



# CALIFORNIA STATE UNIVERSITY, FULLERTON

## Child & Adolescent Studies Major Advisement Sheet

### Adolescent/Youth Development (CHAY)

Fall 2025

Student Name/CWID:
Advisor Name:
Date:

This advising packet provides comprehensive advice for all required coursework in the Bachelor of Science (BS) degree in Child and Adolescent Studies: Adolescent/Youth Development Concentration (CHAY). Course information is organized into these categories:

1.	<b>General Education (GE) &amp; American Government .....</b>	<b>2</b>
2.	<b>CAS Core Courses (taken by all majors regardless of concentration) .....</b>	<b>3</b>
3.	<b>Adolescent/Youth Development (CHAY) Concentration Requirements .....</b>	<b>4</b>
	<b>Concentration-Specific Assessment Class.....</b>	<b>4</b>
	<b>Elementary Education Practicum Classes .....</b>	<b>5</b>
	<b>Adolescent/Youth Development (CHAY) Topical Classes .....</b>	<b>6</b>
	Diversity Classes (choose 1 class) .....	6
	Topical Development Classes (choose 5 classes) .....	6
	Important Reminders: .....	7
	Considerations in Selecting Topical Development Courses: .....	7
4.	<b>Graduation Unit Requirements .....</b>	<b>8</b>

## 1. General Education (GE) &amp; American Government

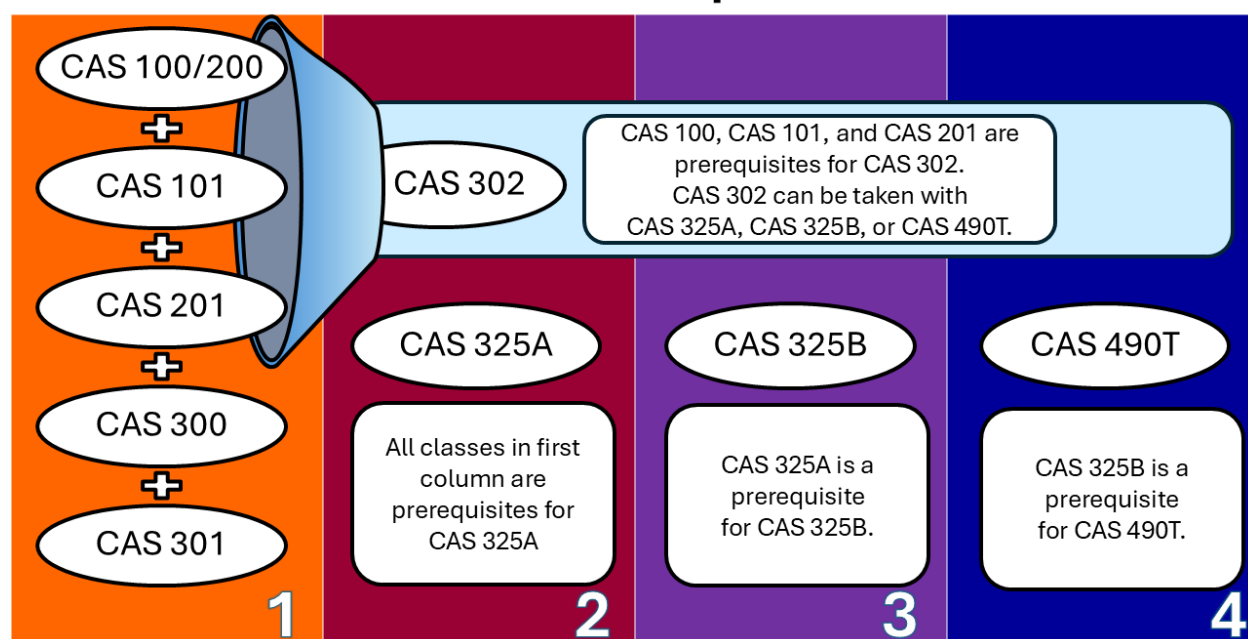
GE Category	Recommendation	Class Taken	Notes
<b>Lower-Division GE</b>			
1 English Communication			
1A Written Communication			
1B Critical Thinking			
1C Oral Communication			
2 Math & Quant Reasoning			
2A Math & Quant Reasoning			
3 Arts & Humanities			
3A Intro to Arts			
3B Intro to Humanities			
4 Social & Behavioral Sciences			
4A Intro to Soc & Behav Sci	CAS 101		This course also counts as part of the CAS Core.
4B Am History, Inst & Values	AFAM/ASAM/ CHIC/HIST 190		These classes meet a prerequisite for CSUF teaching credential programs.
5 Physical & Biol Sciences			
5A Physical Science			
5B Biological Science			
5C Laboratory Experience			
6 Ethnic Studies			
American Gov Graduation Req			
<b>Upper-Division GE</b>			
<b>2U Impli/Explore Math &amp; Quant Reasoning</b>	SOCI 303		This course also counts as a Topical Development course and may meet graduate school prerequisites.
<b>3U Explore Arts or Humanities</b>			
<b>4U Explor Soc &amp; Behav Sci</b>	CAS 330, CAS 340, CAS/AFAM 370, or CHIC 332		These courses also count as a Topical Development course. If you are seeking a teaching credential, see recommended classes at <a href="#">this link</a> .
<b>5U Impli/Explore Phys &amp; Biol Sciences</b>			You must take <b>either 2U or 5U</b> . You do not need to take both.
Z Cultural Diversity	CAS 340, CAS/AFAM 370, CHIC 332		These courses also count as a Topical Development course.

