency in Individual Counseling
Clinical Skills Residency in Group Counseling
Survey of Research in Human Development for Professional Counselors
Served on Dissertation Committees as Subject Matter or Research Methods

Member

Served on the University Institutional Review Board for research

Adjunct Faculty Azusa Pacific University, Orange, CA
Department of School Counseling & School Psychology
September, 2013 – 2014

Courses Taught:

Career Development Theories & Techniques in Counseling
PPS Leadership, Ethics, & Professionalism

Associate Professor National University, San Diego, CA
Department of School Counseling & School Psychology
August 1, 2006 – August 2008

Courses Taught:

Action Research for School Counselors
Individual Counseling Theory & Skills
Group Counseling Theory & Skills
Contemporary Issues in School Counseling

Assistant Professor Northeastern Illinois University, Chicago, IL
Counselor Education Department
CACREP Accredited Program
2002 – 2006

Courses Taught:

Introduction to the Counseling Profession
Evaluation Techniques in Counseling
Individual Counseling Skills
Group Counseling Skills
Career Counseling
Introduction to Family Counseling
Counseling Children, Adolescents, & their Families

Current & Prior Professional Memberships & Service:

- American Counseling Association – current
- Association for Specialists in Group Work – current
- Association for Creativity in Counseling - current
- Association of Counselor Education & Supervision – current
- National Association for Human Services - current
- American School Counseling Association – current
- California Association of School Counselors – current
- California Association for Measurement and Evaluation in Counseling and Development – President 2008-2010
- California Coalition for Counselor Licensure – Board Member 2007-2010
- California Association of Licensed Professional Clinical Counselors – Board Member 2010 – 2011; Ethics Committee Chairperson 2011-2013

Licenses/Certifications:

- Pupil Personnel Services Certification as a School Counselor
- Licensed Mental Health Counselor
- Nationally Certified Counselor

Professional Writing/Research:***Peer Reviewed –***

Ruby, J.R., Ruby, N.C. (2019). Integrating acting techniques and human services education. *International Journal of Arts and Humanities*, 7(10), 581-587.

Ruby, J.R. (2018). Paradox in strategic couple and family therapy. In J. L. Lebow's, A. L. Chambers' & D. C. Breunlin's (Ed.), *Encyclopedia of Couple and Family Therapy*, New York: Springer.

Horn-Mallers, M., Ruby, J.R. (2017). Human service professionals and the ongoing need for aging-related education. *Journal of Human Services*, 77-80.

Ruby, J.R. (2016). Student competencies in referral making and collaboration. *Conference Proceedings of the National Organization for Human Services Annual Convention, 2015*, 86-95.

Ruby, J.R. (2016). Incorporating improvisational acting exercises into human services training and service delivery. *Conference Proceedings of the National Organization for Human Services Annual Convention, 2015*, 26-29.

Horn-Mallers, M., Ruby, J.R., Garcia, J.A. (2015). Skill and efficacy development in a human services grant writing course. *American Journal of Educational Science*, 1(4), 117-121.

Ruby, J.R. (2013). Barriers to research for Illinois counselors. *Journal of Counseling in Illinois*, 2(2), 4-12.

Ruby, J.R. (2013). Barriers to research and implications for training counselors. *Cypriot Journal of Educational Sciences*, 8(1), 150-159.

Ruby, J.R., Ruby, N.C. (2009). Improvisational acting exercises and their potential use in family counseling. *Journal of Creativity in Mental Health*, 4, 152-160.

Ruby, J.R. (2005). Constraints to master's level practitioner research: A literature review. *Counseling and Clinical Psychology Journal*, 22, 59-67.

Non Peer Reviewed –

Ruby, J. (2017). One president's effort at getting to know their region. *Link: Newsletter of the National Organization for Human Services*, 37 (2), 2.

Ruby, J. (2016). Strengths-based internship supervision. In J. Edwards', A. Young's, & H. Nikels' (Ed.), *Handbook of Strengths-Based Clinical Practices* (pp.294-304). New York: Routledge.

