



CALIFORNIA STATE UNIVERSITY, FULLERTON

Child & Adolescent Studies Major Academic Advisement Sheet

Adolescent/Youth Development (CHAY)

Fall 2025

Student Name/CWID:
Advisor Name:
Date:

This advising packet provides comprehensive advice for all required coursework in the Bachelor of Science (BS) degree in Child and Adolescent Studies: Adolescent/Youth Development Concentration (CHAY). Course information is organized into these categories:

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1. General Education (GE) and American Government

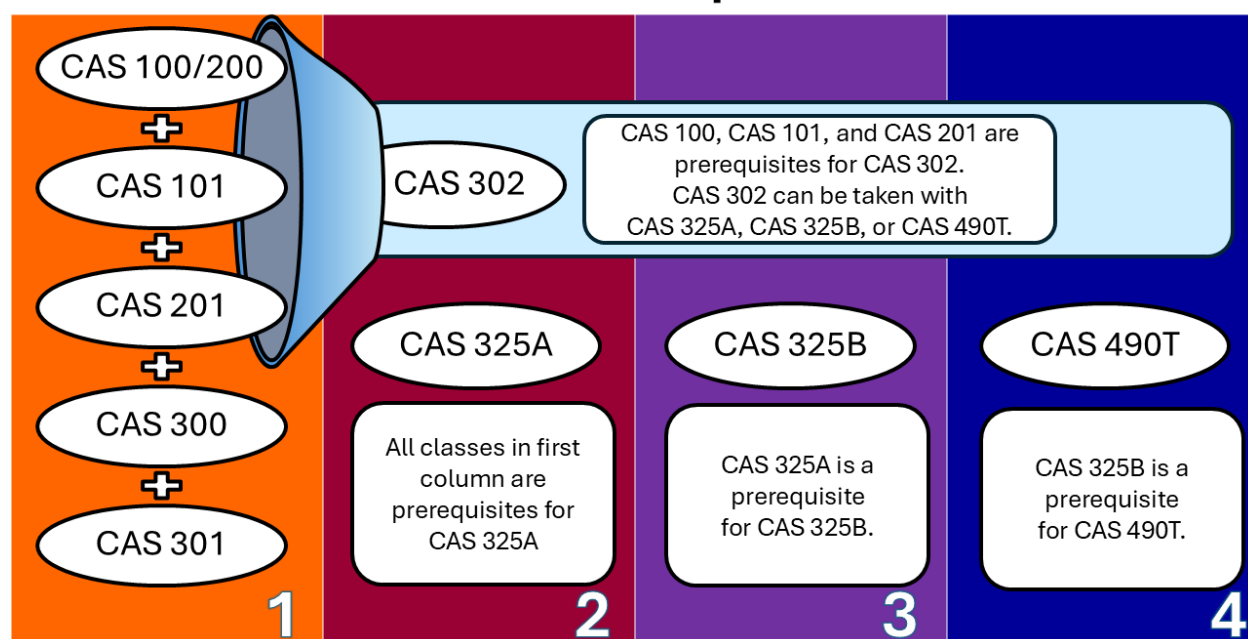
GE Category	Recommendation	Class Taken	Notes
Lower-Division GE			
1 English Communication			
1A Written Communication			
1B Critical Thinking			
1C Oral Communication			
2 Math & Quant Reasoning			
2A Math & Quant Reasoning			
3 Arts & Humanities			
3A Intro to Arts			
3B Intro to Humanities			
4 Social & Behavioral Sciences			
4A Intro to Soc & Behav Sci	CAS 101		This course also counts as part of the CAS Core.
4B Am History, Inst & Values	AFAM/ASAM/ CHIC/HIST 190		These classes meet a prerequisite for CSUF teaching credential programs.
5 Physical & Biol Sciences			
5A Physical Science			
5B Biological Science			
5C Laboratory Experience			
6 Ethnic Studies			
American Gov Graduation Req			
Upper-Division GE			
2U Impli/Explore Math & Quant Reasoning	SOCI 303		This course also counts as a Topical Development course for CHAY and may meet graduate school prerequisites.
3U Explore Arts or Humanities			If you are seeking a teaching credential, see recommended classes at this link .
4U Explor Soc & Behav Sci	CAS 330, CAS 340, CAS/AFAM 370, or CHIC 332		These courses also count as a Topical Development course for CHAY.
5U Impli/Explore Phys & Biol Sciences			You must take either 2U or 5U . You do not need to take both.
Z Cultural Diversity	CAS 340, CAS/AFAM 370, CHIC 332		These courses also count as a Topical Development course for CHAY.

