

BRITTANY H. EGHANEYAN, PH.D.

California State University, Fullerton
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EDUCATION

Doctor of Philosophy May 2020

University of Texas at Arlington (UTA) - Arlington, Texas

Dissertation: *Engagement and Retention in Depression Treatment among Hispanics in an Integrated Health Care Intervention: A Mixed Methods Analysis*

Chair: Dr. Katherine Sanchez

Committee: Drs. Philip Baiden, Robert Matthew Brothers, Leopoldo Cabassa, Diane Mitschke

Master of Science in Social Work August 2013

University of Texas at Arlington (UTA) - Arlington, Texas

Thesis: *A Case Study of North Texas Area Community Health Centers, Inc. and the Implementation of Integrated Health Care*

Bachelor of Science, Cognitive Science and Psychology December 2010

University of Texas at Dallas (UTD) - Richardson, Texas

TEACHING INTERESTS

Integrated behavioral health care, social policy, social work research methods, statistics, master's capstone project.

RESEARCH INTERESTS

Integrated health care for mental health and substance use treatment, mental health treatment initiation and retention, mental health stigma, mental health disparities among Latinx populations, culturally competent care, trauma-informed primary care, implementation of evidence-based practice in healthcare settings, psychometrics.

ACADEMIC APPOINTMENTS

Assistant Professor August 2020 - present

Department of Social Work

California State University, Fullerton

GRANTS AND CONTRACTS

Health Resources & Services Administration (HRSA) July 2021 – June 2025

Behavioral Health Workforce Education and Training Program

Support: \$1,911,173

Role: Co-Investigator (PI: Kim-Goh)

- The purpose of the project is to increase the number of behavioral health workforce from diverse backgrounds equipped to provide culturally and linguistically responsive care to communities in need. The program provides stipend support to students and evidence-based interprofessional training for students, faculty, field supervisors, and other integrated health and behavioral health providers in Orange County.

Mind OC/OC Health Care Agency

February 2021 – November 2021

Mental Health and Substance Abuse Service Provision in Orange County, California:

Developing a Comprehensive Portrait

Support: \$99,942

Role: Principal Investigator

- The purpose of this project is to collect data on mental health and substance abuse service providers throughout Orange County, California in order to increase collaboration and coordination between service providers as well as access to services.

RESEARCH EXPERIENCE

Principal Investigator

February 2018 – January 2019

Understanding Depression Treatment Initiation and Engagement in a Measurement-Based Integrated Health Care Model

Faculty Advisor: Michael Killian, Ph.D.; Holli Slater, Ph.D.

University of Texas at Arlington – Arlington, TX

- Developed supplemental qualitative study for Project *METRIC*, trained and supervised Graduate Research Assistant, analyzed interview data, and manuscript preparation

Project Coordinator

December 2015 – July 2019

METRIC: Measurement, Education and Tracking in Integrated Care: Strategies to Increase Patient Engagement and Reduce Mental Health Disparities among Hispanics (NIMHD, 1R15MD010220-01)

PI: Katherine Sanchez, Ph.D., LCSW; Michael Killian, Ph.D.; Holli Slater, Ph.D.

University of Texas at Arlington – Arlington, TX

- Provided day-to-day oversight of project operations and data collection, managed correspondence and compliance with IRB, developed and oversaw research protocols and data collection, hired and trained undergraduate and graduate research assistants, assisted in productions of funder reports, data analysis, and manuscript preparation

Project Coordinator

December 2014 – August 2016

DESEO: Depression Screening and Education: Options to Reduce Barriers to Treatment (Center for Medicare & Medicaid Services, Hispanic Health Services Research Grant)

PI: Katherine Sanchez, Ph.D., LCSW

University of Texas at Arlington – Arlington, TX

- Managed IRB compliance, collaborated with and supported clinic staff to ensure continued fidelity to the project protocols, developed and maintained research data collection (including

forms and databases) as well as study protocols and procedures, trained and managed personnel and clinic staff, and manuscript preparation

Research Study Coordinator

September 2013 – April 2015

NIDA CTN 0049 Project HOPE: Hospital Visit as Opportunity for Prevention and Engagement for HIV-Infected Drug Users (National Institute on Drug Abuse, Clinical Trials Network)

PI: Madhukar Trivedi, M.D.

