XIV. PERSONAL PSYCHOTHERAPY

While not required, students who are undergoing training as a counselor can greatly benefit from experiencing their own personal psychotherapy. Personal psychotherapy can be individual, group, marital, conjoint, or family. In order for personal psychotherapy to count toward LMFT licensure, the therapist must be licensed in the State of California as a LMFT, LPCC, LCSW, Psychologist, or Physician who is certified in psychiatry. [Note: LPCCs may not count their own psychotherapy in their licensure hours.]

NOTE: Personal psychotherapy hours of experience for LMFT trainees are counted at 1=3 up to a maximum of 100=300 hours [See Section II].