SPARE COUNSELING CENTER
Contact Person: Sharon Barnes, Executive Dir.
Clinical Supervisor I: John Walthart, Clinical Dir., LMFT
Clinical Supervisor II: Karen Chalmers, LMFT
Clinical Supervisor III: Michelle Ng, LMFT
Mailing Address: 1240 N. Van Buren St., Suite 205
Anaheim, CA  92807
Phone: (714) 345-4938
Fax: (714) 630-8359
Email: Sharon.barnes555@gmail.com
Website: spareministries.org

Student Requirements
8-10 hours per week are required. Students will most likely work on-site at the Orange Office but may also work in the Brea Office and/or at a satellite working with residents at Come to Him – a residence for men, women, and children trying to become self-sufficient. This includes one hour of individual supervision 1 time a week and two hours of group supervision weekly. Staff meetings held on Fridays 10 am – 12 noon.

Operating Hours
Varies

Agency Description
SPARE Counseling Center provides individual, couples, family and marriage therapy, as well as groups. We work on a sliding scale in order to provide services to those in need even when they cannot afford our standard fee. We partner with other local agencies in order to offer a multi-faceted approach to healing, recovery, and support.

Theoretical Orientation
Psychodynamic, Cognitive-Behavioral, Sand Tray, Expressive Arts, Family Therapy, Brief Therapy, Couple/Conjoint, and Crisis Intervention

Possible Stipend
No

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