FOOTHILL FAMILY
Contact Person: Christie Byrd, LCSW
Clinical Supervisor: same
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NOTE: Option to begin Traineeship at the end of May or mid-August. Interviews start in February, so students must send resumes prior to February in order to be considered.

Student Requirements
Commitment of 20hrs a week required. Attend mandatory orientation and training beginning at the end of May or mid-August. Trainees are typically assigned 10hrs a week of direct client contact hours. Weekly individual and group supervision.

Desirable Skills
Flexibility, curiosity, empathy, self-awareness, openness and ability to integrate feedback. Professional boundaries, integrity, proven time management skills and ability to consistently meet rigorous paperwork deadlines. Due to the language needs of our communities, bilingual Spanish, Cantonese and Mandarin skills are highly desired but not required.

Operating Hours
Monday – Thursday 8:00am – 8:00pm; Friday 8:00am-5:00pm

Agency Description
Since 1926, Foothill Family builds brighter futures – empowering children and families in our community to overcome challenges and achieve success in relationships, school and work. We provide counseling, social services, mental health treatment for children, education, and outreach. Our programs and services are available at our six Family Center locations in the San Gabriel Valley as well as at preschools, elementary, middle and high schools, community centers, and in-home visits. Ninety-one percent of children who receive our clinical services are from poverty-level or low-income families.

Learning Opportunities
Trainees provide individual, couples, and family therapy to address a variety of issues including ADHD, Depression, Anxiety, disruptive behavior, trauma, grief and loss, child abuse, domestic violence, parenting and divorce related issues. Practice clinical skills: complete initial assessments, diagnose, treatment plan, learn about EBPs, and try out a variety of clinical interventions. Attend in-service, online, and on site DMH trainings.

Theoretical Orientation
Brief Therapy, CBT, Rogerian, Strengths Based, Family Systems, Solution Focused, Integrated Developmental Model and Reflective Supervision

Possible Stipend:
$1,000 stipend for bilingual trainees with satisfactory performance, only, paid at end of traineeship.

Revised 02/2018