

Dara M. Vazin, EdD, MPH, CHES
Full Time Lecturer- Department of Public Health
California State University, Fullerton
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EDUCATION

EdD Doctorate of Education in Organizational Leadership, 2014
University of La Verne

MPH Masters of Public Health- Health Promotion and Community Health May 1996
California State University Long Beach

B.A. Bachelor of Arts, Psychology, May 1990
California State University Long Beach

C.H.E.S.-1996-current Certified Health Education Specialist #5380

ACADEMIC APPOINTMENTS

- *Full Time Lecturer*, Department of Public Health, College of Health and Human Development, California State University Fullerton, 2005 to present
- *Part Time Lecturer*, Department of Health Science, College of Health and Human Development, California State University Fullerton, 2001-2005

HEALTH SCIENCE COURSES TAUGHT AND ENHANCED

HESC 101 Personal Health- High Impact Practices (HIPs)
HESC 101 Personal Health, GE Pathways Food, Health, Well-Being (FHWB)
HESC 357 Health Education for Elementary School Teachers
HESC 358 Contemporary Issues in Childhood Health
HESC 400 Program Design for Health Promotion
Hesc 426 Spirituality and Health
HESC 495 Student Internships
HESC 499 Independent Studies

SCHOLARLY ACTIVITIES/PUBLICATIONS

Chikamoto, Y., & **Vazin, D.** (2016). College students' perceptions on medical waivers for wellness incentives under the Affordable Care Act. *California Journal of Health Promotion*, 14 (3), 58-63.

Vazin, D. (2014). *Spirituality and Health: Implications for policy and practice* (Doctoral Dissertation). University of La Verne.

Chikamoto, Y., **Vazin, D.**, McMahan, S. ; "Get Smart:" The third essential element of building a health promotion program is developing the art-combining scientific knowledge and business know how with theory and creativity to get the job done. Wellness Council of America (WELCOA): February, 2004.

Manuscripts under review

Vazin, D., *Tackling the Hurdles to Teaching Spirituality and Health in Higher Education*. Submitted to the Journal of Nursing Education. May, 2019.

Vazin, D., *A More Full Immersion of Spirituality into the Understanding of Health: Is There Value in Consensus in an Understated Dimension?* Submitted to American Journal of Health Studies, February, 2019

Manuscript in Process

Vazin, D., Cervantes, J., “*Teaching an Undergraduate Level Course on Spirituality and Health: Integrative Instruction, Course Content, and Experiential Classroom Revelations.*” To be submitted September, 2019 to the Journal of Spirituality in Clinical Practice.

2017: Invited Manuscript Reviewer for the California Journal of Health Promotion (CJHP).

INVITED WORKSHOPS AND PRESENTATIONS

- 2018 Co-Presenter Western Associations of Counselor Education and Supervision (WACES): “Teaching an Undergraduate Level Course on Spirituality and Health: Lessons on the Inclusion of Course Content and Meaningful Instruction.”
- 2018 Co-Presenter at the Digging into Diversity Series, FDC: “How do spirituality and health interrelate: what does love have to do with it?”
- 2016 Co-Presenter (WACES): Spirituality and Well Being: Integration of Holistic Understanding and Self-Care with Students
- 2014 Guest Speaker, Faculty Development Center (FDC)- High Impact Practices
- 2000-2014: Presenter, various health topics, CSUF-Student Life/Dorms
- 2008 Co-Presenter, Scholarship on Gender Conference. Collaboration with CSUF Radio-TV-Film Department

HONORS AND AWARDS

- Outstanding Faculty Teaching Award-College of Health and Human Development, Spring 2009
- Outstanding Faculty Member in honor of CSUF 50th Anniversary, Spring 2008
- Grant recipient, CSUF 50 Anniversary- “Going for the Gold, 5k Intergenerational Run/Walk” Spring 2008

SERVICE ACTIVITIES

Professional and University

- 2015-2016: Dissertation Committee Member, University of La Verne
Castillo-Sanchez, A., (2016). *The leadership challenges and successes of implementing and sustaining health promotion programs: A qualitative case study.*
- 2014-2015: Dissertation Committee Member, University of La Verne
Nomura, W., (2015) *No longer invisible and on track: Department policies and organizational commitment in higher education.*
- 2014-Faculty Mentor, University Honors Program. Senior Honors Project
Llave, K., (2014). *The After-Life: A Systematic Review of the Dual Process Model of Coping as Applied to Children's Grief With a Companion Family Grief Program*
- 2015-present: Faculty Instructor, High Impact Practices(HIPs)
- 2014-2016: Faculty Instructor, GE Freshman Pathways (FHWB)
- 2008- Grant recipient, and key coordinator. CSUF 50 Anniversary- "Going for the Gold, 5k Intergenerational Run/Walk".
- 2008-2012: APHERD; AAHE Awards Committee Member
- 2006-2011: Health Advisory Board-Benjamin Cummings
- 2005-2007: Grant Reviewer-Susan G. Komen

COLLEGE AND DEPARTMENT

- 2016-HHD Conference Coordinator: "Inside Out: Spirituality & Well Being." Collaboration with Department of Counseling
- 2013-present- Faculty Liaison for Student Mental Health and Wellness
- 2015-present: Department Representative, High Impact Practices (HIPs)
- 2014-2015: HHD Tutor Coordinator and Supervisor, Student Success team
- 2007-2009; 2013-present: CHES Continuing Education Units Coordinator
- 2005-2006: Conference Coordinator - "Obesity: Awareness and Beyond" : CSUF-Center for the Promotion of Healthy Lifestyles and Obesity
- 2011-present: Member, Undergraduate Committee
- 2011-present: Lead faculty for the standardization of Personal Health 101
- 2006-2013: Mentor-undergraduate and MPH student internship
- 2003: Conference Coordinator: "Women's Health Issues: A 2003 Update"

RELATED PROFESSIONAL PUBLIC HEALTH TEACHING EXPERIENCE

- OC Health Care Agency-Tobacco Use Prevention Program (TUPP), Health Educator, 1997-1998.
Created tobacco prevention materials, and advocate for initiatives to reduce tobacco access to minors. Developed community coalitions to implement policies and support smoke free communities, schools, and worksites.
- American Cancer Society (ACS), Senior Program Manager, 1995-1997
Responsible for recruiting, training, retaining volunteers. Promoted, coordinated tobacco prevention programs for schools (K-12), and local communities. Managed various cancer control programs such as: Great American Smoke Out, Nutrition Campaign, Reach-to-Recovery, Road –to-Recovery.
- Camp Fire Boys and Girls, Health Educator and Program Coordinator, 1996
Interactive classroom presentations to students grades 4th-8th. Tobacco prevention education to approximately 600 students throughout Orange County schools.
- Fullerton Community College, Health Educator-Practicum, 1996
Recruited, trained, supervised 10 Peer Health Educators. Planned, implemented, evaluated health education programs, services for students, faculty, and staff.