

Sample Strength & Conditioning Graduate Study Plan

REQUIRED COURSES
KNES 508 - Statistical Methods in Kinesiology
KNES 510 - Research Methods in Kinesiology
ADVANCED STUDY COURSES (choose 2)
KNES 551 - Advanced Study in Physiology of Exercise
KNES 561 - Advanced Study in Biomechanics
KNES 580 - Advanced Study in Sport and Exercise Psychology
ELECTIVE OPTIONS (choose 5)
KNES 450 - Program Design for Strength and Conditioning
KNES 458 - Measurement Techniques in Strength and Conditioning
KNES 499 - Independent Study
KNES 550 - Graduate Internship
KNES 555 - Applied Strength and Conditioning
KNES 599 - Graduate Independent Research
CULMINATING EXPERIENCE – KNES 597 – Project; KNES 598 – Thesis; or Comprehensive Exam (choose 1)