

## 2012 CSP RESEARCH

### PEER REVIEWED JOURNAL ARTICLES

1. Altamirano KM, Coburn JW, Brown LE, Judelson DA. Effects of warm-up on peak torque, rate of torque development, and electromyographic and mechanomyographic signals. Journal of Strength and Conditioning Research. 26(5):1296-1301, 2012.
2. Amonette WE, Brown LE, De Witt JK, Dupler TL, Tran TT, Tufano JJ, Spiering BA. Peak vertical jump power estimations in youths and young adults. Journal of Strength and Conditioning Research. 26(7):1749-1755, 2012.
3. Aoyagi, MW, Portenga, S, Pocwardowski, A, Cohen, A, & Statler, T. (2012). Reflections and directions: The profession of sport psychology past, present and future. Professional Psychology: Research and Practice, 43(1), p.32-38.
4. Biagini MS, Brown LE, Coburn JW, Judelson DA, Statler TA, Bottaro M, Tran TT, Longo NA. Effects of self-selected music on strength, explosiveness and mood. Journal of Strength and Conditioning Research. 26(7):1934-1938, 2012.
5. Carney KR, Brown LE, Coburn JW, Spiering BA, Bottaro M. Eccentric torque-velocity and power-velocity relationships in men and women. European Journal of Sport Science. 12(2):139-144, 2012.
6. Caruso JF, Brown LE, Tufano JJ. The reproducibility of isokinetic dynamometry data. Isokinetics and Exercise Science. 20(4):239-253, 2012.
7. Chen, D. D., Chen, D., Mirza, F., & Bui, D. (2012). Effects of error tolerance range and bandwidth orientation on a timing task. Journal of Sport and Exercise Psychology, 34, S76.
8. Chen, D. D., Pei, L, Chen, J. Y., & Yan, J. H. (2012). Transfer effects of manipulating temporal constraints on learning a two-choice reaction time task with low stimulus-response compatibility. Perceptual & Motor Skills: Learning & Memory, 115(2), 415-426
9. Coburn, J. W. Measuring power. Strength and Conditioning Journal, 34(6), 25-28, 2012.
10. Cramer JT, Housh TJ, Johnson GO, Coburn JW, & Stout JR. Effects of a carbohydrate-, protein-, and ribose-containing repletion drink during eight weeks of endurance training on aerobic capacity, endurance performance, and body composition. Journal of Strength and Conditioning Research, 26(8), 2234-2242, 2012
11. Dabbs NC, Tran TT, Garner JC, Brown LE. A brief review: Using whole-body vibration to increase acute power and vertical jump performance. Strength and Conditioning Journal. 34(5):78-84, 2012.
12. Darmiento A, Galpin AJ, Brown LE. Vertical jump and power. Strength and Conditioning Journal. 34(6):34-43, 2012.

