### Student Requirements

10-20 hour/week commitment. Trainees will typically be assigned 8 hrs. of DCC. Mandatory group supervision Fridays from 12pm-2pm. Individual supervision day/time to be determined between supervisor and supervisee. One week of concentrated training upon start date.

### Operating Hours

Monday – Friday 8:00 am – 5:00 pm; Residential Treatment 24/7

### Agency Description

Akua Mind and Body is a dual diagnosis agency offering detox, residential treatment and intensive outpatient treatment for both addiction and mental health challenges. Treatment is offered at eight different residential treatment facilities. Group and individual therapy sessions are also offered at an additional office location. Akua’s philosophy includes aspects of Eastern and Western approaches to care, which combines 12-Step philosophy with psychotherapy, trauma treatment, physical exercise, healthy nutrition, acupuncture, yoga, meditation, and energy work. Trainees will be responsible for initial assessments, including biopsychosocial assessment, suicide risk, etc, clinical updates, collaborating with treatment team to determine diagnosis and prognosis, and providing weekly individual and family therapy.

### Theoretical Orientation

Psychodynamic, Client-Centered, Narrative, and Family Systems

### Possible Stipend

N/A

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Revised 01/2018