

# **ROBERT D. KERSEY, PhD, ATC**

**PROFESSOR – KINESIOLOGY**

**DIRECTOR – ATHLETIC TRAINING EDUCATION PROGRAM**

**DEPARTMENT OF KINESIOLOGY**

**CALIFORNIA STATE UNIVERSITY, FULLERTON**

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Fullerton, CA. 92834

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## **PROFESSIONAL EMPLOYMENT**

- **CALIFORNIA STATE UNIVERSITY, FULLERTON – FULLERTON, CA**
  - Professor – Department of Kinesiology**
  - Director – Athletic Training Program**
  - Dr. Kavin Tsang – Department Chair
  - August 02 – present
  - Associate Professor – Department of Kinesiology**
  - Director – Athletic Training Program**
  - August 97 – August 02
- **SAN JOSE STATE UNIVERSITY – SAN JOSE, CA**
  - Associate Professor – Human Performance**
  - Dr. James Bryant – Department Chair
  - August 94 – June 97
- **HARTNELL COLLEGE – SALINAS, CA**
  - Professor/Head Athletic Trainer**
  - Marv Grim – Dean of Physical Education
  - August 82 – May 95
- **SANTA RITA HIGH SCHOOL – TUCSON, AZ**
  - Head Athletic Trainer**
  - Pat Hale – Principal
  - August 81 – June 82
- **OREGON STATE UNIVERSITY – CORVALLIS, OR**
  - Intern Athletic Trainer**
  - Kevin O’Neill – Head Athletic Trainer
  - August 80 – June 81

## EDUCATION

- **GRADUATE:**
  - **University of New Mexico** **Ph.D. – Athletic Administration**  
 Graduation: May 1995 GPA – 3.96  
*Anabolic-Androgenic Steroid Use among California Community College Student-Athletes*
  - **University of Arizona** **M.S. – Physical Education**  
 Graduation with Honors: August 1982 GPA – 3.93
  
- **UNDERGRADUATE:**
  - **Oregon State University** **B.S. – Physical Education**  
 Graduation with High Scholarship: December 1980 GPA – 3.47

## PROFESSIONAL MEMBERSHIPS

- National Athletic Trainers' Association 1978 to present
- California Athletic Trainers' Association 1983 to present
- Far West Athletic Trainers' Association 1983 to present
- National Strength & Conditioning Association 1985 – 2014
- CSUF – KHS Student Association 1997 – 2003
- CSUF Athletic Training Club 1997 – 2003
- California Community College Athletic Trainers' Association 1992 – 1994
- American College of Sports Medicine 1983 – 1985
- Phi Epsilon Kappa National Honor Society 1994 – 1997
- San Jose State University – Sports Medicine Club 1994 – 1997
- Monterey County Sports Medicine Council 1983 – 1994
- National Education Association 1982 – 1994
- California Teachers' Association 1982 – 1994

## PROFESSIONAL CREDENTIALS

- Board of Certification: Certified Athletic Trainer (000100158) 1981 – present
- National Provider Identifier (1245267863) 2006 – present
- Emergency Cardiac Care Certification 1976 – present
- NSCA – Certified Strength & Conditioning Specialist (88765-88-06-24) 1988 – 2014
- NATA – Clinical Instructor Educator 2001 – 2012
- NATA – BOC: Certified Practical Examiner 1999 – 2007
- Emergency Medical Technician 1976 – 1980

## PEER-REVIEWED PUBLICATIONS

- **MANUSCRIPTS**

- Dudley, Pamukoff, Lynn, **Kersey**, & Noffal. A prospective comparison of lower extremity kinematics and kinetics between injured and non-injured collegiate cross country runners. *Human Movement Science*, April (52):197-202. 2017.
- Burnett, Brown, **Kersey**, & Tsang. Effect of Ankle Bracing vs. Taping on Vertical Jump Performance. *Journal of Athletic Enhancement*. 4(1): 2015.
- Ibanez, **Kersey**, Brown, & Tsang. Non-Therapeutic Insulin Use in Resistance-Trained Individuals. *Journal of Athletic Enhancement*. 3(3): 2014.
- **Kersey**, Elliott, Goldberg, Kanayama, Leone, Pavlovich & Pope. National Athletic Trainers' Association Position Statement: Anabolic-Androgenic Steroids. *Journal of Athletic Training*. 47(5):567-588. 2012.
- Franks, Brown, Coburn, **Kersey**, Bottaro. Effects of motorized vs. non-motorized treadmill training on hamstring/quadriceps strength ratios. *Journal of Sports Science & Medicine*. 11(1):71-76. 2012.
- Wolfe, Brown, Coburn, **Kersey**, Bottaro. Time course of the effects of static stretching on cycling economy. *Journal of Strength and Conditioning Research*. 25(11):2980-2984. 2011.
- Rapisura, Coburn, Brown & **Kersey**. Physiological Variables and Mouthguard Use in Females during Exercise. *Journal of Strength and Conditioning Research*. 24(5):1263-1268, 2009.
- Giacomazzi, Smith & **Kersey**. Analysis of the Impact Performance of Ice Hockey Helmets Using Two Different Test Methodologies. *Journal of American Standards & Testing Materials International*. 6(4):1-7, 2009.
- McClenton, Brown, Coburn & **Kersey**. The Effect of Vertimax vs. Depth Jump Training on Vertical Jump Performance. *Journal of Strength and Conditioning Research*. 22(2):321-325, 2008.
- **Kersey**. What Athletic Trainers Should Know About Androstenedione. *Athletic Therapy Today*. 6(1):59-63, 2001.

