HIGHLIGHTS OF THE HUMAN SERVICES MAJOR

1. The Human Services major offers undergraduate preparation for further study and careers in mental health and counseling, social work, community organization and planning, policy analysis, administration of human services agencies, gerontology, and elementary school teaching.

2. A human services worker may directly or indirectly provide mental health or social services to clients, supervise personnel, administer programs, and develop policies or support services for professional staff in such areas as healthcare, housing, recreation, education.

3. The curriculum of the Human Services major emerged from courses taught through the University's Department Chair. Some of these classes emphasized personal growth within interactive groups. This self-awareness and humanistic focus has remained a distinctive mark of what we offer.

4. An equally distinctive mark has been the emphasis on applied learning through experience in fieldwork placements in community settings. The Human Services Program at CSUF is one of the few undergraduate human services programs on the West Coast that are approved by the Council for Standards in Human Services Education. Students will have the opportunity to experience three fieldwork situations, each for 120 hours of supervised practice. The benefits of working in the community are numerous and often result in important professional connections as well as developing the student’s sense-of-professional identity.

5. The curriculum is structured around four interrelated components: (1) theoretical foundations and Intervention strategies, (2) client populations and cultural diversity, (3) research and evaluation, and (4) skill development through exploration within oneself and experience in the field. Features of our curriculum have been frequently presented in professional lectures and publications. Textbooks developed for our courses are widely used internationally.

6. The permanent faculty has been drawn from diverse disciplines, supplemented by part-time faculty who are professionally active in the community. We currently have approximately 800 majors, and offer 90+ course sections each semester. Students are enthusiastic participants in class, social and community activities.

7. Faculty and students are known and respected; students are well received in placements and in graduate schools. Our graduates have reported that our blend of theory and experiential learning has enabled them to excel in their professional development. About half of the Human Services graduates enter graduate programs in social work, counseling, psychology, public administration, and education. Those that choose to work in the field before attending graduate school have positions such as child protective service workers, probation officers, outreach workers, case managers, and residential treatment workers. Many of our graduates have paid positions immediately upon graduating from our program. In fact, many of our graduates found work in agencies such as the YMCA Counseling Services, Orange County Department of Probation, Orange County Department of Mental Health, the Orange County Conservation Corps, Lampson Elementary School, Women's Transitional Living Center, Crittenton, and AIDS Services Foundation. Many of these professionals will eventually complete graduate studies.

8. The Human Services Major leads to a Bachelor of Science degree, and requires 54 units. (21 units are required for a minor in Human Services.) The major includes 18 units of electives and 36 units of required coursework consisting of: 9 units in theoretical foundations/interventions, 9 units in client populations/cultural diversity, 9 units in research/evaluation, and 9 units in skill development/field experience.

9. **Beginning Fall 2020,** students will have the option to declare a Concentration in Addiction Studies, Mental Health, or Elementary Education. If students do not wish to declare one of these Concentrations, they will earn a Bachelor of Science in Human Services with no concentration. Those who do not declare a concentration may take any of the electives offered toward the 18 units of electives required. Those declaring a Concentration will have that concentration shown on their official transcripts.

10. The Department has articulation agreements with many of surrounding colleges. A Human Services Academic Advisor may approve of the transfer of up to twelve units of related course work toward the total of the fifty-four units required for the Human Services major.

11. The Human Services Department is a part of the College of Health and Human Development, characterized by a commitment to community based applied learning. Student and faculty exemplify the enthusiasm and commitment that are characteristic of Cal State University, Fullerton.

For academic advising please call the advising center at 657-278-5472. Human Services Academic Advisor or the Department Chair.

SEE REVERSE SIDE FOR IMPORTANT CONTACT INFORMATION
Important information for you to know...

Human Services Advisement EC-479
Ramona Perez 657-278-5472
Email: hursadvising@fullerton.edu

Appointments:
Book Now at: https://booknow.appointment-plus.com/6tl416lv/
Once on page, click on Log In and you will be taken to the page to create your account and can then schedule the appointment.

Human Services Department Office EC-405
Eboni Threatt 657-278-8444
Email: ethrett@fullerton.edu

Human Services Department Chair EC-454
Dr. James Ruby 657-278-8385
Email: jruby@fullerton.edu

Fieldwork Office EC-479
Juli Martinez 657-278-4296
Email: julimartinez@fullerton.edu
Website: http://hdcs.fullerton.edu/HUSR/Fieldwork/Index.htm

College of Health and Human Development EC-606
Dean: Dr. Laurie Roades 657-278-3311
Asst. Dean: Lillybeth Sasis 657-278-4881

Academic Advising (GE)
GH -123B 657-278-3606

Admissions and Records
Service Center (LH-114) 657-278-7601
Graduation Unit (LH -114) 657-278-2300