13. Dieffenbach K, & Statler T. More similar than different: The psychological environment of Paralympic sport. Journal of Sport Psychology in Action, (3) 2 p. 109-118.
14. Franks KA, Brown LE, Coburn JW, Kersey RD, Bottaro M. Effects of motorized vs. non-motorized treadmill training on hamstring/quadriceps strength ratios. Journal of Sports Science & Medicine. 11(1):71-76, 2012.
15. Galpin AJ, Fry AC, Chiu LZF, Schilling BK and Thomason DB. High-Power Resistance Exercise Induces Mitogen Activated Protein Kinase (MAPK) Phosphorylation in Weightlifting Trained Men. Appl Physiol Nutr Metab. 2012 Feb;37(1): 80-7.
16. Galpin AJ, Raue U, Jemiolo B, Trappe TA, and Trappe SW. Human Skeletal Muscle Fiber Type Specific Protein Content. Anal Biochem. 2012 Jun 15;425 (2).
17. Gleaves, John T., and Matthew P. Llewellyn. Charlie Paddock and the Shifting State of Olympic Amateurism. Olympika: The International Journal of Olympic Studies XXI (2012):
18. Jones LA, Coburn JW, Brown LE, Judelson DA. Effects of static stretching on heart rate and fitness classification following the YMCA step test. Gazzetta Medica Italiana Archivio Per Le Scienze Mediche. 171(5):613-620, 2012.
19. Kersey, Elliott, Goldberg, Kanayama, Leone, Pavlovich & Pope. National Athletic Trainers' Association Position Statement: Anabolic-Androgenic Steroids. Journal of Athletic Training. 47(5):567-588. 2012.
20. Llewellyn, Matthew P. Advocate or Antagonist? Sir Theodore Andrea Cook and the British Olympic Movement. Sport in History 32.2 (2012): 183-203.
21. Llewellyn, Matthew P. Dominion Nationalism or Imperial Patriotism? Citizenship, Race, and the Proposed British Empire Olympic Team. Journal of Sport History 39.1 (Spring 2012): 45-62.
22. Llewellyn, Matthew P. The best distance runner the world has ever produced': Hannes Kolehmainen and the Modernization of British Track and Field. International Journal of the History of Sport 29.7 (May 2012): 1016-1034.
23. Lowery RP, Duncan NM, Loenneke JP, Sikorski EM, Naimo MA, Brown LE, Wilson FG, Wilson JM. The effects of potentiating stimuli intensity under varying rest periods on vertical jump performance and power. Journal of Strength and Conditioning Research. 26(12):3320-3325, 2012.
24. Lynn SK, Noffal GJ, Wu WF, Vandervoort AA (2012). Using principal components analysis to determine differences in 3D loading patterns between beginner and collegiate level golfers. International Journal of Golf Science. 1, 25-41.
25. Lynn SK, Noffal GJ. Lower extremity biomechanics during a regular and counter-balance squat. Journal of Strength and Conditioning Research. 26: 2417-2425. September 2012.

26. Lynn SK, Padilla RA, Tsang KKW. Differences in static and dynamic balance task performance following four weeks of intrinsic foot muscle training: The Short Foot Exercise vs. The Towel Curl Exercise. Journal of Sports Rehabilitation. 21:327-333. November 2012.
27. Martyn-Stevens BE, Brown LE, Beam WC, Wiersma LD. Effects of a dance season on the physiological profile of collegiate female modern dancers. Medicina Sportiva (Poland). 16(1):1-5, 2012.
28. Muñoz, C. X., Carney, K. R., Schick, M. K., Coburn, J. W., Becker, A. J. & Judelson, D. A. Effects of oral rehydration and external cooling on physiology, perception, and performance in hot, dry climates. Scandinavian Journal of Medicine & Science in Sports, 22(6), e115-e124, 2012.
29. Noffal GJ, Lynn SK. Biomechanics of Power. Strength and Conditioning Journal. 34(6): 20-24. December, 2012.
30. Otto WH, Coburn JW, Brown LE, Spiering BA. Effects of weightlifting vs. kettlebell training on vertical jump, strength and body composition. Journal of Strength and Conditioning Research. 26(5):1199-1202, 2012.
31. Pinto RS, Gomes N, Radaelli R, Botton CE, Brown LE, Bottaro M. Effect of range of motion on muscle strength and thickness. Journal of Strength and Conditioning Research. 26(8):2140-2145, 2012.
32. Portenga, S., Aoyagi, M., & Statler, T. (2012). Consulting on the run: Performance Psychology and Preparation of USA Track & Field Athletes for the Olympics. Journal of Sport Psychology in Action, (3) 2, p.98-108.
33. Richardson KL, Coburn JW, Beam WC, Brown LE. Effects of isocaloric carbohydrate vs. carbohydrate-protein supplements on cycling time to exhaustion. Journal of Strength and Conditioning Research. 26(5):1361-1365, 2012.
34. Schick MG, Brown LE, Schick EE. Strength and conditioning considerations for female mixed martial artists. Strength and Conditioning Journal. 34(1):66-75, 2012.
35. Tran TT, Brown LE, Coburn JW, Lynn SK, Dabbs NC. Effects of assisted jumping on vertical jump parameters. Current Sports Medicine Reports. 11(3):155-159, 2012.
36. Tufano JJ, Brown LE, Coburn JW, Tsang KW, Cazes VL, LaPorta JW. Effect of aerobic recovery intensity on delayed-onset muscle soreness and strength. Journal of Strength and Conditioning Research. 26(10):2777-2782, 2012.
37. Vandervoort AA, Lindsay DM, Lynn SK, Noffal GJ. Golf is a physical activity for a lifetime. International Journal of Golf Science. 1: 54-69. August 2012.
38. Wu WFW, Porter JM, Brown LE. Effect of attentional focus strategies on peak force and performance in the standing long jump. Journal of Strength and Conditioning Research. 26(5):1226-1231, 2012.