- 3 GE classes must be upper-division (300+) classes taken at the CSU: 3U, 4U, and either 2U or 5U. These **GE Categories are listed in orange** above.
- Additional information is available at <https://www.fullerton.edu/general-education/>

2. CAS Core Courses (taken by all majors regardless of concentration)

CSUF CAS Class	Class Taken	Notes
CAS 100 Foundations for Success in CAS OR CAS 200 Thriving as a Transfer Student in CAS		CAS 100/200 should be taken in your first year at CSUF.
CAS 101 Intro to Child Devel		
CAS 201 Child, Family, & Comm		
SPED 371 Exceptional Individual		
CAS 300 Effective Prof Comm		
CAS 301 Inquiry & Method Devel		
CAS 302 Cultural Competence in Development		
CAS 325A Conception to Age 8		
CAS 325B Age 9 to Adolescence		
CAS 490T Topical Seminar		

CAS Core Sequence

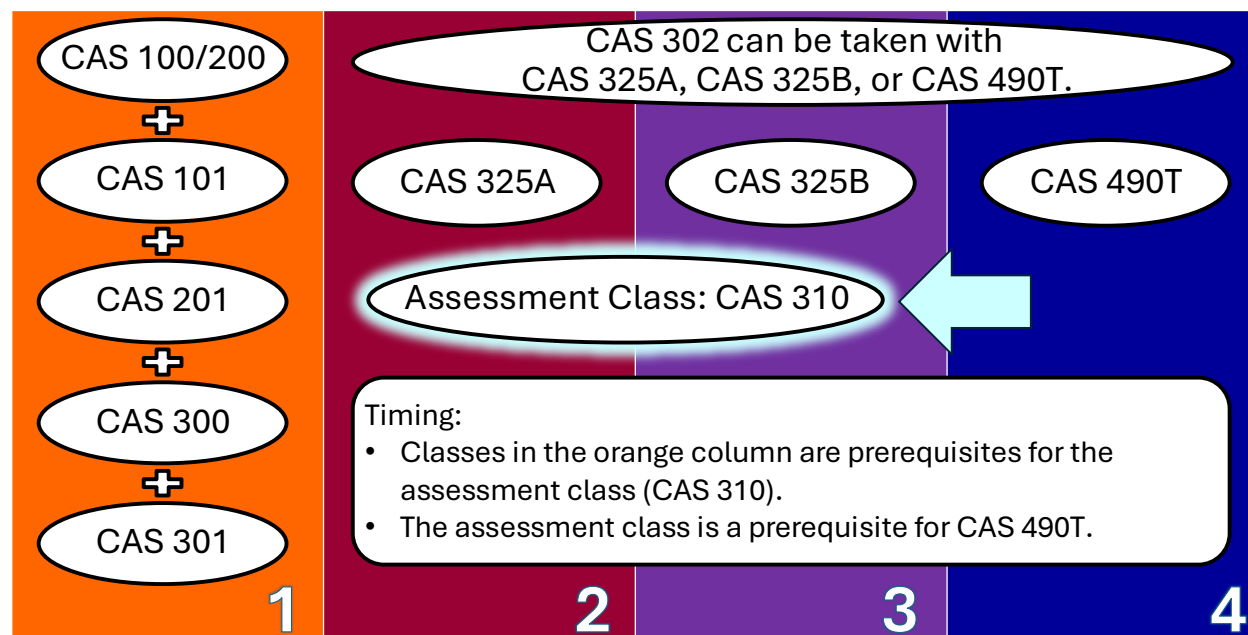


3. Adolescent/Youth (CHAY) Concentration Requirements

Concentration-Specific Assessment Class

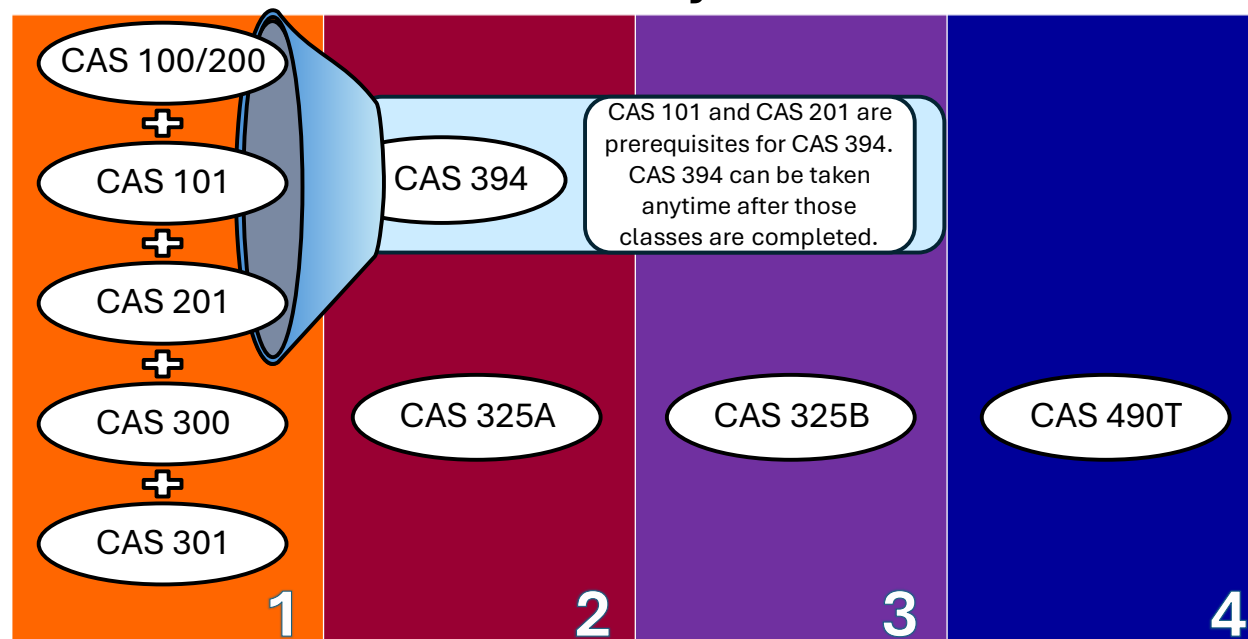
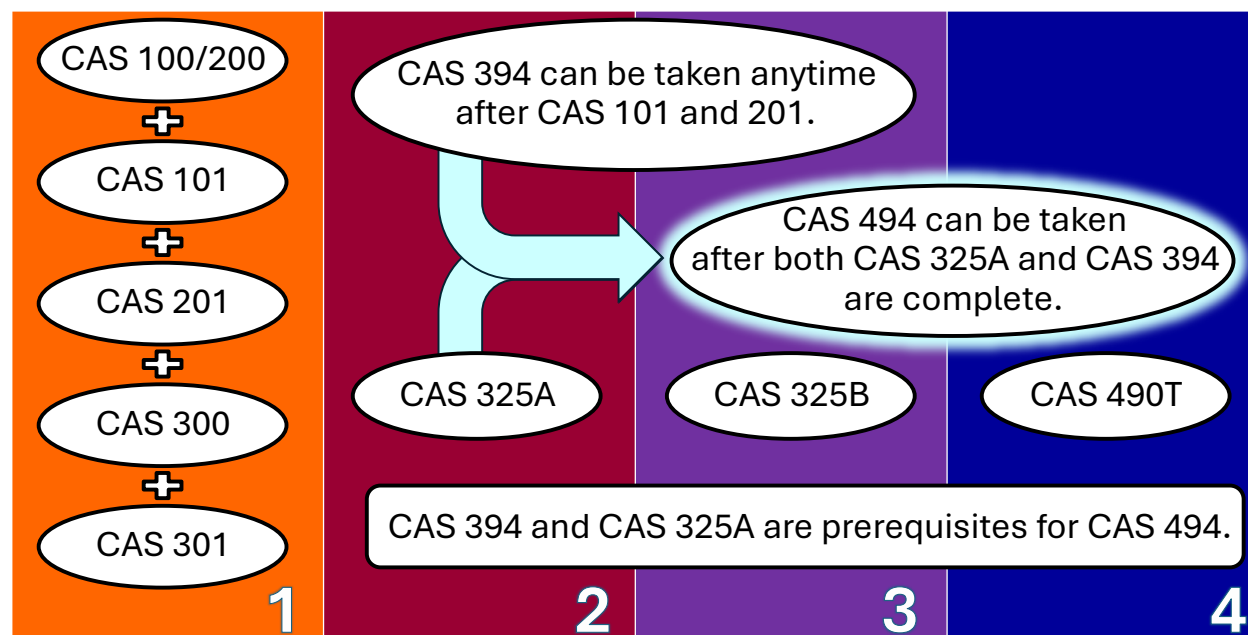
CSUF CAS Class	Class Taken	Notes
CAS 310 Assessment & Observation in Devel		

