

Sport Studies

CONCENTRATION

- Concentrations **MUST** officially be declared, by completing a form in the Office of Admissions & Records LH 114
- **NO exceptions** or course substitutions will be made to the concentration – all **21 units** listed below (and on the TDA) must be complete
- Once a concentration is declared, if you decide not to complete it, you must complete the form in Admissions and Records to declare **NO CONCENTRATION** and avoid a delay in graduation.



Overview

Provides knowledge related to sport and physical activity programs in both the athletic and community settings and for students interested in studying the sub-disciplinary aspects of sport. Courses related to athletic coaching, psychological performance enhancement (i.e., sport psychology, exercise psychology), community/youth physical activity and sports programs, and sociocultural study (i.e., history, philosophy and sociology) of sport are options within this concentration. ASEP Coaching Certification can be obtained through the athletic coaching option. This concentration also prepares students for advanced study in sport-related areas.

All concentrations MUST be declared upon completion of 85 units and/or PRIOR to applying for graduation.

Required 9 Units (3 Courses):

Course	Title	Pre-Requisite
KNES 325	Techniques of Coaching	JR/SR
KNES 365	Pathologies in Sport/Exercise	JR/SR & KNES 210 or 191A or equivalent
KNES 414	Legal Issues in Sport and Exercise	JR/SR & KNES 202 or COMM 346

Choose 12 Units (4 Courses) from the following:

KNES 320, 326, 351, 352, 384, 385, 386, 387, 410, 430, 432, 456, 457, 461, 463, 470, 480, 481, 495, 499

*Once a concentration has been declared AND completed, it will be notated on your transcripts

**All 21 units must be complete in addition to the 9 units of Major Pre-Requisites, 9 Units of Foundation Coursework, 18 Units of Disciplinary Core Coursework, 3 Units of Upper Division Writing (ENGL 301), and 51 Units of General Education. A total minimum of 120 units is required for Graduation.

Faculty Advisors

Athletic Coaching: Dr. Andrea Becker, Dr. Patti Laguna, Dr. Lenny Wiersma

Psychological Performance Enhancement: Dr. Andrea Becker, Dr. David Chen, Dr. Patti Laguna, Dr. Clay Sherman, Dr. Traci Statler, Dr. Lenny Wiersma, Dr. Kathleen Wilson

Physical Performance Enhancement: Dr. William Beam, Dr. Joao Barros, Dr. Lee Brown, Dr. Jared Coburn, Dr. Andrew Galpin, Dr. Scott Lynn, Dr. Guillermo Noffal, Dr. Daniella Rubin

Community/Youth Physical Activity and Sports Programs: Dr. Clay Sherman, Dr. Lenny Wiersma

Study of History, Philosophy, and Sociology of Sport: Dr. John Gleaves, Dr. Matt Llewellyn, Dr. Traci Statler