Student Requirements
10-15 hours per week required. 1 hour individual and 2 hours of group supervision. Individual is set-up based on student’s schedule. Group supervision meets weekly on Wednesday, 10:30am-12pm.

Operating Hours
Monday – Thursday 8am – 6pm and Friday 8am – 12pm

Agency Description
LBCC is a diverse campus whose student population is 46% Latino, 18% African American, 17% White and 14% Asian Pacific. In addition, a majority of students are low-income, first generation college attendees. Trainees will perform short-term therapy, 6 sessions, and crisis intervention services to students presenting with a wide range of behavioral health issues such as academic stress, anxiety, depression and adjustment. Trainees will be trained on assessment techniques utilizing CCAPS-62 and CCAPS-36 Assessment Instruments and will also be involved in developing an “Active Minds” chapter on the LBCC campus whose purpose is to destigmatize mental illness among college students.

Theoretical Orientation
Brief Therapy, Crisis Intervention, Cognitive-Behavioral, Expressive Arts, and Solution-focused, CCAPS-62 and CCAPS-36 Assessment

Possible Stipend
No