39. Tsang KKW, Norte GE, Hand JW. The assessment of hand volumes using a modified volumetric technique. Journal of Testing and Evaluation, March 2012;(40)2:329-333.

## **BOOKS, AND BOOK CHAPTERS**

1. Brown LE, Khamoui AV. Agility Training. In: NSCA's Guide to Program Design. Hoffman JR, (Ed.) Champaign, IL: Human Kinetics, 2012.
2. Coburn, J. W., & Malek, M. H. (2012). Structure and function of the muscular, skeletal, and nervous systems. In J. W. Coburn & M. H. Malek (Eds.), NSCA's Essentials of Personal Training (3-16). Champaign, IL: Human Kinetics.
3. Coburn, J. W., Malek, M. H. (Eds.). (2012). NSCA's Essentials of Personal Training. Champaign, IL: Human Kinetics.
4. Hoffman JR, Brown LE, Cramer JT. Training Program Implementation. In: NSCA's Guide to Program Design. Hoffman JR, (Ed.) Champaign, IL: Human Kinetics, 2012.
5. Lynn SK, Noffal GJ, Lindsay DM, Vandervoort AA (2012). Aging, Motor Performance. In Encyclopedia of Exercise Medicine in Health and Disease. Mooren FC (Editor). Springer-Verlag Berlin Heidelberg.
6. Lynn SK, Noffal GJ. Chapter 5–Biomechanics of Human Movement (2012). In Conditioning for Strength and Human Performance. Chandler TJ, Brown LE (Eds.). Lippincott Williams & Wilkins.
7. Malek, M. H., & Coburn, J. W. (2012). The utility of electromyography and mechanomyography for assessing neuromuscular function: A noninvasive approach. In G. T. Carter (Ed.), Physical medicine and rehabilitation clinics of North America (23-32). New York, NY: Elsevier.
8. Statler, T. (2012). Applied Sport Psychology for the Strength & Conditioning Coach. In Chandler, J. & Brown, L. (Eds.). Conditioning for Strength and Human Performance. Baltimore: Lippincott Williams & Wilkins.
9. Weir JP, Brown LE. Resistance Training Adaptations. In: Essentials of Personal Training, 2<sup>nd</sup> Edition. Coburn JW, Malek MH (Eds.) Champaign, IL: Human Kinetics, 2012.

## **ABSTRACTS AND PRESENTATIONS**

1. Aguirre NW, Tan JG, Coats DR, Spiering BA, Brown LE, Coburn JW, Rubin DA, and Judelson DA. Effect of exercise order on cardiorespiratory and perceptual responses to concurrent exercise. American College of Sports Medicine, San Francisco, CA, June 2012.
2. Aguirre NW, Tan JG, Coats DR, Spiering BA, Brown LE, Coburn JW, Rubin DA, and Judelson DA. Effect of exercise order on endocrine and metabolic responses to

concurrent exercise. Federation of American Societies for Experimental Biology, San Diego, CA, April 2012.