Registration
To register by phone 657-278-7902
Help Line 657-278-7601
To register online http://www.fullerton.edu/titanonline
## Student Planning Worksheet for Human Services Major

(54 Units)

**NAME:** ________________________ **CWID#:** _______________ **PHONE:** __________________

**ADDRESS:** ____________________________________________________ **EMAIL:** ________________________

### Required Courses (36 Units)

#### A. Theoretical Foundations/Intervention (9 Units)
- **HUSR 201** Introduction to Human Services (3)  
- **HUSR\COUN 380** Theories & Techniques of Counseling (3)  
- **HUSR 310** Case Management (3)

#### B. Client Populations/Cultural Diversity (9 Units)
- **HUSR 411** Service Delivery to Communities (3)  
- **CAS 312** Human Growth & Development(S) OR **PSYC 361** Developmental Psychology (3) (both GE)  
- **PSYC 341** Abnormal Psychology (3) OR **SOC 351** Sociology of the Family (3) (both GE)

#### C. Research/Evaluation (9 Units)
- **HUSR 315** Research & Data Management in HUSR (3)  
- **HUSR 385** Program Design & Proposal Writing (3) (Prerequisites: HUSR 315 & HUSR 396)  
- **HUSR 470** Evaluation of Human Services Programs (3) (Prerequisite: HUSR 385)

#### D. Skill Development/Field Experience (9 Units)
- **HUSR 396** Practicum Seminar (3) (Prerequisite: HUSR 201 & HUSR 380 or HUSR 310)  
- **HUSR 495** Fieldwork Seminar (3) (Prerequisite: HUSR 396, EDEL 315, OR HUSR 490)  
- **HUSR 496** Internship Seminar (3) (Prerequisites: HUSR 495 OR HUSR 490)

**OR by Consent of Instructor Only:**
- **HUSR 490**: Practicum in Group Leadership (Corequisite: 416, 450 First time only, may be taken twice)  
- **EDEL 315**: (Only for Elementary Ed. Concentration)

### 18 Units of Electives

(See Reverse Side)

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Rev. March 2021
GENERAL BACHELOR OF SCIENCE DEGREE IN HUMAN SERVICES

CHOOSE 18 UNITS OF ELECTIVES COURSES FROM THIS LIST:

Recommended for students interested in Social work/Administration/and other helping professions:

- HUSR 300 Character and Conflict (3)
- HUSR 318 Immigrants and Refugees (3)
- HUSR 350 Leadership (3)
- HUSR 400 Ethical and Professional Issues (3)
- HUSR 410 Crisis Intervention (3)
- HUSR 415 Treatment Issues in Drug Addiction (3)
- HUSR 416 Group Process and Membership (1)
- HUSR 420 Human Services Management (3)
- HUSR 425* Contemporary Issues in Human Services (3)
- HUSR 430 Child Abuse and Human Services (3)
- HUSR 434 Physiological Effects of Alcohol & Other Drugs (3)
- OR
- PUBH 321: Drugs and Society (3)

*Topics include: Gender Issues, Serving the Homeless, Intimate Partner Violence, Veterans & Their Families, Human Services & Mixed Ancestry Identity, and Psychodrama.

IN ORDER TO TAKE ANY ELECTIVES OTHER THAN THOSE LISTED ABOVE, STUDENTS MUST SEE AN ADVISOR FOR APPROVAL AND EXCEPTION MUST BE DONE FORMALLY. SOME STUDENTS MAY WISH TO USE HUSR 499 Independent study or HUSR 399 or 493 (peer mentoring) as an elective.

Below is a listing of various courses offered at CSUF that students may wish to take based on their career interests:

**Recommended for students interested in working with children in schools:**

- ART 380 Art and Child Development (3)
- DANC 47I Creative Dance for Children (3)
- ENG 341 Child Literature (3) OR
- THTR 311 Oral Interpretation of Child Literature (3)
- KNES 386 Movement and the Child (3)
- MATH 303 A/B Fundamental Concepts Elementary Math (3)
- MUS 433 Music in Childhood (3)
- BIOL 453 Life Science Concepts (3)
- GEOL 410 Physical Earth/Space Systems (3)
- THTR 402A Dramatic Activities for Children (3)

**Recommended for students interested in working with disabled population:**

- HUSR 445 Persons with Disabilities and Human Services (3)
- SPED 371 Exceptional Individual (3)
- SPED 322 Intro. To Positive Behavior Support (3)
- SPED 400 Early Childhood Special Education (3)
- SPED 401 Intro to Autism (3)
- SPED 421 Working with Families of Individuals with Disabilities (3) (Pre-requisite SPED 371)
- SPED 425 Language & Culture for Special Populations (3)
- SPED 463 Characteristics of Individuals with Mild-Moderate Disabilities
- SPED 464 Characteristics of Individuals with Moderate-Severe Disabilities (3)
Recommended for students interested in working with aging population: Students may also wish to consider a Minor degree in Aging Studies