- Ransone, **Kersey** & Walsh. The Efficacy of the Rapid Form Cervical Vacuum Immobilizer on Cervical Spine Immobilization of the Equipped Football Player. *Journal of Athletic Training*. 35(1):65-69, 2000.
- **Kersey**. Primary Spontaneous Pneumothorax in a Collegiate Soccer Player. *Athletic Therapy Today*. 5(2): 48-49, 2000.
- **Kersey**. Acute subdural hematoma after a reported mild concussion: A case report. *Journal of Athletic Training*. 33(3): 264-68, 1998.
- Cameron, **Kersey** & Ransone. Avulsion of the Inferior Canaliculus in a Collegiate Wrestler: A Case Study. *Journal of Athletic Training*. 31(4): 352-55, 1996.
- **Kersey**. Anabolic-Androgenic Steroid Use Among California Community College Student-Athletes. *Journal of Athletic Training*. 31(3): 237-41, 1996.
- **Kersey**. Anabolic-Androgenic Steroid Use by Private Health Club/Gym Athletes. *Journal of Strength and Conditioning Research*. 7(2):118-126, 1993.
- **Kersey**. Achilles Tendon Injuries and Their Rehabilitation. *Annali dell'isef*. 1(4):43-66, 1985.
- **Kersey** & Rowan. Injury Account during the 1980 N.C.A.A. Wrestling Championships. *American Journal of Sports Medicine*. 11(3):147-151, 1983.
- O'Connor & **Kersey**. Achilles Peritendinitis. *Athletic Training: Journal of the National Athletic Trainers' Association*. 15(3):159-166, 1980.
- **SPECIAL SERIES / MONOGRAPHS**
  - **Kersey**. Selection, Fitting, Care, & Use of Equipment. *Play Safe – NFL Youth Football Health and Safety Series*. 38-39. 2003.
- **ABSTRACTS**
  - Thomas, Judelson, Bagley, Coburn, **Kersey** & Rubin. Effect of Caffeine Supplementation on Cycling Performance during Cold Stress. *Medicine & Science in Sports & Exercise*. 42:(5S), 2010.
  - Dabbs, Hurst, **Kersey**, Perell, Barr & Brown. The effect of time on navicular height with low-dye arch taping. *Medicine & Science in Sports & Exercise*. 41:(5S), 2009.

- Giacomazzi, Smith & **Kersey**. Analysis of the impact performance of ice hockey helmets using two different test methodologies. *Proceedings – 5<sup>th</sup> International Symposium on Safety in Ice Hockey*. 2008.
- McClenton, Brown, Coburn & **Kersey**. The effect of short-term VertiMax vs. depth jump training on vertical jump performance. *Journal of Strength and Conditioning Research*. 21(4):e26, 2007.
- Janke, **Kersey**, Zinder & Koutures. Effects of Headgear on Reducing Neurocognitive Impairment Due to Heading. *Journal of Athletic Training*. 42(S):S-28, 2006.
- Soungatoulin, Beam, **Kersey** & Peterson. Comparative Effects of “Traditional” vs. “Periodized” Intensity Training on Cycling Performance. *Medicine & Science in Sports & Exercise*. 35(5): S-35, 2003.
- Noffal, **Kersey** & Zahorski. A comparison between passive and reactive eccentric peak torques. *Proceedings – 25<sup>th</sup> National Strength and Conditioning Association Conference*. 487, 2002.
- Smedley, Noffal, **Kersey** & Max. Concentric Shoulder External to Internal Strength Ratios for Collegiate Athletes and Non-Athletes. *Journal of Athletic Training*. 36(2): S-52, 2001.
- Gil-Alviso, **Kersey** & Beam. Balance Measures of Collegiate Soccer Players Who Did and Did Not Sustain Ankle and/or Knee Injuries. *Journal of Athletic Training*. 36(2): S-75, 2001.
- **Kersey**. Insidious Leg and Lumbar Pain in a Cross-Country Runner *Journal of Athletic Training*. 5(2): S-6, 2000.
- **Kersey**, Mumaw, Max, Smedley & Garza. Pulmonary Emergency in a Collegiate Soccer Player. *Journal of Athletic Training*. 33(2): S-32, 1998.
- **Kersey**. Life-Threatening Head Injury Following a Concussion in a Collegiate Football Player. *Journal of Athletic Training*. 32(2): S-16, 1997.
- Welker & **Kersey**. Isokinetic Strength Differences in Athletes with and without a History of Exercise Induced Leg Pain. *Journal of Athletic Training*. 32(2): S-32, 1997.
- **Kersey**. Anabolic-Androgenic Steroid Use among California Community College Student-Athletes. *Athletic Training – Journal of the National Athletic Trainers’ Association*, 30(2): S-40, 1995.

- **Kersey**. Anabolic-Androgenic Steroid Use among California Community College Student-Athletes *Journal of Strength and Conditioning Research*. 9(S):282. 1992.