3. Arias, J. C., Coburn, J. W., Brown, L. E., Galpin, A. (2012). The acute effects of heavy deadlifts on vertical jump performance in men. Southwest American College of Sports Medicine Annual Meeting, Newport Beach, CA, October 2012.
4. Barker, L. A., Du Bois, A. M., Brown, L. E., & Coburn, J. W. (2012). Effect of band-resisted jumping and subsequent countermovement jump performance. Southwest American College of Sports Medicine Annual Meeting, Newport Beach, CA, October 2012.
5. Bottaro M, Cunha RR, Carregaro RL, Martorelli A, Martorelli S, Jesus D, Guedes RA, Brown LE. Effects of short-term isokinetic reciprocal action training on neuromuscular performance. ACSM Annual Meeting, San Francisco, CA, May 29-June 2, 2012. *Medicine and Science in Sports and Exercise* 44(5S):S87, 2012.
6. Bottaro M, Ferreira-Junior JB, Vieira C, Soares S, Guedes RA, Brown LE. Effects of a single session of whole-body cryotherapy (-110 °c) on muscular performance. European College of Sport Science Congress, Bruges, Belgium, July 4-7, 2012.
7. Buechler KL, Noffal GJ, Hamedani, BY, Harris, KB, Thurston TS. A biomechanical comparison of cycling sprint positions and its effect on lower body kinematics. Southwest American College of Sports Medicine Annual Meeting, Newport Beach, CA, October 19-20, 2012.
8. Burnett, Brown, Kersey, Tsang. Effect of Ankle Taping vs. Bracing on Vertical Jump Height and Range of Motion. Far West Athletic Trainers' Association Annual Meeting & Clinical Symposia. San Diego, CA, April 2012.
9. Capilouto AP, Frazier BS, Noffal GJ, Lynn SK, Barker L. Electromyographic ratio analysis of the gluteus maximus, biceps femoris, and rectus femoris during variation of the glute bridge exercise. Southwest American College of Sports Medicine Annual Meeting, Newport Beach, CA, October 19-20, 2012.
10. Cardoza LM, Tsang KKW, Boroian DT, Kaufman MA. Performance technology: Effects of EFX® on static & dynamic balance. National Athletic Trainers' Association Annual Meeting and Clinical Symposium, Free Communications Poster Presentation. St. Louis, MO. June 2012. NATA Foundation Free Communications Poster Presentations: Undergraduate Poster Award Winner.
11. Carregaro RL, Cunha RR, Martorelli A, Martorelli S, Jesus D, Soares SR, de Oliveira CG, Brown LE, Bottaro M. Muscle fatigue and blood lactate following three different antagonist pre-load conditions. ACSM Annual Meeting, San Francisco, CA, May 29-June 2, 2012. *Medicine and Science in Sports and Exercise* 44(5S):S939, 2012.
12. Cazas, V. L., Brown, L. E., Coburn, J. W., Galpin, A. J., Tufano, J. J., LaPorta, J. W., & Truong, L. Influence of rest intervals following assisted jumping on relative peak power. Southwest American College of Sports Medicine Annual Meeting, Newport Beach, CA, October 2012.