When to Take Assessment (CAS 310)



Adolescent/Youth Practicum Classes

CSUF CAS Class	Class Taken	Notes
CAS 394 Intro Practicum in CAS		
CAS 494 Adv Practicum in Youth, Fam, Comm		

When to Take Introductory Practicum: CAS 394**When to Take Advanced Practicum: CAS 494**

Adolescent/Youth (CHAY) Topical Development Classes

To fulfill concentration requirements, CHAY majors select **SIX additional courses** from the following list. We strongly recommend students select topical courses based on their professional interests, the requirements of graduate programs they will apply for, and the target populations they plan to work with.

Courses must meet these requirements:

- At least **ONE** course must be in the Diversity category.
- At least **THREE** courses must be CAS.
- At least **THREE** courses must be upper-division (i.e., having a number 300 or higher).

If you are interested in post-baccalaureate or credential programs, please see the advising guides for Single Subject credentials, Special Education credentials, and graduate study.

Diversity Classes (choose 1 class)

- CAS 345 Devel Div Family Contexts
- CAS/AFAM 370 Devel African American Children and Youth
- CHIC 332 The Chicano Adolescent
- EDSC 340 Diversity in Secondary Schools

Topical Development Classes (choose 5 classes)

- CAS 327 Opt Devel During Adol
- CAS 330 Adol & Early Adulthood
- CAS 340 Parenting 21st Century
- CAS 345 Devel in Diverse Family Contexts
- CAS 360 Adol & the Media
- CAS 365 Adol Pregn and Parenting
- CAS/AFAM 370 Af-Am Child & Youth
- CAS 375 Adolescent Identity
- CAS 380 Adol Sex & Intimate Rel
- CHIC 332 The Chicano Adolescent
- EDSC 330 Devel Lit. in Sec Schools
- EDSC 340 Diversity in Sec Schools
- HUSR 385 Proposal Writing
- HUSR 425T Contemp Issues in HUSR
- HUSR 430 Child Abuse
- KNES 387 Movement & Adolescent
- PSYC 201 Intro Stats
- PSYC 311 Educational Psyc
- SOCI 303 Stats for Social Sciences
- SOC 413 Juvenile Delinquency
- SPED 322 Intro Pos Behavior Support

Recommended Topical Development Classes	Class Selected	Notes
Diversity Class (choose one)	1.	EDSC 340 is a prerequisite for the single subject credential program.
Topical Development (choose five)		
	2.	
	3.	
	4.	
	5.	
	6.	

Important Reminders:

- At least 1 topical development class must be in each category.
- Community College equivalents may be accepted for up to 3 Topical Development Classes. The remaining 3 classes must be taken at CSUF.
- At least 3 Topical Development Courses must be upper division (course number of 300 or higher).

Considerations in Selecting Topical Development Courses:

- SOCI 303 also meets GE 2U; a statistics class is a prerequisite of some graduate programs.
- EDSC 330 and EDSC 340 are prerequisites for the single subject credential program.
- CHIC 332 meets GE 4U and meets a prerequisite requirement for the single subject credential program.

4. Graduation Unit Requirements

Type of Course	Total	Notes
• Transferred		
• Completed at CSUF		
• In progress		
• Enrolled for Future Semester		
• Left in major		
• Left in GE		
• Left in American Government		
• Required for next steps		
• General electives needed to reach 120		
Minimum Units Needed for Graduation	120	