## CURRENT RESEARCH

- **MANUSCRIPTS IN PROGRESS**

- Alway, Coburn, **Kersey**, & Tsang. Superficial Thermal Modalities Influence on Soleus Function. *Journal of Sports Rehabilitation*. (in review)

## PEER-REVIEWED PRESENTATIONS AND/OR POSTERS

- Dudley, Noffal, Lynn, & **Kersey**. A Prospective Biomechanical Analysis of Injuries in Collegiate Cross Country Runners. *American College of Sports Medicine Annual Meeting*. Boston, MA. June 2016.
- Cytokine responses to acute intermittent aerobic exercise in children with Prader-Willi syndrome and non-syndromic obesity. Duran, Gertz, Judelson, Tsang, **Kersey**, Haqq, & Rubin. *Southwest American College of Sports Medicine Annual Meeting*. Newport Beach, CA. October 2014.
- Differences between hip abductor and adductor strength and medial tibial stress syndrome in collegiate distance runners. Soria, Coburn, Brown, **Kersey**. *Southwest American College of Sports Medicine Annual Meeting*. Newport Beach, CA. October 2014.
- Gougeon, Johnson, Lynn, Noffal, & **Kersey**. Effects of Unilateral Knee Bracing on Kinematics and Kinetics of Lower Extremities During Drop Landing. *Southwest American College of Sports Medicine Annual Meeting*. Newport Beach, CA. October 2013.
- Alway, Coburn, **Kersey**, & Tsang. Superficial Thermal Modalities Influence on Soleus Function. *Far West Athletic Trainers' Association Annual Meeting & Clinical Symposia*. Sacramento, CA. April 2013.
- Ramirez, Brown, Almstedt, **Kersey**, & Shoepe. Effect of Ankle Supports on Vertical Jump and Mental Perception. *Southwest American College of Sports Medicine Annual Meeting*. Newport Beach, CA. October 2012.
- Ibanez, **Kersey**, Brown, Tsang. Prevalence of Non-Therapeutic Insulin Use in Resistance-Trained Individuals. *Far West Athletic Trainers' Association Annual Meeting & Clinical Symposia*. San Diego, CA. April 2012.

- Burnett, Brown, **Kersey**, Tsang. Effect of Ankle Taping vs. Bracing on Vertical Jump Height and Range of Motion. *Far West Athletic Trainers' Association Annual Meeting & Clinical Symposia*. San Diego, CA. April 2012.
- Ramirez, Brown, Almstedt, **Kersey**, Shoepe. Effect of Ankle Support on Performance, Range of Motion, and Perception. *Far West Athletic Trainers' Association Annual Meeting & Clinical Symposia*. San Diego, CA. April 2012.
- Franks, Tufano, Cazas, Ng, **Kersey**, Coburn, & Brown. Effects of Motorized vs. Non-Motorized Treadmill Training on Functional Hamstring/Quadriceps Strength Ratios. *National Strength and Conditioning Association Annual Meeting*, Las Vegas, NV. July 2011.
- Wolfe, Brown, Coburn, **Kersey**, & Bottaro. Acute Effects of Static Stretching on Cycling Economy. *National Strength and Conditioning Association Annual Meeting*, Las Vegas, NV. July 2011.
- Judelson, Thomas, Coburn, **Kersey**, Rubin, Bagley, & Ng. Effect of caffeine supplementation on catecholamine and metabolic responses to exercise in cold conditions. *American College of Sports Medicine – Annual Meeting*. Denver, CO, June 2011.
- Bezalel, Brown, **Kersey**, Tsang & Lynn. Effect of Ankle Taping vs. Bracing on Ground Reaction Force during a Cutting Maneuver. *Far West Athletic Trainers' Association Annual Meeting & Clinical Symposia*. Las Vegas, NV. April 2011
- Thomas, Judelson, Bagley, Coburn, **Kersey** & Rubin. Effect of Caffeine Supplementation on Cycling Performance during Cold Stress. *American College of Sports Medicine – Annual Meeting*, Baltimore, MD. June 2010.
- Dabbs, Hurst, **Kersey**, Perell, Barr & Brown. The effect of time on navicular height with low-dye arch taping. *American College of Sports Medicine – Annual Meeting*. Seattle, WA. June 2009.
- Giacomazzi, **Kersey**, Wiersma & Rice. Impact performance of ice hockey helmets. *Far West Athletic Trainers' Association – Annual Meeting & Clinical Symposia*. San Diego, CA. April 2009.
- Rapisura, Coburn, Brown & **Kersey**. Physiological variables and mouthguard use in females during exercise. *Southwest American College of Sports Medicine – Annual Meeting*. San Diego, CA, November 2008