13. Cazas, V. L., Brown, L. E., Coburn, J. W., Galpin, A. J., Tufano, J. J., LaPorta, J. W., & Truong, L. (2012). Influence of rest intervals following assisted jumping on vertical jump height. National Strength and Conditioning Association Annual Meeting, Providence, RI, July 2012.
14. Cochrane, K. C., Coburn, J. W., Judelson, D. A., & Brown, L. E. (2012). Comparison of active and diverting recovery strategies between bouts of fatiguing lower body exercise. National Strength and Conditioning Association Annual Meeting, Providence, RI, July 2012.
15. Cohen, A., Portenga, S., Aoyagi, M., Pocwardowski, A., Metzler, J., & Statler, T. (2012, October). Interdisciplinary Perspectives in Applied Sport Psychology: Five Approaches to Performance Excellence. Panel Presentation. The Association for Applied Sport Psychology annual conference. Atlanta, GA.
16. Dabbs NC, Garner JC, Chander H, Brown LE. Preliminary three-dimensional examination of the influence of differently weighted warm-up bats on swing kinematics. NSCA Annual Meeting, Providence, RI, July 11-14, 2012. Journal of Strength and Conditioning Research, 27(1S):, 2013.
17. Du Bois, A. M., Barker, L. A., Brown, L. E., & Coburn, J. W. (2012). Effect of resisted jumping on vertical jump impulse. Southwest American College of Sports Medicine Annual Meeting, Newport Beach, CA, October 2012.
18. DuBois AM, Moyen NE, Pittman M, Hamedani B, Noffal GJ, Lynn SK, Coburn JW, and Brown LE. Preliminary field equation to predict power from the standing long jump. National Strength and Conditioning Association (NSCA) Annual Meeting. Providence, RI, July 2012.
19. Ellington, K. E., Wu, W. F., Brown, L. E., & Coburn, J. W. (2012). Effect of branched-chain amino acids and carbohydrate supplement timing with resistance training on strength in women. Southwest American College of Sports Medicine Annual Meeting, Newport Beach, CA, October 2012.
20. Ellis CLV, Moyen NE, Jennings CA, Arciniaga NA, Griffith EJ, Du Bois AM, Rubin DA, Wiersma LD, and Judelson DA. Urine color and its relation to mood in athletes, recreational exercisers, and non-exercisers. American College of Sports Medicine, San Francisco, CA, June 2012.
21. Frazier BS, Carver SW, Lynn SK, Noffal GJ, Brown LE. Lumbar and thoracic spine kinematics in low handicap golfers with and without back pain. Southwest American College of Sports Medicine Annual Meeting, Newport Beach, CA, October 2012.
22. Gallegos, B. K., Brown, L. E., Coburn, J. W., Galpin, A. J., & Cazas, V. L. (2012). No effect of a single remote voluntary contraction on performance in women soccer players. Southwest American College of Sports Medicine Annual Meeting, Newport Beach, CA, October, 2012.

23. Gleaves, John T., and Matthew P. Llewellyn., Ethics, Nationalism, and the Imagined Community: The Case Against Inter-National Sport. The International Association for the Philosophy of Sport Conference, Porto, Portugal, September 2012.
24. Hall KG, Castellucci F, Lynn SK. A biomechanical analysis of patterns and forces in skilled switch hitters in baseball. American Alliance for Health, Physical Education, Recreation and Dance (AAHPRD) – Southwest District Convention. Turtle Bay Resort, Hawaii. June, 2012.
25. Hamedani BY, Noffal GJ, Lynn SK, Pittman MB, Buechler KL. Kinetic knee differences during a drop vertical jump onto different surfaces. Southwest American College of Sports Medicine Annual Meeting, Newport Beach, CA, October 2012.
26. Ibanez, Kersey, Brown, Tsang. Prevalence of Non-Therapeutic Insulin Use in Resistance-Trained Individuals. Far West Athletic Trainers' Association Annual Meeting & Clinical Symposia. San Diego, CA. April 2012.
27. Jackson MC, Brown LE, Coburn JW, and Judelson DA. Towards standardization of the nomenclature of resistance training exercises. Southwest Chapter of the American College of Sports Medicine, Newport Beach, CA, October 2012.
28. Kaufman MA, Tsang KKW, Cardoza LM. The impact of EFX on ImpACT. National Athletic Trainers' Association Annual Meeting and Clinical Symposium, Free Communications Poster Presentation. St. Louis, MO. June 2012.
29. Kersey RD. Anabolic-Androgenic Steroids. 3<sup>rd</sup> Annual California Athletic Trainers' Association State Symposium. La Verne, CA, February 2013.
30. Kersey RD. All the "Roid Rage" – What Every AT Should Know About AAS. NATA Annual Clinic & Symposium. St Louis, MO, June 2012.
31. Kersey RD. NATA Position Statement: Anabolic-Androgenic Steroids. NATA On-Line Webinar. Dallas, TX, January 2013.
32. Kuei CY, Cordova MM, Tsang KKW. Effects of simultaneous and individual application of therapeutic cold & ESTIM on pain perception. Far West Athletic Trainers' Association Annual Meeting and Clinical Symposium, Free Communications Poster Presentation. San Diego, CA. April 13, 2012.
33. Kunces LJ, Johnson EC, Muñoz CX, Hydren JR, Huggins RA, Judelson DA, Ganio MS, Vingren JL, Kupchak BR, Volek JS, and Armstrong LE. Nutritional intake of male cyclists on the day of a 145 km event in the heat. American College of Sports Medicine, San Francisco, CA, June 2012.
34. Llewellyn, Matthew P. and John T. Gleaves. The Rise of the Shamateur: The International Olympic Committee and the Preservation of the Amateur Ideal. In the International Center for Olympic Studies 11<sup>th</sup> International Symposia for Olympic Research: Problems, Possibilities and Promising Practices: Critical Dialogues on the Olympic and Paralympic