Young, A., Ruby, J., Halbur, D., Nikels, H., & Edwards, J. (2016). Finding common factors. In J. Edwards', A. Young's, & H. Nikels' (Ed.), *Handbook of Strengths-Based Clinical Practices* (pp. 351-362). New York: Routledge.

Horn Mallers, M., Ruby, J., Oren, C., Oren, D.C., & Carlson, M.E.. (2014). Counseling fathers. In M. Englar-Carlson's (Ed.), *A Counselor's Guide to Working with Men* (pp.119-143). New York: Routledge.

Ruby, J.R. (2013). Corporate social responsibility. In Reibolt, W. & Horn-Mallers, M. *Consumer Survival: Encyclopedia of Consumer Rights, Safety, and Protection* (pp.188-190). Santa Barbara, CA: ABC-CLIO.

Ruby, J.R. (2013). The department of health and human services. In Reibolt, W. & Horn-Mallers, M. *Consumer Survival: Encyclopedia of Consumer Rights, Safety, and Protection*. (pp. 266-269). Santa Barbara, CA: ABC-CLIO.

Ruby, J.R. (2013). Martin Luther King, Jr. In Reibolt, W. & Horn-Mallers, M. *Consumer Survival: Encyclopedia of Consumer Rights, Safety, and Protection*. (pp. 552-556). Santa Barbara, CA: ABC-CLIO.

Ruby, J.R. (2013). The story of Jonas: A case study in psychoanalytically oriented counseling. In Corey, G. *Theory and practice of counseling and psychotherapy, Student manual* (pp. 54-56), 9th ed. Belmont, CA: Cengage.

Ruby, J.R. (2011). The good Christian son. In S. Schwarzbaum and A. Thomas, *Culture and identity: Life stories for counselors and therapists* (pp.203 – 208), 2nd ed. Thousand Oaks, CA: Sage.

Ruby, J.R. (2010). *Barriers to practitioner research: Making research education relevant and productive*. Saarbrücken, Germany: Lambert Academic Publishing.

Ruby, J.R. (2008). Confidentiality: Casual comfortable and communal. In L.E. Tyson, J. R. Culbreth, & J. A. Harrington, (Eds). *Critical incidents in clinical supervision*. Alexandria, VA: American Counseling Association, 123-124.

Ruby, J.R. (2006). Effective parent teacher communication. *The Temecula Bugle, The Murrieta Bugle*, November 2006.

Ruby, J.R. (2006). Reflections from the front lines of Katrina. *Northeastern Illinois University Magazine*, Winter 2006, 1-2.

Selected Presentations:

Peer Reviewed –

Ruby, J.R. (2022). *Integrating acting exercises and psychodrama techniques into classroom groups*. Association for Specialists in Group Work, February 18-19, 2022, Atlantic Beach, FL (Accepted).

Ruby, J.R. (2021). *Integrating acting exercises and psychodrama techniques into counselor education*. Association for Counselor Education and Supervision, October 5-11, 2021, Atlanta, GA. (Accepted).

Ruby, J.R., Corey, G. (2019). *Self-Care is not a luxury, but an ethical mandate*. National Organization for Human Services Annual Conference, October 24, 2019, Anaheim, CA.

Ruby, J.R., Corey, G. (2019). *Combining experiential and didactic methods of teaching group counseling*. National Organization for Human Services Annual Conference, October 25, 2019, Anaheim, CA.

Ruby, J.R. (2017). *Strengths based clinical supervision*. National Organization for Human Services Annual Conference, October 20, 2017, Des Moines, IA.

Ruby, J.R. (2016). *Do experiential strategies or training exercises make a difference?* National Organization for Human Services Annual Conference, October 21, 2016, Tampa, FL.

Ruby, J.R. (2016). *Human service professionals' interaction with, and knowledge of, the aging population: Implications for direct practice*. National Organization for Human Services Annual Conference, October 20, 2016, Tampa, FL.

Ruby, J.R. (2015). *Using improvisational acting exercises in human services training and service delivery*. National Organization for Human Services Annual Conference, October 22, 2015, Charlotte, NC.