University of Texas Southwestern Medical Center - Dallas, Texas

- Served as site point person for multisite clinical trial, supervised research team, managed regulatory compliance, administrative duties (quality assurance reviews, team meetings, budget and supply management), and conducted all research-related activities including screening, recruitment, informed consents, enrollment, data collection through in-person interviews, data abstraction, and street outreach

Graduate Research Assistant

September 2012 – May 2013

METRIHC: Measuring and Tracking Integrated Health Care

PI: Katherine Sanchez, Ph.D., LCSW

University of Texas at Arlington – Arlington, TX

- Program implementation and manual development, database development, data entry, administrative support, manuscript preparation

PUBLICATIONS

Refereed Publications

1. **Eghaneyan, B. H.**, Killian, M. O., Sanchez, K., & Cabassa, L. (2021). Psychometric properties of three measures of stigma in Hispanics with depression. *Journal of Immigrant and Minority Health, 23*(5). 946-955. <https://doi.org/10.1007/s10903-021-01234-3>
2. Killian, M. O., Sanchez, K., **Eghaneyan, B. H.**, Cabassa, L. J., & Trivedi, M. H. (2021). Profiles of depression in a treatment-seeking Hispanic population: Psychometric properties of the Patient Health Questionnaire-9 (PHQ9). *International Journal of Methods in Psychiatric Research, 30*, e1851. <https://doi.org/10.1002/mpr.1851>
3. **Eghaneyan, B. H.**, Sanchez, K., Haeny, A., Montgomery, L., Lopez-Castro, T., Burlew, A. K., Rezaeizadeh, A., & Killian, M.O. (2020). Hispanics participants in the NIDA Clinical Trials Network: A scoping review of two decades of research. *Addictive Behaviors Reports, 12*, 100287. <https://doi.org/10.1016/j.abrep.2020.100287>
4. **Eghaneyan, B. H.**, & Murphy, E. R. (2020). Measuring mental illness stigma among Hispanics: A systematic review. *Stigma and Health, 5*(3), 351-363. <https://doi.org/10.1037/sah0000207>
5. Sanchez, K., Killian, M. O., **Eghaneyan, B. H.**, Cabassa, L. J., & Trivedi, M. H. (2019). Culturally adapted depression education and engagement in treatment among Hispanics

in primary care: Outcomes from a pilot feasibility study. *BMC Family Practice*, 20, 140. <https://doi.org/10.1186/s12875-019-1031-7>

6. **Eghaneyan, B. H.**, & Murphy, E. R. (2019). Mental health help seeking experiences of Hispanic women in the United States: Results from a qualitative interpretive meta-synthesis. *Social Work in Public Health*, 34(6), 505-518. <https://doi.org/10.1080/19371918.2019.1629559>
7. Lopez, V., Sanchez, K., Killian, M. O., & **Eghaneyan, B. H.** (2018). Depression screening and education: An examination of mental health literacy and stigma in a sample of Hispanic women. *BMC Public Health*, 18, 646. <https://doi.org/10.1186/s12889-018-5516-4>
8. Murphy, E. R., & **Eghaneyan, B. H.** (2018). Understanding the phenomenon of older adult homelessness in North America: A qualitative interpretive meta-synthesis. *The British Journal of Social Work*, 48(8), 2361-2380. <https://doi.org/10.1093/bjsw/bcx163>
9. Sanchez, K., **Eghaneyan, B. H.**, Killian, M. O., Cabassa, L. & Trivedi, M. H. (2017). Measurement, education and tracking in integrated care (METRIC): Use of a culturally adapted education tool versus standard education to increase engagement in depression treatment among Hispanic patients: Study protocol for a randomized control trial. *Trials*, 18, 363. <https://doi.org/10.1186/s13063-017-2109-y>
10. **Eghaneyan, B. H.**, Sanchez, K., & Killian, M. (2017). Integrated health care for decreasing depressive symptoms in Latina women: Initial findings. *Journal of Latina/o Psychology*, 5(2), 118-125. <https://doi.org/10.1037/lat0000067>
11. Sanchez, K., **Eghaneyan, B. H.**, & Trivedi, M. H. (2016). Depression screening and education: Options to reduce barriers to treatment (DESEO): Protocol for an educational intervention study. *BMC Health Services Research*, 16, 322. <https://doi.org/10.1186/s12913-016-1575-3>
12. **Eghaneyan, B. H.**, Sanchez, K., & Mitschke, D. (2014). Implementation of a collaborative care model for the treatment of depression and anxiety in a community health center: Results from a qualitative case study. *Journal of Multidisciplinary Healthcare*, 7, 503-513. <https://doi.org/10.2147/JMDH.S69821>

Manuscripts Under Review

1. Sanchez, K., **Eghaneyan, B. H.**, Killian, M. O., Cabassa, L. J., & Trivedi, M. H. (under review). Depression education fotonovela for engagement of Hispanic patients in treatment: A randomized clinical trial. *BMC Psychiatry*.

Manuscripts in Preparation

1. **Eghaneyan, B. H.**, Killian, M. O., & Sanchez, K. (in preparation). Comorbid posttraumatic stress disorder and depression among Hispanics in an integrated health care intervention. *Journal of Behavioral Health Services & Research*.
2. Kunz-Lomelin, A., Killian, M., **Eghaneyan, B.H.**, Sanchez, K. (in preparation). Anti-depressant adherence among Hispanics: Patients in an integrated health care model. *Journal of Multidisciplinary Healthcare*.