Games, Edited by International Center for Olympic Studies, University of Western Ontario, October 2012

35. Llewellyn, Matthew P. Britannia Overruled: Ahmed Bougerra El Ouafi and the Democratization of International Sport. North American Society for Sport History, Berkeley, California, June, 2012.
36. Lowery RP, Davis GS, Brown LE, Morrison TJ, Duncan NM, Tzeel BA, Anderson JC, Wilson JM. Effects of static stretching on 1 mile up hill sprint performance in highly trained endurance athletes. NSCA Annual Meeting, Providence, RI, July 11-14, 2012. Journal of Strength and Conditioning Research, 27(1S):, 2013.
37. Lynn SK, Noffal GJ, Vandervoort AA. Using Principal Components Analysis to Determine Differences in 3D Loading Patterns Between Beginner and Collegiate Level Golfers. World Scientific Congress of Golf VI. Phoenix, AZ. March, 2012.
38. Martin BJ, Bartolini JA, Thurston TS, Aguirre NW, Kamel BM, Coburn JW, Brown LE, Rubin DA, and Judelson DA. Effects of chronic green tea extract supplementation on substrate utilization and time-trial performance. American College of Sports Medicine, San Francisco, CA, June 2012.
39. Martorelli S, Martorelli A, Cunha RR, Pereira MC, Jesus D, Rocha-Júnior V, Brown LE, Bottaro M. Neuromuscular and metabolic responses to power training: Effects of different rest intervals. ACSM Annual Meeting, San Francisco, CA, May 29-June 2, 2012. Medicine and Science in Sports and Exercise 44(5S):S454, 2012.
40. Moyen NE, DuBois AM, Pittman M, Hamedani B, Noffal GJ, Lynn SK, Coburn JW, and Brown LE. Correlations between variables in the standing long jump. National Strength and Conditioning Association (NSCA) Annual Meeting. Providence, RI. July 2012.
41. Moyen NE, Ellis CLV, Ciccone AB, Thurston TS, Cochrane KC, Brown LE, Coburn JW, and Judelson DA. Effects of relative humidity on thermoregulation and perception during low intensity exercise in the heat. Southwest Chapter of the American College of Sports Medicine, Newport Beach, CA, October 2012.
42. Ng J, Du Bois AM, Moyen NE, Tan JG, Villa MR, Brown LE, Coburn JW, Casa DJ, and Judelson DA. Effect of clothing on validity of devices used to estimate core body temperature in cold environments. American College of Sports Medicine, San Francisco, CA, June 2012.
43. Noffal GJ, Lynn SK, Vandervoort AA. How accurate are Doppler radar ball trackers at measuring ball distance? World Scientific Congress of Golf VI. Phoenix, AZ. March, 2012.
44. Padilla RA, Lynn SK, Tsang KKW. Differences in Static and Dynamic Balance Task Performance Following Four Weeks of Intrinsic Foot Muscle Training: Short Foot Exercise vs. Towel Curl Exercise. Far West Athletic Trainers' Association (FWATA) Annual Meeting. San Diego, CA. April, 2012.