Ruby, J.R., Ruby, N.C. (2014). *Using improvisational acting exercises in counseling and counselor education*. Western Association for Counselor Education and Supervision Annual Conference, November 8, 2014.

Ruby, J.R. (2014). *Strengths based clinical supervision*. National Organization for Human Services Annual Conference, October 25, 2014.

- Ruby, J., Ruby, N.C. (2014). *Using improvisational acting exercises in substance abuse counseling*. California Association for Alcohol/Drug Educators Annual Conference, April 27, 2014.
- Corey, G., Ruby, J. (2013). *Combining experiential and didactic methods of teaching group counseling*. Association for Counselor Education and Supervision Annual Conference, October 18, 2013.
- Ruby, J., Edwards, J., Standefer, S., Young, A. (2013). *Strengths-based counseling supervision*. American Counseling Association, Annual Conference, March 24, 2013.
- Lange, A., Hill, T., Ruby, J. (2013). *AOD with LBGTQI: Problems and best practices in substance abuse counseling*. American Counseling Association, Annual Conference, March 23, 2013.
- Ruby, J. (2012). *The school counselor's role in the life of the undocumented immigrant student: Initial themes from a qualitative study*. California Association of School Counselors, Annual Conference, October 27, 2012.
- Ruby, J. R. (2011). *The counselor's role in advocating for immigrant students*. Illinois Counseling Association, Annual Conference, November 11, 2011.
- Ruby, J.R. (2010). *Social networking and its influence on family counseling: Preliminary findings from a web based survey*. Illinois Association of Couple and Family Counseling, Annual Conference, November 2010.
- Horn-Mallers, M. & Ruby, J. R. (2010). *Human service professional interaction with, and knowledge of, the aging population: Implications for direct practice*. Poster Presentation at the Gerontology Society of America annual convention.
- Ruby, J.R. (2010). *The development of counseling licensure in California*. California Counseling Association Annual Conference, March 18, 2010.
- Ruby, J. R. (2009). *Constraints to practitioner research: A qualitative study*. American Association of Marriage & Family Therapy Annual Conference, October 2, 2009.
- Ruby, J.R., Horn-Mallers, M. & Garcia, J.A. (2009). *Using assessment for course redesign in an active learning environment*. Annual Western Assessment Conference, XIII, March 19, 2009.
- Ruby, J.R. (2009). *Utilizing improvisational acting exercises in couple and family counseling*. Illinois Association of Marriage and Family Therapy, March 12, 2009.
- Ruby, J.R. & Spencer, L. (2008). *Preliminary evidence from administrators' perceptions of school counselor competencies: A web-based survey*. National University Faculty Research & Scholarship Conference, September 2, 2008.
- Ruby, J. (2008). *Experiential group exercises that promote respect and diversity*. California Association of School Counselors Annual Conference (Northern Region), March 28, 2008.

Ruby, N.C., Ruby, J.R. (2008). *The use of improvisational acting exercises in counseling*. California Counseling Association Annual Conference, February 16, 2008.

Ruby, J.R. (2007). *Utilizing improvisational acting techniques in the classroom: An experiential investigation*. International Association of Laboratory and University Schools, March 23, 2007.

Ruby, J.R. (2005). *What me, a practitioner researcher?* Illinois Counseling Association Annual Meeting, Itasca, IL. November 11, 2005.

Ruby, J.R. (2005). *Constraints to practitioner research and the implications for the training of master's level mental health professionals, a qualitative survey*. The First International Congress on Qualitative Inquiry, University of Illinois, Champaign/Urbana, May 7, 2005.

Non Peer Reviewed -

Ruby, J., Ruby, N.C. (2014). *Utilizing improvisational acting and psychodrama exercises in substance abuse counseling*. Students Against Substance Abuse, East Los Angeles Community College, November 11, 2014, Los Angeles, CA.

Ruby, J. R. (2012). *Weight of the nation*. Obesity prevention through the lifespan: Reflections of the past and vision for the future. Obesity Prevention Symposium. May 24, 2012. (panel member)

Ruby, J.R. (2010). *Universal healthcare: How will it affect us?* California Lions Club Speakers Program, February 18, 2010.