CONFERENCE PRESENTATIONS

Refereed Presentations

- Eghaneyan, B. H.**, Killian, M.O. & Sanchez, K. (January 2021). *Comorbid Posttraumatic Stress Disorder and Depression among Hispanics in an Integrated Health Care Intervention*. Poster presentation at Society for Social Work and Research 25th Annual Conference, Virtual Conference.
- Eghaneyan, B. H.**, Kunz Lomelin, A., & Sanchez, K. (January 2020). *Examining Perceptions and Experiences of Antidepressant Use among Hispanics in Integrated Care*. Oral presentation at Society for Social Work and Research 24th Annual Conference, Washington, D.C.
- Eghaneyan, B. H.** (October 2019). *Engaging Hispanics in Integrated Care for Depression: Implications for Practice and Education*. Oral presentation at Council for Social Work Education Annual Program Meeting, Denver, CO.
- Eghaneyan, B. H.** (October 2019). *Theoretical Approaches to Understanding Hispanics' Use of Mental Health Services*. Poster presentation at Council for Social Work Education Annual Program Meeting, Denver, CO.
- Eghaneyan, B. H.**, Killian, M. O., Sanchez, K., & Cabassa, L. (January 2019). *Stigma and Mental Health: Confirmatory Factor Analyses of Three Depression Stigma Measures of Treatment, Antidepressant Medication, and Social Distance in a Sample of Hispanics*. Symposium paper at Society for Social Work and Research 23rd Annual Conference, San Francisco, CA.
- Killian, M. O., Sanchez, K., **Eghaneyan, B. H.**, & Cabassa, L. (January 2019). *Profiles of Depression: A Latent Profile Analysis of Depressive Symptoms among Hispanics*. Symposium paper at Society for Social Work and Research 23rd Annual Conference, San Francisco, CA.
- Sanchez, K., Killian, M. O., **Eghaneyan, B. H.**, & Cabassa, L. (January 2019). *Psychometric Properties of the Patient Health Questionnaire-9 (PHQ9) in a Treatment Seeking Hispanic population with Depression*. Symposium paper at Society for Social Work and Research 23rd Annual Conference, San Francisco, CA.

Eghaneyan, B. H., & Murphy, E. R. (January 2019). *Measuring Mental Illness Stigma among Hispanics: A Systematic Review*. Poster presentation at Society for Social Work and Research 23rd Annual Conference, San Francisco, CA.

Murphy, E. R., & **Eghaneyan, B. H.** (July 2018). *Understanding Older Adult Homelessness across North America: Results from a Qualitative Interpretive Meta-synthesis*. Poster presentation at the Joint World Conference on Social Work, Education and Social Development (SWSD) 2018, Dublin, Ireland.

Sanchez, K., **Eghaneyan, B. H.**, & Killian, M. O. (January 2018). *Treatment Engagement for Depression Among Latinos in Primary Care after an Education Intervention: Outcomes from the DESEO Project*. Oral presentation at Society for Social Work and Research 22nd Annual Conference, Washington, D.C.

Sanchez, K., **Eghaneyan, B. H.**, & Killian, M. O. (January 2018). *The Relationship between Disease Literacy and Stigma in Hispanics with Depression: Results from Structural Equation Modeling*. Poster presentation at Society for Social Work and Research 22nd Annual Conference, Washington, D.C.

Eghaneyan, B. H., & Murphy, E. R. (January 2018). *Mental Health Help Seeking Experiences of Hispanic Women in the United States: Results from a Qualitative Interpretive Meta-Synthesis*. Poster presentation at Society for Social Work and Research 22nd Annual Conference, Washington, D.C.

Murphy, E. R., & **Eghaneyan, B. H.** (January 2018). *Understanding the Phenomenon of Older Adult Homelessness in North America: A Qualitative Interpretive Meta-Synthesis*. Poster presentation at Society for Social Work and Research 22nd Annual Conference, Washington, D.C.

Eghaneyan, B.H., Mosharaf, D.L., & Vilugron, M. (October 2016). *DESEO: Depression Screening and Education: Options to Reduce Barriers to Treatment*. Oral presentation at the 40th Annual NASW Texas State Conference, Arlington, TX.

Sanchez, K. & **Eghaneyan, B.H.** (June 2015). *DESEO: Depression Screening and Education: Options to Reduce Barriers to Treatment*. Poster presentation at the National Hispanic Science Network 15th Annual International Conference, San Antonio, TX.

