

## II. SUMMARY OF BBS LPCC/LMFT LICENSURE REGULATIONS

[NOTE: Please visit the BBS website, subscribe to the email list, and watch for new developments. This will be the fastest route to the new information. BBS Website: [www.bbs.ca.gov](http://www.bbs.ca.gov)]

### BBS SUPERVISED EXPERIENCE REQUIREMENTS FOR LPCC AND LMFT APPLICANTS EFFECTIVE JANUARY 1, 2016

---

**Total Post Degree Hours to sit for licensure exam:** 3,000 hours performed over a period of not less than two years (104 weeks).

**Direct counseling experience (Minimum 1,750 hours):** Direct clinical counseling with individuals, groups, couples, or families using a variety of psychotherapeutic techniques and recognized counseling interventions. Note: A minimum of 500 of the above hours must be gained diagnosing and treating couples, families and children for students seeking licensure as an MFT.

**Non-clinical experience (Maximum 1,250 hours):** May consist of direct supervisor contact, administering and evaluating psychological tests, writing clinical reports, writing progress or process notes, client centered advocacy, and workshops, seminars, training sessions, or conferences directly related to the profession that have been approved by the applicant's supervisor.

**Limitations on Experience Hours for MFT trainees who can count pre-degree hours (Note: PCC trainees cannot count any pre-degree hours toward 3000 post degree hours):**

- Maximum 1,300 hours gained pre-degree
- Maximum 750 hours of counseling and direct supervisor contact gained pre-degree
- Maximum 40 hours of experience earned in any week between all settings
- Maximum six (6) hours of individual, triadic or group supervision in any week

#### **104 Supervised Weeks Required:**

- These 104 weeks must contain no less than: • One (1) hour of individual or triadic supervision, or two (2) hours of group supervision during any week in which experience is claimed
- Of the 104 weeks, 52 weeks must be one (1) hour of individual or triadic supervision

**NOTE: An applicant for licensure cannot be approved to sit for the clinical exam without completing both the 3,000 hours of experience AND 104 supervised weeks.**

**How do I account for hours gained under different supervisors for the same group of clients?**

When working with two or more supervisors, you should have two or more sets of weekly logs

and experience verification forms, as well as a signed responsibility statement from each supervisor. When recording your hours, it is recommended that you do the following:

1. Record all clinical and non-clinical supervised experience hours under one supervisor (the primary supervisor) and have them sign for the hours.
2. Hours of face-to-face supervision provided by the additional supervisor should be recorded separately, and that supervisor should only sign for those hours.
3. When the forms are turned in together, the Board's evaluator will see that the additional supervisor is signing for a portion of the hours.