- Giacomazzi, Smith & **Kersey**. Analysis of the Impact Performance of Ice Hockey Helmets Using Two Different Test Methodologies. *ASTM 5<sup>th</sup> International Symposium on Safety on Ice Hockey*. Denver, CO. April 2008.
- McClenton, Brown, Coburn & **Kersey**. The effect of short-term VertiMax vs. depth jump training on vertical jump performance. *National Strength & Conditioning Association – Annual Meeting*. Atlanta, GA, July 2007.
- Janke, **Kersey**, Zinder, Smedley & Koutures. Effects of headgear on reducing neurocognitive impairment due to heading. *National Athletic Trainers’ Association – Annual Meeting and Clinical Symposium*. Anaheim, CA. June 2007.
- Janke, **Kersey**, Zinder, Smedley & Koutures. Soccer headgear efficacy in collegiate student-athletes. *Far West Athletic Trainers’ Association – Annual Meeting and Clinical Symposium*. Las Vegas, NV. April 2007.
- Soungatoulin, Beam, **Kersey** & Peterson. Comparative Effects of “Traditional” vs. “Periodized” Intensity Training on Cycling Performance. *American College of Sports Medicine – Annual Meeting*. San Francisco, CA. June 2003.
- Noffal, **Kersey** & Zahorski. A comparison between passive and reactive eccentric peak torques. *National Strength & Conditioning Association – Annual Meeting*. Las Vegas, NV. July 2002.
- Smedley, Noffal, **Kersey** & Max. Concentric Shoulder External to Internal Strength Ratios for Collegiate Athletes and Non-Athletes. *National Athletic Trainers’ Association – Annual Meeting and Clinical Symposium*. Los Angeles, CA. June 2001.
- Gil-Alviso, **Kersey** & Beam. Balance Measures of Collegiate Soccer Players Who Did and Did Not Sustain Ankle and/or Knee Injuries. *National Athletic Trainers’ Association – Annual Meeting and Clinical Symposium*. Los Angeles, CA. June 2001.
- **Kersey**. Insidious Leg and Lumbar Pain in a Cross-Country Runner. *National Athletic Trainers’ Association – Annual Meeting and Clinical Symposium*. Nashville, TN. June 2000.
- **Kersey**, Mumaw, Max, Smedley & Garza. Pulmonary Emergency in a Collegiate Soccer Player. *National Athletic Trainers’ Association – Annual Meeting and Clinical Symposium*. Baltimore, MD. June 1998.
- **Kersey**. Life-Threatening Head Injury Following a Concussion in a Collegiate Football Player. *National Athletic Trainers’ Association – Annual Meeting and Clinical Symposium*. Salt Lake City, UT. June 1997.



- Welker & Kersey. Isokinetic Strength Differences in Athletes with and without a History of Exercise Induced Leg Pain. *National Athletic Trainers' Association – Annual Meeting and Clinical Symposium*. Salt Lake City, UT. June 1997.
- Kersey. Anabolic-Androgenic Steroid Use Among California Community College Student-Athletes. *National Athletic Trainers' Association – Annual Meeting and Clinical Symposium*. Indianapolis, IN. June 1995.

## INVITED PRESENTATIONS

- Sport and Exercise Ergogenics – Who Cares? Bloomington, IN  
  - *University of Indiana Graduate AT Program On-Line Webinar* March 2017
- Health Professions in Sport & Exercise Fullerton, CA  
  - *Troy High School* April 2017
- Sport and Exercise Ergogenics: Who Cares? Springfield, MA  
  - *Springfield College - Karpovich Lecture* April 2016
- Doping in Sport & Exercise: Pharmacological & Philosophical Perspectives St. Louis, MO  
  - *NATA Annual Clinic & Symposium* June 2015
- NATA Position Statement: Anabolic-Androgenic Steroids Bloomington, IN  
  - *University of Indiana Graduate AT Program On-Line Webinar* April 2015
- Doping in Sport & Exercise: Pharmacological & Philosophical Perspectives San Diego, CA  
  - *FWATA Annual Clinic & Symposium* April 2015
- The Use, Misuse, and Abuse of Anabolic-Androgenic Steroids Orange, CA  
  - *Chapman University* April 2015
- Anabolic-Androgenic Steroids: Their Abuse in Strength & Conditioning Orange, CA  
  - *Chapman University* April 2014
- Ottawa Ankle Rules: Implications for the School Nurse Fullerton, CA  
  - *OC Department of Education & CSUF School of Nursing* September 2013
- NATA Position Statement: Anabolic-Androgenic Steroids Indianapolis, IN  
  - *ACSM Annual Meeting and World Congress* May 2013
- NATA Position Statement: Anabolic-Androgenic Steroids Orange, CA  
  - *Chapman University* April 2013
- NATA Position Statement: Anabolic-Androgenic Steroids Bloomington, IN  
  - *University of Indiana Graduate AT Program On-Line Webinar* March 2013
- Anabolic-Androgenic Steroids La Verne, CA  
  - *3<sup>rd</sup> Annual California Athletic Trainers' Association State Symposium* February 2013
- NATA Position Statement: Anabolic-Androgenic Steroids Dallas, TX  
  - *NATA On-Line Webinar* January 2013
- All the "Roid Rage" – What Every AT Should Know About AAS St Louis, MO  
  - *NATA Annual Clinic & Symposium* June 2012
- Anabolic-Androgenic Steroids: What does the evidence suggest? Dallas, TX  
  - *NATA On-Line Webinar* October 2011