Ruby, J.R. (2006). *Supervising a school counseling fieldwork student*. San Diego Unified School District, Chapman University, October 17, 2006. (panel member)

Ruby, J.R. (2006). *Signs of depression and suicidal ideation in children and adolescents*. Northeastern Illinois University Student Teacher Institute Days, Chicago, IL. January 5, 2006.

Relevant Awards/Recognitions

2019 & 2016 recipient of California State University, Fullerton's Faculty Recognition in Teaching

2016 recipient of Capella University's Harold Abel School of Social and Behavioral Sciences *Outstanding Faculty award*

2012, 2013, 2014, and 2015 recipient of Capella University's *Stephen Shank Recognition award* for teaching and learning excellence

2012 & 2013 recipient of the CSUF Human Services Department's *Outstanding Faculty Member Award*, sponsored by the Human Services Student Association

2012 recipient of the CSUF College of Health and Human Development's *Outstanding Professor Award*, sponsored by Associated Student Inc.

2012 nominee for the CSUF *Carol Barnes Excellence in Teaching Award*

Professional Service:

2020-2021 – Vice-President, Western/Northwestern Region of the National Organization for Human Services

2015-2021 – Reader/Reviewer for programs applying to the Council for Standards on Human Services Education (CSHSE)

2017-2019, Member of the American Counseling Association’s Parity Committee

2018 – Western Association of Counselor Education and Supervision (WACES) annual conference proposal reviewer

2016-2018 – President of the Western Region for Human Services

2016-2018 – Committee Member for the National Organization for Human Services Annual Conference

2014-2016, American Counseling Association’s Human Rights Committee member

2013 – Peer Reviewer for proposals for the annual conference of the American Counseling Association (ACA)

2012-2017 - Peer Reviewer for proposals for the annual conference of the National Organization of Human Services (NOHS)

2010-2012, ethics chairperson for the California Association of Licensed Professional Clinical Counselors (CALPCC)

Relevant Academic Service

University:

Member, California State University, Fullerton’s Dreamers’ Center Recognition Celebration Planning Committee

Advisor, California State University, Fullerton’s a cappella singing group, The FullerTones

Member, Capella University, Institutional Review Board for Research

Member, California State University, Fullerton General Education Faculty Learning Community

Faculty Mentor, California State University, Fullerton Tennis Team

Member, Past Chair California State University, Fullerton Athletics Advisory Council

Member of the California State University, Fullerton Athletics Department’s Strategic Planning Committee

Member of the California State University, Fullerton Women's Basketball Head Coach Search Committee

Member, California State University, Fullerton Faculty Hearing Panel

College:

Member of the California State University, Fullerton College of Health & Human Development's Student Success Team

Member of the California State University, Fullerton College of Health & Human Development's Strategic Planning Committee

Peer Reviewer for proposals for the California State University, Fullerton College of Health & Human Development's Intramural Grants

Department:

Chair, California State University, Fullerton Department of Human Services

Member, California State University, Fullerton Department of Human Services' sub-committee for the Council on Standards for Human Services Education

Member, Capella University Department of School Counseling CACREP Accreditation Compliance Committee

Faculty Sponsor for the California State University, Fullerton Department of Human Services' Chi Kappa Chapter of the NOHS's National Honor Society, Tau Upsilon Alpha

Prior Vice-Chair, California State University, Fullerton Department of Human Services

Member, California State University, Fullerton Department of Human Services Faculty Personnel Search Committee

California State University, Fullerton Independent Study Faculty

California State University, Fullerton Honors Student Faculty Mentor

Facilitator for HUSR 300, Character & Conflict Group Leaders' Training Retreat the weekend before each Fall and Spring semester

Member, California State University, Fullerton Department of Human Services Assessment Committee, working toward creation of, and monitoring, WASC and NOHS/CSHSE accreditation standards, as well as outcome assessment of departmental and university goals

Prior Faculty sponsor for the California State University, Fullerton Substance Abuse Awareness and Prevention Student Association

Prior Faculty sponsor for the California State University, Fullerton Human Services Student Association