

MOVEMBER – MEN'S HEALTH AWARENESS MONTH

Eta Sigma Gamma

SUPPORTING PROSTATE CANCER & MALE MENTAL HEALTH INITIATIVES



MOVEMBER

Knowledge is Power • Moustache is King



Allocation Request Form

I move that the following allocation be approved:

Program Title: November - Men's Health Awareness Month

Sponsor: Health and Human Development Inter-Club Council

Date, Location and

Time: Wednesday, November 18, 2015; Titan Walk; 10:00 AM to 2:00 PM

Budget Line and Name		Amount
8074	Contracts, Fees and Rentals	\$548.88
8077	Travel	\$
	Total	\$548.88

Dispersal Outline			
Vendor	Amount	Vendor	Amount
Taylor Schmetz: Dollar Tree Stores	\$8.64		
Taylor Schmetz: Walmart	\$40.24		

I understand that I must comply with all funding regulations as listed in the funding organization's bylaws. I understand that at the conclusion of this meeting, it is my responsibility to meet with the Financial Officer and complete an Allocation Dispersal Form and an Encumbrance Form. I understand that the funds shall not be transferred to my organization's account and that all payment for goods and services from the monies allocated are to be coordinated with the Financial Officer no later than two weeks from the aforementioned stated program date.

Katrina Marie Sim *Katrina Marie Sim*
 Name of Representative (Printed) Signature of Representative

Representative's Phone Number _____ Today's Date _____

Financial Officer Only	Finance Committee Date:	Fail Pass Stipulations (on back)
General Council Date:	Pass Fail Table	Action Number:

EVENT INFORMATION

- Date: Wednesday, November 18th
- Time: 10:00 AM to 2:00 PM
- Location: at Titan Walk
- Men's Health Awareness
 - Keep in touch with family and friends
 - To MOVE is the best action for health
 - Encourage talking about how to cope with change
 - Knowledge of family history to determine possible health risks



COST BREAKDOWN

Items	Quantity	Dollar Tree Stores, Inc.	Walmart	Target
Curling ribbon	1	\$1.00	\$2.00	\$3.00
Letters	1	\$1.00	\$10.69	\$3.00
Posterboard	4	\$4.00	\$45.88	\$46.36
Scotch tape	2	\$2.00	\$11.76	\$5.58
Displayboard	1	\$1.00	\$2.97	\$3.29
Glitter glacier	1	\$1.00	\$5.00	\$4.49
Cardstock	1	\$1.00	\$5.00	\$4.99
Glitter gold	1	\$1.00	\$3.27	\$4.49
Glitter silver	1	\$1.00	\$3.27	\$4.49
Glitter ruby	1	\$1.00	\$3.27	\$4.49
3Pk Scissors	1	\$3.00	\$3.97	\$14.79
Tacky glue	3	\$1.00	\$5.91	\$14.97
Felt	20	\$20.00	\$4.60	\$12.99
Total Cost	\$48.88			
Dollar Tree Stores, Inc.	\$8.64			
Walmart	\$40.24			

THANK YOU!

- Any questions?

MOVEMBER – MEN'S HEALTH AWARENESS MONTH

Eta Sigma Gamma

SUPPORTING PROSTATE CANCER & MALE MENTAL HEALTH INITIATIVES



MOVEMBER

Knowledge is Power • Moustache is King

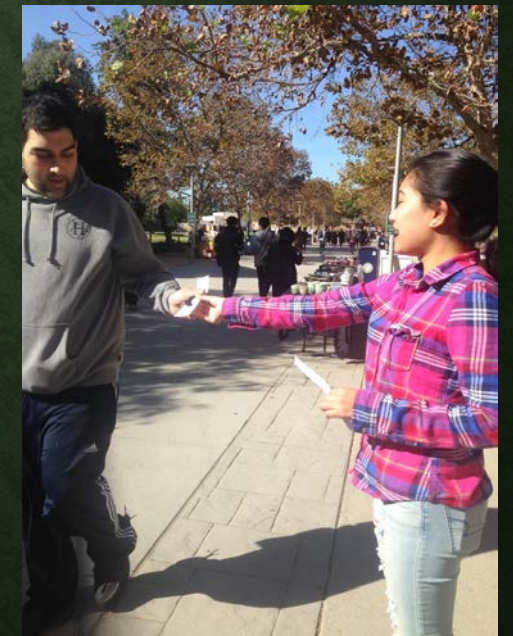
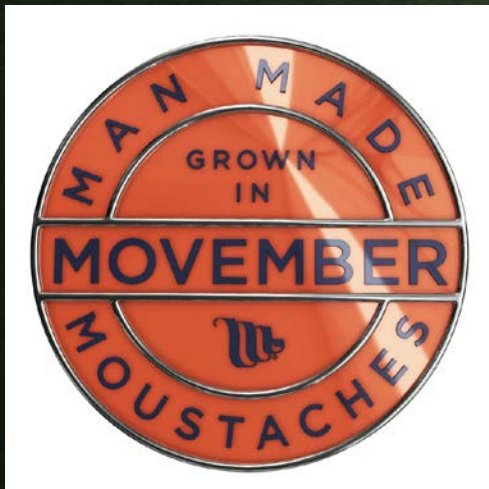
ACADEMIC/PROFESSIONAL DEVELOPMENT

- Prostate Cancer
 - 1 in 7 men are diagnosed
- Testicular Cancer
 - most common in young men from ages 15 – 34 years
- Poor Mental Health
 - Ages 40 – 59 years experience depression
 - In the U.S., 1 in 4 adults experience mental health problem
- Physical Inactivity
 - 4th leading risk factor for global mortality
 - 41% of men in high-income countries do not exercise enough



ACADEMIC/PROFESSIONAL DEVELOPMENT

- ESG members educated and promoted men's health awareness in prostate cancer, testicular cancer, poor mental health, and physical inactivity
- ESG members encouraged men and women to donate which would allow them to choose Movember themed pins, stickers
- ESG members passed out fabric mustaches with a men's health fact



MOVEMBER AWARENESS EVENT



THANK YOU