45. Peltzer HE, Tufano JJ, Brown LE. Weight shift during the shot process of archers. SWACSM Annual Meeting, Newport Beach, CA, October 19-20, 2012.
46. Pereira MCC, Jesus D, Soares SR, Guedes RA, Vieira CA, Ferreira-Junior JB, Brown LE, Bottaro M. Effects of wearing arm progressive compression sleeves on upper-body muscular performance in trained men. ACSM Annual Meeting, San Francisco, CA, May 29-June 2, 2012. *Medicine and Science in Sports and Exercise* 44(5S):S896, 2012.
47. Pittman MB, Hamedani BY, Noffal GJ, Lynn SK. The Reliability of knee valgus moments during a drop vertical jump. SWACSM Annual Meeting, Newport Beach, CA, October 2012.
48. Ramirez, Brown, Almstedt, Kersey, & Shoepe. Effect of Ankle Supports on Vertical Jump and Mental Perception. Southwest American College of Sports Medicine Annual Meeting. Newport Beach, CA. October 2012.
49. Ramirez, Brown, Almstedt, Kersey, & Shoepe. Effect of Ankle Support on Performance, Range of Motion, and Perception. Far West Athletic Trainers' Association Annual Meeting & Clinical Symposia. San Diego, CA. April 2012.
50. Rubin DA, Wright P, Haqq A, Castner DM, and Judelson DA. Body composition in children with Prader-Willi Syndrome. Keynote Symposia Genetic and Molecular Basis of Obesity and Body Weight Regulation, Santa Fe, NM, February 2012.
51. Skinner, A. W., Brown, L. E., & Coburn, J. W. (2012). Effect of four weeks of squat or hang clean or combination training on vertical jump in college females. Southwest American College of Sports Medicine Annual Meeting, Newport Beach, CA, October 2012.
52. Statler, T. (2012, January). Performance Psychology for the Pole Vault Parent. Invited keynote, National Pole Vault Summit, Reno, NV.
53. Statler, T. (2012, September). More Similar Than Different: The Psychological Environment of Paralympic Sport. Keynote Lecture. 2<sup>nd</sup> Dubai International Symposium on Sport Psychology. Dubai, UAE.
54. Statler, T., (2012, September). Mental Skill Development for Elite Team Sport. 5<sup>th</sup> Annual Dubai Sport Council Symposium for Individual and Team Sports. Dubai, UAE.
55. Statler, T., Athey, A., & Portenga, S. (2012, October). Essentials of Mentorship: Developing Quality Sport Psychology Practitioners. Continuing Education Workshop. The Association for Applied Sport Psychology annual conference. Atlanta, GA.
56. Tan JG, Coburn JW, Brown LE, Judelson DA, Barsaga B, Morales JR, Du Bois AM, Nelson GC, Cazas VL, and Truong L. Acute effects of lower body exercise on lower and upper body resistance exercise workouts. American College of Sports Medicine, San Francisco, CA, June 2012.
57. Tan JG, Coburn JW, Brown LE, Judelson DA, Barsaga B, Morales JR, Du Bois AM, Nelson GC, Cazas VL, and Truong L. Effects of a single bout of lower body aerobic exercise on muscle activation and performance during subsequent lower and upper body

resistance exercise workouts. National Strength and Conditioning Association, Providence, RI, July 2012.