TEACHING EXPERIENCE

California State University, Fullerton, Department of Social Work

Applied Social Work Research Methods (MSW, Online). Instructor. Spring 2021

Mental Health Policy and Social Work (MSW, Online). Instructor. Fall 2020

Master's Project Development (MSW, Online). Instructor. Fall 2020 – Spring 2021, Fall 2021

University of Texas at Arlington, School of Social Work

Mental Health Policy and Social Justice (MSW, Online). Instructor. Fall 2018

Treatment of Children and Adolescents (MSW, Online). Co-Instructor (with Dr. Katherine Sanchez). Spring 2018, Summer 2018

Aging in American Society (In person). Guest Lecturer: "Social Policies to Address Social Problems." Fall 2017.

PROFESSIONAL AND COMMUNITY SERVICE

Editorial Activities

Reviewer

Stigma and Health (2021)

Journal of Psychoactive Drugs (2021)

BMC Health Services Research (2020)

Journal of the Society for Social Work and Research (Early Career Reviewer Program 2020 – 2022)

UNIVERSITY SERVICE

Service to the Department of Social Work

Committee Member

Diversity and Equity Committee (2020 – present)

Admissions and Recruitment Committee (2020 – present)

Academic Advisor (2020 – present)

Service to the College/University

Faculty Mentor

Pa'lante Fellowship Program (2021-2022)

Health Careers Opportunity Program, Summer Research Experience (Summer 2021)

Commencement Staff Ambassador (June 2021)

PROFESSIONAL EXPERIENCE

University of Texas at Arlington - Arlington, Texas January 2019 – August 2020

Research Associate – Licensing Exam Development & Administration

- Assist with development and administration of the Licensed Child Care Administrator (LCCA) and Licensed Child Placing Agency Administrator (LCPA) examinations per contract with the Texas Health and Human Services Commission, analyze exam data and assist with preparation of annual report

University of Texas at Arlington - Arlington, Texas February 2019 – April 2019

Graduate Assistant – Survey Development & Analysis

- Assisted with the development of the National Association of Deans and Directors of Schools of Social Work 2019 Salary Survey in Qualtrics, analyzed survey data and prepared final report of results

University of Texas at Arlington - Arlington, Texas June 2017 – September 2017

Independent Contractor – School of Social Work

- Hired as part of the Health Resources and Services Administration’s Behavioral Health Workforce Education and Training (BHWET) for Professionals grant program, developed online training for field instructors as well as online manual/teaching resources for faculty on integrated health care

Contract Employee - Dallas, Texas

January 2013 – October 2013

Consultant for Hogg Foundation Planning Grant on Integrated Care

- Worked as an integrated care consultant under the supervision of Dr. Katherine Sanchez for Mercy Ministries of Laredo, Texas who were awarded a grant from Hogg Foundation for Mental Health

North Texas Area Community Health Centers, Inc. - Fort Worth, Texas
August 2013

January 2013 -

Advanced Practice Intern

- Supported the implementation of a new integrated health care model including development of program manual, forms, and clinic policies

Big Brothers Big Sisters Lone Star - Irving, Texas

June 2012 - August 2012

Enrollment Intern

- Conducted client enrollment interviews and home assessments

The Family Place - Dallas, Texas

May 2011 - May 2012

Administrative Assistant (Metrocrest location)

- Coordinated initial client contact including crisis/hotline assistance, clerical and administrative duties

The Turning Point Rape Crisis Center ~ Plano, Texas

January 2011 – December 2014

Volunteer Sexual Assault Advocate

- Provided crisis intervention through 24-hour crisis hotline and hospital advocacy to sexual assault survivors

HONORS / AWARDS

Early Career Reviewer Program, Journal of the Society for Social Work and Research – 2020 - 2022

Outstanding 2nd Year Graduate Research Assistant, UT Arlington School of Social Work – April 2018Outstanding 1st Year Ph.D. Student, UT Arlington School of Social Work – April 2017

UT Arlington School of Social Work Dean’s Fellowship (\$18,000) – 2016-2019

Ima Hogg Scholarship in Mental Health, Hogg Foundation for Mental Health (\$5,000) – 2012-2013

Glen W. and Miriam S. Rollins Mental Health Graduate Scholarship (\$1,000) – Fall 2012

President's Volunteer Service Award, The Turning Point Rape Crisis Center – July 2012

Roy & Betty Dulak Endowed Scholarship (\$1,000) – Fall 2011, Spring 2012, Spring 2013

UTD Academic Excellence Scholarship Program – Academic Distinction Scholarship (full tuition coverage) – 2007-2010

Neighborhood Excellence Initiatives, 2007 Student Leader Award, Bank of America

PROFESSIONAL ASSOCIATIONS AND MEMBERSHIPS

Member, Society for Social Work and Research (SSWR)

Member, Council for Social Work Education (CSWE)

TECHNICAL SKILLS AND COMPETENCIES

Microsoft Office: Word, Excel, and PowerPoint

Statistical software: SPSS, AMOS, ATLAS.ti

Data collection platforms: REDCap, Qualtrics, QuestionPro