- Anabolic Agents and Sports
  - *Southern Orange County Orthopedics Sports Medicine Conference* Mission Viejo, CA  
June 2011
- All the Rage: Anabolic-Androgenic Steroids
  - *FWATA Annual Clinic & Symposium* Honolulu, HI  
July 2010
- Anabolic-androgenic steroids: What we know and what we can learn
  - *NATA Annual Clinic & Symposium* Philadelphia, PA  
June 2010
- Triathlon Injuries: Epidemiology & Preventive Strategies
  - *CSUF Triathlon Club* Fullerton, CA  
March 2010
- Clinical Exercise Model: Concerns for the Strength Professional
  - *NSCA International Clinic of Spain* Madrid, SPAIN  
November 2008
- Drug Testing for AAS in High School & Intercollegiate Athletes
  - *Practical Applications in Sports Medicine* Palm Springs, CA  
June 2008
- What's in the Spinach? Education and Testing for Anabolic Steroids
  - *Public Risk Management Association Annual Conference* Anaheim, CA  
June 2008
- The Athletic Trainer Perspective of Anabolic-Androgenic Steroids
  - *Chapman University Sports Medicine Conference Keynote* Orange, CA  
May 2008
- Anabolic Ergogenics Update
  - *NCSA 2008 Bridging the Gap Symposium* Fullerton, CA  
February 2008
- Anabolic-Androgenic Steroids in Athletics
  - *Professional Baseball AT Society* San Diego, CA  
February 2008
- Anabolic-Androgenic Steroids, Yesterday, Today, & Tomorrow
  - *NATA District 8 Annual Clinic & Symposium* Las Vegas, NV  
April 2007
- Exercise Choices: Pathologic vs. Elite Model
  - *Chinese National Olympic Coaches* Fullerton, CA  
July 2007
- Sports Health Care Professions in the US
  - *IKEN University, Tokyo, JAPAN* Fullerton, CA  
May 2006
- Fitness Professions in the US
  - *IKEN University, Tokyo, JAPAN* Fullerton, CA  
May 2006
- Therapeutic Exercise in Rehabilitation
  - *Inland Valley Athletic Training Student Workshop* Chino Hills, CA  
April 2005
- Anabolic Ergogenics – THG to Testosterone
  - *NATA Annual Clinic & Symposium* Baltimore, MD  
June 2004
- Sport Concussions
  - *Inland Valley Athletic Training Student Workshop* Chino Hills, CA  
March 2004
- Sport Ergogenics
  - *Arizona School for the Health Sciences* Mesa, AZ  
January 2004
- Ergogenics and the High School Athlete
  - *Pomona Unified High School Parent-Teachers* Pomona, CA  
October 2003
- Ergogenic Herbals
  - *NATA District 8 Annual Clinic & Symposium* Las Vegas, NV  
April 2003
- Injury Prevention
  - *Center / Advancement of Responsible Youth Sport* Fullerton, CA  
March 2003

- Sport Ergogenics  
○ *Arizona School for the Health Sciences* Mesa, AZ  
January 2002
- Diagnostic Imaging Techniques & the Athletic Trainer  
○ *NATA Annual Clinic & Symposium* Los Angeles, CA  
June 2001
- Imaging Techniques: "Can't we just get an MRI?"  
○ *NATA District 8 Annual Clinic & Symposium* San Diego, CA  
April 2001
- The Athletic Use of Ergogenic Aids  
○ *Arizona School for the Health Sciences* Mesa, AZ  
January 2001
- Professional Characteristics of the Athletic Trainer  
○ *Japanese College of Sports and Recreation* Fullerton, CA  
December 2000
- Medications and the ATC  
○ *NATA District 8 Annual Clinic & Symposium* Las Vegas, NV  
April 2000
- Ergogenic Aids in Sport  
○ *Arizona School for the Health Sciences* Phoenix, AZ  
January 2000
- The Use of Androstenedione & Creatine Monohydrate  
○ *NSCA State Directors Spring Meeting* Pasadena, CA  
May 1999
- Andro, DHEA, & Creatine: Similarities & Differences  
○ *NATA District 8 Annual Clinic & Symposium* Reno, NV  
April 1999
- Ergogenic Aids and Their Use by Athletes  
○ *Arizona School for the Health Sciences* Phoenix, AZ  
Jan 1999
- The Athletic Use of Creatine Monohydrate  
○ *CATA – Region II Conference* Oakland, CA  
May 1998
- Creatine Supplements – What the Experts are Saying  
○ *CATA – Region IV Meeting* San Diego, CA  
May 1998
- Performance Enhancing Agents in Sport  
○ *Kirkville College of Osteopathic Medicine* Phoenix, AZ  
January 1998
- Subdural Hematoma in a Collegiate Football Athlete  
○ *CATA – Video Conference* Fullerton, CA  
December 1997
- Creatine: Should We Be Concerned About Its Use?  
○ *CATA – Region V Meeting* Fullerton, CA  
November 1997
- Selected Ergogenic Aids in Sports  
○ *Kirkville College of Osteopathic Medicine* Phoenix, AZ  
January 1997
- Certified Personal Trainers - Emergency and Legal Issues  
○ *NSCA - Essentials of Personal Training Symposium* San Jose, CA  
December 1996
- Basketball Injuries: Prevention and Treatment  
○ *San Jose Ninja Basketball Annual Clinic & Seminar* Santa Clara, CA  
September 1996
- Anabolic-Androgenic Steroids: Physical Health Effects  
○ *USA Track & Field Sports Medicine Symposium* Orlando, FL  
June 1996
- Ergogenic Aids: Use and Abuse by Athletes  
○ *Foothill College Sports Medicine Club Annual Retreat* Los Altos, CA  
August 1995
- Emergency and Legal Issues in Personal Training  
○ *NSCA - Essentials of Personal Training Symposium* San Jose, CA  
December 1994