58. Tran, T. T., Brown, L. E., Coburn, J. W., Galpin, A. J., Cazas, V. L., Tufano, J. J., LaPorta, J. W., & Truong, L. Effects of assisted jumping on vertical jump relative peak power and relative rate of peak power development. National Strength and Conditioning Association Annual Meeting, Providence, RI, July 2012.
59. Trevino MA, Coburn JW, Brown LE, Judelson DA, and Malek MH. Acute effects of caffeine on strength and electromechanical efficiency of the biceps brachii. American College of Sports Medicine, San Francisco, CA, June 2012.
60. Trevino, M. A., Coburn, J. W., Brown, L. E., Judelson, D. A., & Malek, M. H. Effects of caffeine on the reliability of maximal isometric torque measures of the elbow flexors. Southwest American College of Sports Medicine Annual Meeting, Newport Beach, CA, October 2012.
61. Tsang KKW, Truglio SJ. The effectiveness of 2 forms of cold therapy through various common barriers. National Athletic Trainers' Association Annual Meeting and Clinical Symposium, Free Communications Oral Presentation. St. Louis, MO. June 2012.
62. Tufano, J. J, Cazas, V. L, Coburn, J. W, Galpin, A. J., Santana, J. C, & Brown, L. E. Effect of position and gender on push-up force. National Strength and Conditioning Association Annual Meeting, Providence, RI, 2012
63. Tufano, J. J., Brown, L. E., Coburn, J. W., Tsang, K. K. W., Cazas, V. L., & LaPorta, J. W. Effect of aerobic activity on delayed-onset muscle soreness and performance. Southwest American College of Sports Medicine Annual Meeting, Newport Beach, CA, October 2012.
64. Wilson JM, Marin PJ, Duncan N, Loenneke JP, Jo E, Zourdos MC, Brown LE. Post activation potentiation: A meta analysis examining the effects of volume, rest period length, and conditioning mode on power. ACSM Annual Meeting, San Francisco, CA, May 29-June 2, 2012. *Medicine and Science in Sports and Exercise* 44(5S):S86, 2012.
65. Wilson JM, Lowery RP, Brown LE, Morrison TJ, Davis GS, Duncan NM, Tzeel BA, Anderson JC. Effects of static stretching on ground contact time and muscle activation during a moderate intensity run. NSCA Annual Meeting, Providence, RI, July 11-14, 2012. *Journal of Strength and Conditioning Research*, 27(1S):, 2013.
66. Wilson KD, Tsang KKW, Jaramillo ER. A comparison of traditional and modified volumetric techniques. Far West Athletic Trainers' Association Annual Meeting and Clinical Symposium, Free Communications Poster Presentation. San Diego, CA. April 13, 2012.
67. Wilson LR, Lynn SK, Noffal GJ, and Judelson DA. Effect of preferred and non-preferred foot strike patterns on ankle biomechanics during shod running. Southwest Chapter of the American College of Sports Medicine, Newport Beach, CA, October 2012.

68. Wilson KD, Tsang KKW, Jaramillo ER. A comparison of traditional and modified volumetric techniques. National Athletic Trainers' Association Annual Meeting and Clinical Symposium, Free Communications Poster Presentation. St. Louis, MO. June 2012.
69. Wright PM, Rubin DA, Castner D, and Judelson DA. Evaluation of body fat patterning in children with non-syndromal and syndromal pediatric obesity. American College of Sports Medicine, San Francisco, CA, June 2012.
70. Wrynn, Alison and Matthew P. Llewellyn. Creating New Faculty: The CSU Chancellor's Doctoral Incentive Program. National Association for Kinesiology and Physical Education in Higher Education (NAKPEHE), San Diego, California, January 2012.
71. Boroian DT, Tsang KKW. The influence of EFX on isokinetic strength. National Athletic Trainers' Association Annual Meeting and Clinical Symposium, Free Communications Poster Presentation. St. Louis, MO. June 2012.