ANTH 308 Culture and Aging: Anthropological Gerontology (3)
BIOL 306 Biology of Aging (3)
HUSR 412 Intro to Gerontology in Human Services (3)
KNES 353 Physical Activity & Lifelong Well-Being (3)
KNES 454 Physical Dimensions of Aging (3)
KNES 455 Functional Performance Assessment & Programming for Older Adults (3)
PSYC 362 Psychology of Aging (3)
AGNG 420 Aging & Dementia
SOC 360 Death & Dying (3)
SOCL 443 Sociology of Aging (3)
HCOM 345 Communication and Aging (3)
PUBH 450 Applied Health Promotion in Aging Populations (3)
AGNG 433 Aging and Social Services (3)

FOR STUDENTS WISHING TO DECLARE A CONCENTRATION, THERE ARE NO EXCEPTIONS TO THE ELECTIVES LISTED BELOW. AGAIN, STUDENTS MAY CHOOSE TO DECLARE A GENERAL HUMAN SERVICES DEGREE OR A CONCENTRATION.

CONCENTRATION IN MENTAL HEALTH
CHOOSE 18 UNITS FROM THIS LIST

This concentration focuses on the development of skills and knowledge required in the careers related to mental health such as counseling, psychotherapy, and clinical social work. Emphasis is given to the personal development of the characteristics and qualities deemed essential for mental health professionals.

Required courses: (9 units)
HUSR 300 Character and Conflict (3)
HUSR 410 Crisis Intervention (3)
HUSR 480 Case Analysis and Intervention Techniques (3)

Choose 9 units from those below:

HUSR 350 Leadership
HUSR 400 Ethical and Professional Issues (3)
HUSR 415 Treatment Issues in Drug Addiction (3)
HUSR 416 Group Leadership
HUSR 425T* Contemporary Issues in Human Services (3)
HUSR 430 Child Abuse and Human Services (3)
HUSR 450 Theory & Practice of Group Counseling (3)
HUSR 455 Human Services Delivery to Latinos (3)
HUSR 465 Human Service Policy and Practice (3)

* Topics include: Gender Issues, Serving the Homeless, Intimate Partner Violence, Veterans & Their Families, Human Services & Mixed Ancestry Identity, and Psychodrama
CONCENTRATION IN ADDICTION STUDIES
CHOOSE 18 - 21 UNITS FROM THIS LIST

This concentration focuses on the prevention, treatment, and theoretical understanding needed to work with clients suffering from alcohol and other substance dependency and abuse. Those wishing to be eligible to become a certified Addictions Treatment Counselor with the State of California must take all 21 units. Those students wishing to declare the concentration but do not plan on taking the certifying exam need only take the required 18 units of electives.

Required Courses:
HUSR 300 Character and Conflict (3)
HUSR 415 Treatment Issues in Substance Abuse (3)
HUSR 434 Physiological Effects of Alcohol & Other Drugs (3) OR PUBH 321 Drugs and Society (3)
HUSR 400 Ethical and Professional Issues (3)
HUSR 435 Alcohol and Other Drugs: Prevention and Education (3)
HUSR 436 Family Addiction Dynamics (3)
HUSR 437 Co-occurring Disorders (3)

NOTE: 1 internship needs to be completed at a Drug and Alcohol Treatment Center from our Fieldwork Directory list

CONCENTRATION IN ELEMENTARY EDUCATION

This concentration is designed for students planning a career in teaching elementary school and includes the pre-requisite courses for the CSUF multiple subject credential program. Those wishing to be eligible to apply for the multiple subject credential program must take 18 units of electives (EDEL 325 is required), and EDEL 315 (as 1 semester of Field Experience). Students wishing to declare the concentration but do not plan on applying to the multiple subject credential program need only take the required 18 units of concentration electives of their choosing.

ART 380 Art and Child Development (3)
DANC471 Creative Dance for Children (3)
ENG 341 Child Literature (3) OR THTR 311 Oral Interpretation of Child Literature (3)
KNES 386 Movement and the Child (3)
MATH 303 A/B Fundamental Concepts
MUS 433 Music in Childhood (3)
BIOL 453 Life Science Concepts (3)
GEOL 410 Physical Earth/Space Systems (3)
THTR 402A Dramatic Activities for Children (3)

ALL STUDENTS SEEKING THE HUMAN SERVICES DEGREE (WITH THE EXCEPTION OF THOSE DECLARING A CONCENTRATION, MAY TAKE UP TO 6 UNITS OF 499 INDEPENDENT STUDY TOWARD THEIR 18 UNITS ELECTIVES.

All students may take 499 to earn units when needed to complete the 120 units required to graduate.