- Functional Plyometrics in the Classroom
  - *East Side Union High School District In-Service* San Jose, CA  
October 1994
- Athletic Injury Evaluation
  - *Monterey County Schools Physical Educators In-Service* Salinas, CA  
October 1992
- Injuries to Female Volleyball Athletes
  - *Hartnell College Annual Volleyball Clinic* Salinas, CA  
July 1990 – 94
- Prevention of Injuries to Basketball Players
  - *Hartnell College Annual Basketball Camp* Salinas, CA  
June 1983 – 94
- Nutrition for Athletic Performance
  - *Monterey County Schools Physical Educators In-Service* Salinas, CA  
October 1991
- Anabolic Steroids and Strength Training
  - *24 Hour Nautilus Employees & Staff In-Service Training* Albuquerque, NM  
April 1990
- Taping Techniques in Sports Medicine
  - *Alisal High School Coaching Clinic* Salinas, CA  
October 1989
- Prevention of Athletic Injuries in Football
  - *Monterey Professional Football Players Annual Clinic* Monterey, CA  
July 1987 – 90
- Careers in Sports Medicine
  - *Salinas Valley Area Schools Career Day* Salinas, CA  
April 1987
- Lower Extremity Injuries in Athletes
  - *Monterey Sports Medicine Society – Annual Symposium* Monterey, CA  
March 1983

## **PRESENTATION MODERATOR**

- Evaluation and Treatment of Shock
  - *FWATA Annual Clinic & Symposium* Las Vegas, NV  
April 2017
- Surgical Techniques Feature Presentation
  - *NATA Annual Clinic & Symposium* Las Vegas, NV  
June 2013
- FWATA Education Update
  - *FWATA Annual Clinic & Symposium* Sacramento, CA  
April 2013
- FWATA Education Update
  - *FWATA Annual Clinic & Symposium* San Diego, CA  
April 2012
- Neurac Techniques
  - *NATA Annual Clinic & Symposium* St. Louis, MO  
June 2008
- Doping Issues in Human Performance: A Global Perspective
  - *NATA Annual Clinic & Symposium* Anaheim, CA  
June 2007
- Bridging the Gap: Rehabilitation to Full Functional Capacity
  - *NATA Annual Clinic & Symposium* Baltimore, MD  
June 2006
- Recognition and Management of SLAP Lesions
  - *NATA Annual Clinic & Symposium* Indianapolis, IN  
June 2005
- Pilates Approach to Rehabilitation
  - *NATA Annual Clinic & Symposium* Indianapolis, IN  
June 2005

- Positional Release Therapy Techniques Indianapolis, IN
  - *NATA Annual Clinic & Symposium* June 2005
- Common Finger and Thumb Injuries in Sport (J& J Symposium) St. Louis, MO
  - *NATA Annual Clinic & Symposium* June 2003
- Joint Mobilizations of the Extremities St. Louis, MO
  - *NATA Annual Clinic & Symposium* June 2003

## GRADUATE THESES/DISSERTATIONS COMMITTEES

- **Alway:** *Thermotherapy and Cryotherapy Effects on Hoffman Reflex*
- **Baker:** *A History of Athletic Training Clinical Education and Its Implications for EL ATEPs*
- **Bauer:** *Dehydration Effects on Neuropsychologic Testing Using ImpACT*
- **Bezalel:** *The Effects of Ankle Taping or Bracing on Ground Reaction Force During Cutting*
- **Burnett:** *Ankle Bracing Effects on Ground Reaction Forces - Burnett*
- **Calkins:** *Mental Training Workbook for the Ironman Triathlete*
- **Chu:** *Corticosteroid Injection Therapy Among NCAA Student-Athletes*
- **de Gracia:** *Effects of Exertion on Neurocognitive Function, as Measured by the SCAT2*
- **Dabbs:** *The effect of time on navicular height with low-dye arch taping.*
- **Dreyer:** *Ball velocity and kinematics in baseball catchers throwing to second base*
- **Dudley:** *Biomechanical Differences in Injured vs. Non-Injured NCAA XC Runners*
- **Dunn:** *Assessment of First Aid Knowledge and Decision Making of High School Coaches*
- **Duran:** *Inflammatory Responses to Endurance Exercise in Prader-Willi Syndrome Children*
- **Engel:** *Social Support of the Season Ending Injured Athlete*
- **Franks:** *Effects of Motorized vs. Non-Motorized Treadmill Training on HQ Strength Ratios*
- **Giacomazzi:** *Analysis of the Impact Performance of Ice Hockey Helmets*
- **Gil-Alviso:** *Balance of Collegiate Soccer Players Who Did and Did Not Sustain Injuries*
- **Gordon:** *Effects of Structural Foot Support on Mechanics & Muscle EMG in Cycling*
- **Gougeon:** *Kinematics & Kinetics of Unilateral Knee Bracing During Drop Landing*
- **Gould:** *Multimedia Interactive Computer Assisted Learning (MICAL) for Athletic Trainers*
- **Griebe:** *Post-Rehabilitation Exercise for Patellofemoral Pain Syndrome*
- **Hostert:** *Effects of Kinesio Tex Tape vs. Compression Stocking in Reducing Lymphedema*
- **Hurst:** *The Effectiveness of Low-Dye & Navicular Strap on Foot Pronation after Running*
- **Ibanez:** *Prevalence of Non-Therapeutic Insulin Use in Resistance Trained Individuals*
- **Janke:** *Effects of Headgear on Reducing Neurocognitive Impairment Due to Heading*
- **Kong:** *On-Line Athletic Training Clinical Scenarios*
- **Maloney:** *Investigation of Potential Ergogenic Effects of Selected Dietary Supplements*
- **Matanis:** *ATS Scenarios*
- **McClenton:** *The effect of short-term VertiMax vs. depth jump training on performance*
- **Newman:** *Self-Help Fitness Training Manual*
- **O'Neill:** *Effects of Cryotherapy Application Time on Pain Control*
- **Pierra:**
- **Ramirez:** *Effect of Ankle Support on Performance, Range of Motion, and Perception*