- 3 GE classes must be upper-division (300+) classes taken at the CSU: 3U, 4U, and either 2U or 5U. These **GE Categories are listed in orange** above.
- Additional information is available at <https://www.fullerton.edu/general-education/>

## 2. CAS Core Courses (taken by all majors regardless of concentration)

CSUF CAS Class	Class Taken	Notes
CAS 100 Foundations for Success in CAS <b>OR</b> CAS 200 Thriving as a Transfer Student in CAS		CAS 100/200 should be taken in your first year at CSUF.
CAS 101 Intro to Child Devel		
CAS 201 Child, Family, & Comm		
SPED 371 Exceptional Individual		
CAS 300 Effective Prof Comm		
CAS 301 Inquiry & Method Devel		
CAS 302 Cultural Competence in Development		
CAS 325A Conception to Age 8		
CAS 325B Age 9 to Adolescence		
CAS 490T Topical Seminar		

## CAS Core Sequence

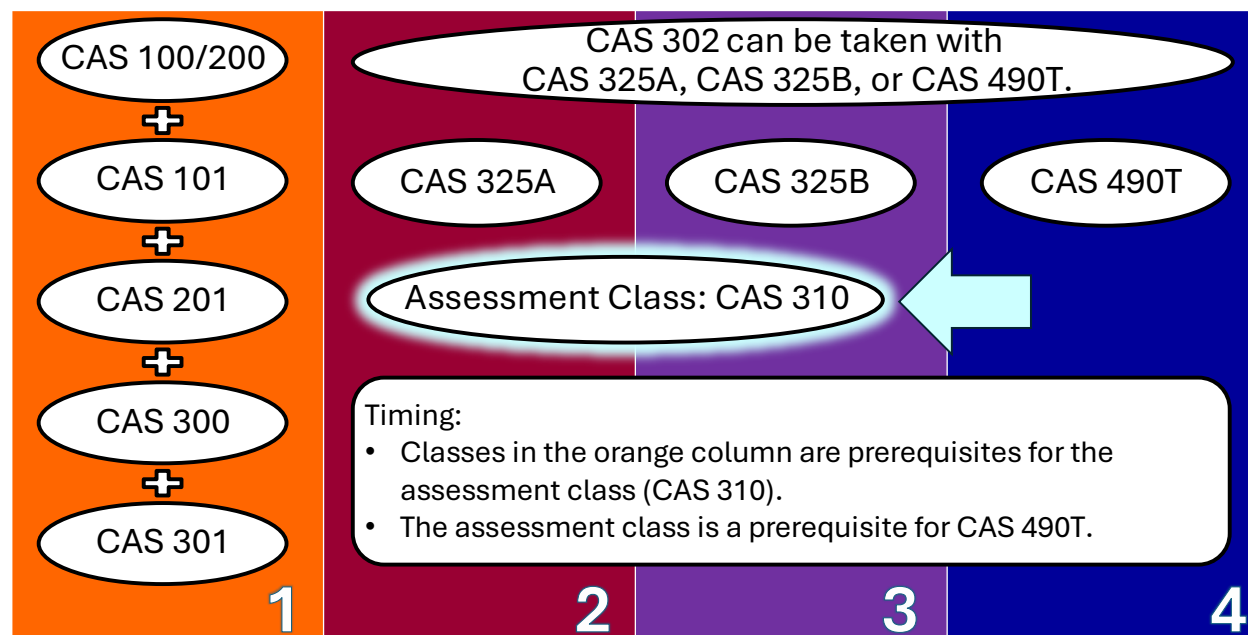


### 3. Adolescent/Youth Development (CHAY) Concentration Requirements

#### Concentration-Specific Assessment Class

CSUF CAS Class	Class Taken	Notes
CAS 310 Assessment & Observation in Devel		

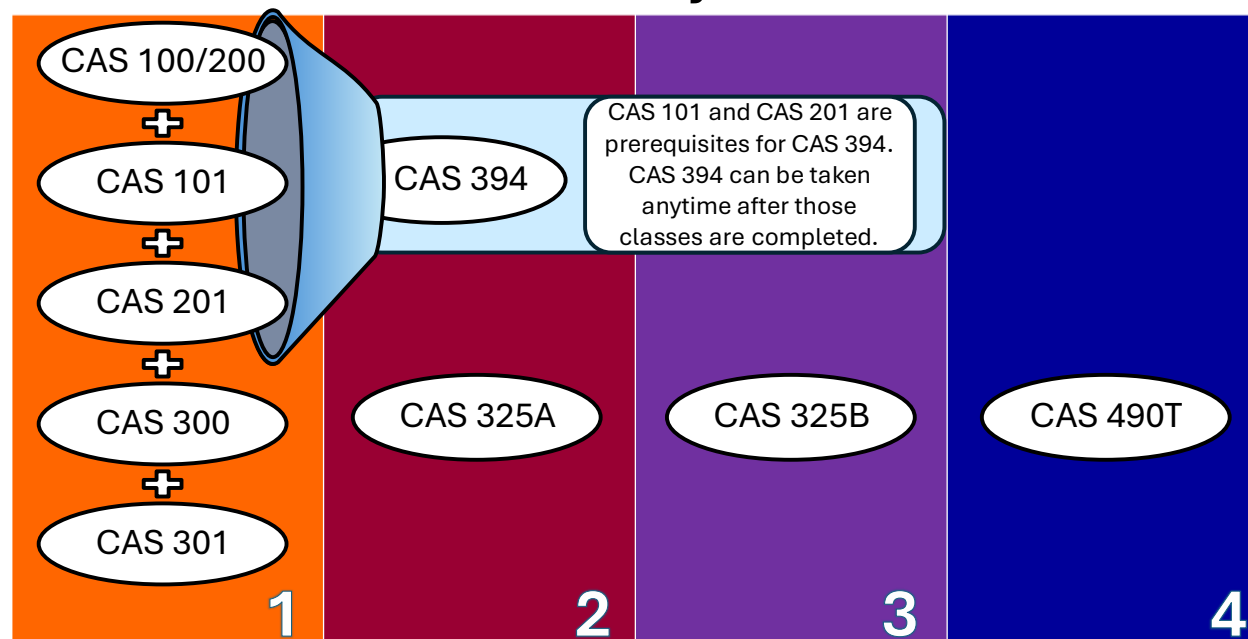
### When to Take Assessment (CAS 310)



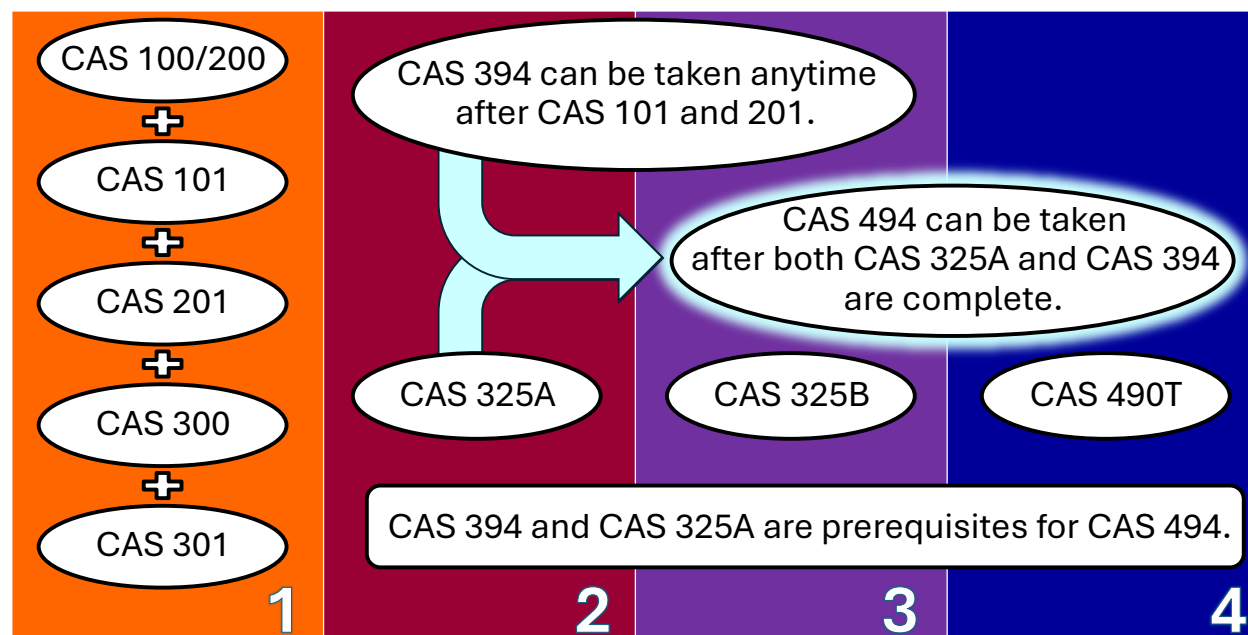
### Elementary Education Practicum Classes