- **Rapisura:** *Physiological variables and mouthguard use in females during exercise*
- **Smedley:** *Peak Torques of the Shoulder Rotators in Throwing Athletes and Non-Athletes*
- **Soria:** *Hip Abduction Strength and Medial Tibial Stress Syndrome*
- **Soungatoulin:** *Exercise Tests of Cyclists to Predict Performance and Assess Changes*
- **Thomas:** *Ergogenic Effects of Caffeine on Trained Cyclists in Cold Environment*
- **Ushijima:** *CSUF – Post-Certification Graduate ATEP Initial Self-Study Report*
- **Welker:** *Isokinetic Strength Differences in Athletes With & Without a History of Leg Pain*
- **Wolfe:** *Acute Effects of Static Stretching on Cycling Economy*

## SCHOLARLY PEER-REVIEWS

- **TEXTBOOKS**
  - **Athletic Therapy Today**
    - Sports Injuries. Lippencott Williams & Wilkins. 2001.
    - Sports Injuries – Their Prevention and Treatment. Human Kinetics. 2001.
    - Sports Medicine – A Comprehensive Approach. Mosby. 2005.
    - Athletic Training & Sports Medicine. Jones & Bartlett. 2006.
    - Research in Athletic Training. SLACK, Inc. 2001.
    - Research Methods in Athletic Training. FA Davis. 2005.
    - Peripheral Nerve Injuries in the Athlete. Human Kinetics. 2003
    - Diagnosis & Management of Peripheral Nerve Disorders. Oxford Press. 2001.
    - Tunnel Syndromes. CRC Press. 2001.
    - Dorland’s Illustrated Medical Dictionary. WB Saunders. 2003
    - Mosby’s Dictionary of Medicine, Nursing, & Health Professions. Mosby. 2006.
    - Stedman’s Medical Dictionary. Lippencott, Williams-Wilkins. 2005.
    - Taber’s Cyclopedic Medical Dictionary. FA Davis. 2005
    - Mosby’s Complementary & Alternative Medicine. Mosby. 2004.
    - Complimentary Sports Medicine. HK. 1999.
    - Fundamentals of Complementary & Alternative Medicine. Churchill. 2001.
    - Preparing for the Athletic Trainers Certification Exam. HK. 2002.
    - Study Guide for the NATA Board of Certification. FA Davis. 2002.
    - Athletic Training Study Guide to Success. SLACK. 2000.
    - Imaging in Musculoskeletal and Sports Medicine. Blackwell Science. 2001.
    - Atlas of Imaging in Sports Medicine. McGraw-Hill. 2001.
    - Radiological Imaging of Sports Injuries. Springer-Verlag. 2001.
    - Clinical Orthopaedic Rehabilitation. Elsevier. 2003.
    - Orthopaedic Physical Therapy. Elsevier. 2001.
    - Rehabilitation for the Postsurgical Orthopedic Patient. Elsevier. 2001.
    - Surface Anatomy – Anatomical Basis of Clinical Evaluation. Churchill. 2002.
    - Anatomy – Palpation and Surface Markings. Butterworth. 2002.
    - Atlas of Palpatory Anatomy of Limbs and Trunk. Icon Learning. 2003.
    - Steroids and the Athlete. McFarland. 2002.
    - Anabolic Steroids in Sport and Exercise. HK. 2000.

- Anabolic Therapy in Modern Medicine. McFarland. 2002.
- Sports Supplements. Lippencott Williams & Wilkins. 2001.
- Performance Enhancing Substances in Sport and Exercise. HK. 2002.
- The Ergogenics Edge. HK. 2000.
- Clinical Biomechanics. Churchill. 2000.
- Skeletal Tissue Mechanics. Springer-Verlag. 1998.
- Biomechanics of Musculoskeletal Injury. HK. 1998.
- Nutrition for Sport and Exercise. Aspen Publishing. 1998.
- Clinical Sports Nutrition. McGraw-Hill. 2000.
- Nutrition in Sport. Blackwell Science. 2000.
- Sport and Exercise Pharmacology. CRC Press. 1996.
- Therapeutic Medications in Sports Medicine. Williams & Wilkins. 1998.
- Pharmacology for Athletic Trainers. HK. 1998.
- Performance Enhancing Substances in Sport and Exercise. 2002.
- Mosby's Sports Therapy Taping Guide. Mosby. 1995.
- Athletic Taping and Bracing. HK. 1995.
- Pathophysiology for the Health Professions. WB Saunders. 2002.
- Understanding Pathophysiology. Mosby. 2004.
- Pathophysiology – The Biologic Basis for Disease. Mosby. 2004.
- The Practical Guide to Range of Motion Assessment. AMA Press. 2002.
- Measurement of Joint Motion – A Guide to Goniometry. FA Davis. 2003.
- Joint Motion Clinical Measurement and Evaluation. Elsevier. 2003.
- **Journal of Athletic Training**
  - Stronger Abs and Back. HK. 1997.
  - Performance-Enhancing Substances in Sport and Exercise. HK. 2002.
  - Essentials of Strength Training and Conditioning. HK 2000.
- **MANUSCRIPTS**
  - **Journal of Athletic Training**
    - Comparison of Dietary Supplement Use and Anti-Doping Awareness between High-Level Japanese and Korean Judoists
    - A ten-year assessment of anabolic steroid misuse among competitive athletes in Puerto Rico
    - Effect of Vitamin C Supplementation on Various Elements in Elite Taekwondo Players," submitted to the Journal of Athletic Training?
    - Beliefs on Doping Use Among (NATIONALITY) Athletes
    - The effect of creatine supplementation on anterior compartment pressure during exercise in the heat in dehydrated trained individuals.
    - Influence of creatine on exercise heat tolerance in dehydrated men.
    - Longitudinal investigation into the coping and adaptation responses of student athletic trainers.