CSUF CAS Class	Class Taken	Notes
CAS 394 Intro Practicum in CAS		
CAS 494 Adv Practicum in Young, Family, Comm		

### When to Take Introductory Practicum: CAS 394



### When to Take Advanced Practicum: CAS 494



## Adolescent/Youth Development (CHAY) Topical Classes

To fulfill concentration requirements, CHAY majors select **SIX additional courses** from the following list. We strongly recommend students select topical courses based on their professional interests, the requirements of graduate programs they will apply for, and the target populations they plan to work with.

### *Courses must meet these requirements:*

- At least **ONE** course must be in the Diversity category.
- At least **THREE** courses must be CAS.
- At least **THREE** courses must be upper-division (having a number 300 or higher).

**See the next pages for our specific course recommendations for early childhood professionals working in preschool centers and family childcare. If you are interested in post-baccalaureate or credential programs, please see the advising guides for Single Subject credentials, Special Education credentials, and graduate study.**

### **Diversity Classes (choose 1 class)**

- CAS 345 Devel in Div Family Contexts
- CAS/AFAM 370 Devel African American Children and Youth
- CHIC 332 The Chicano Adolescent
- EDSC 340 Diversity in Secondary Schools

### **Topical Development Classes (choose 5 classes)**

- CAS 327 Opt Devel During Adol
- CAS 330 Adol & Early Adulthood
- CAS 340 Parenting 21st Century
- CAS 345 Devel in Diverse Family Contexts
- CAS 360 Adol & the Media
- CAS 365 Adol Pregn and Parenting
- CAS/AFAM 370 Af-Am Child & Youth
- CAS 375 Adolescent Identity
- CAS 380 Adol Sexuality & Intimate
- CHIC 332 The Chicano Adolescent
- EDSC 330 Devel Lit. in Sec Schools
- EDSC 340 Diversity in Sec Schools
- HUSR 385 Proposal Writing,
- HUSR 425T Contemp Issues in HUSR
- HUSR 430 Child Abuse
- KNES 387 Movement & Adolescent
- PSYC 201 Intro Stats
- PSYC 311 Educational Psyc
- SOCI 303 Stats for Social Sciences
- SOC 413 Juvenile Delinquency
- SPED 322 Intro Pos Behavior Support

Recommended Topical Development Classes	Class Selected	Notes
Diversity Class ( <b>choose one</b> )	1.	EDSC 340 is a prerequisite for the single subject credential program.
Topical Development ( <b>choose five</b> )		
	2.	
	3.	
	4.	
	5.	
	6.	

**Important Reminders:**

- At least 1 topical development class must be in each category.
- Community College equivalents may be accepted for up to 3 Topical Development Classes. The remaining 3 classes must be taken at CSUF.
- At least 3 Topical Development Courses must be upper division (course number of 300 or higher).

**Considerations in Selecting Topical Development Courses:**

- SOCI 303 also meets GE 2U
- EDSC 330 is a prerequisite for the single subject credential program.
- CHIC 332 meets GE 4U and is a prerequisite requirement for the single subject credential program.
- SPED 322 is a prerequisite for special education credentials.

**4. Graduation Unit Requirements**

Type of Course	Total	Notes
• Transferred		
• Completed at CSUF		
• In progress		
• Enrolled for Future Semester		
• Left in major		
• Left in GE		
• Left in American Government		
• Required for next steps		
• General electives needed to reach 120		
<b>Minimum Units Needed for Graduation</b>	<b>120</b>	