- The perception of superintendents, principals, and athletic directors concerning the need for, willingness to hire, and important factors in hiring certified athletic trainers in high schools.
- Toward and understanding of athletic training students' mentoring experiences: A grounded theory approach.
- Brain-compatible learning: Principles and applications in athletic training.
- Changes in lower leg anterior compartment pressure prior to, during, and following creatine supplementation.
- Student-athlete perceptions about nutritional supplements and the role of certified athletic trainers in nutrition counseling.
- Rehabilitation of elbow dislocations with early motion.
- Management of cerebral concussion: The athletic trainer's perspective.
- Mentoring and networking among athletic training curriculum directors.
- Syncope and atypical chest pain in an intercollegiate wrestler caused by a metabolic stimulant.
- The use of alcohol among NCAA Division I female college basketball, softball, and volleyball athletes.
- Effects of two preseason football training programs on conditioning injuries associated with Omni turf.
- Body composition assessment and minimal weight recommendations for high school wrestlers.
- Salary survey of certified athletic trainers in Delaware, New Jersey, New York, and Pennsylvania.
- Infectious waste disposal plan of the high school athletic trainer.
- **Athletic Therapy Today**
  - Does caffeine work as an ergogenic aid? The latest research reports.
  - Injuries and youth sport.
  - Ritalin: Concerns for the athletic trainer.
  - Philosophy of complementary sports medicine.
  - Androstenedione and anabolic-androgenic steroids.
  - Athletic trainers and the Fair Labor Standards Act.
- **International Journal of Sports Medicine**
  - Prevention of orofacial injury via the use of mouthguards during athletic activities
- **Journal of Athletic Enhancement**
  - Traditional Cryotherapy Treatments are More Effective than Game Ready® on Medium Setting at Decreasing Sinus Tarsi Tissue Temperatures in Uninjured Subjects.
  - The Effects of Anabolic Androgenic Steroids on Performance and its Adverse Side Effects on Athletes.



- A Tennis Ball Induced Contusion on the Human Thigh is an Effective Model for Superficial Injury.
  - The use of work place physiological measurements to establish the minimum fitness standards required for entry into the United Kingdom Police Service.
  - Beta-alanine supplementation improves jumping power and affects supramaximal performance in professional alpine skiers.
- **VIDEOTAPES**
    - Teaching Flexibility. 1998.
  - **GRANTS**
    - Single Kidney and Sports Participation. NATA-Foundation. 2005.

## PROFESSIONAL SERVICE

- NATA Research & Education Foundation – Strategic Plan Committee (ad hoc) 2017
- External Peer Personnel Reviewer – Oregon State University 2016
- CSUF – Department of Health Science Personnel Committee Chair 2016 – 2017
- NATA Research & Education Foundation Board – VP for Governance 2014 – 2018
- NATA Research & Education Foundation – Executive Committee 2014 – 2018
- NATA Research & Education Foundation Board – Awards Committee 2014 – 2018
- International Journal of Sports Medicine Manuscript Reviewer 2014 – present
- FWATA Annual Meeting – Educational Program Committee (ad hoc) 2013 - 2014
- German Academy of Applied Sports Medicine – Academic Council 2005 – present
- Mt San Antonio College – AT Aide Advisory Board 2004 – present
- AT Still University – Sports Health Care Advisory Board 2001 – present
- Journal of Athletic Training Manuscript Reviewer 1995 – present
- Editorial Board – Journal of Athletic Enhancement 2011 – 2015
- CSUF – Department of Kinesiology Personnel Committee Chair 2013 – 2014
- CSUF – Department of Kinesiology Miscellaneous Course Fee Committee 2009 – 2015
- Rosary High School – Athletic Medicine Advisory Board 2010 – 2014
- NATA Research & Education Foundation Board District 8 Director 2008 – 2014
- CSUF – Search Committees
  - Dept of Kinesiology ATP Director Tenure Track (Chair) 2017 – 2018
  - DIA: Assistant Athletic Trainer (Track & Field) 2015
  - DIA: Assistant Athletic Trainer (Men’s Basketball) 2014
  - DIA: Assistant Athletic Trainer (Women’s Basketball) 2012
  - Dept of Kinesiology Athletic Training Tenure Track (Chair) 2014 – 2015
  - Dept of Kinesiology Athletic Training Tenure Track (Chair) 2007 – 2008
  - DIA: Assistant Athletic Trainer (Women’s Basketball) 2006
  - KHS: Clinical Exercise Science Tenure Track 2003 – 2004

- KHS: Clinical Exercise Science Tenure Track 2003 – 2004
- KHP: Athletic Training Tenure Track (Chair) 2002 – 2003
- KHP: Athletic Training Tenure Track (Chair) 2001 – 2002
- DIA: Head Women's Soccer Coach 2000
- DIA: Asst Men's Basketball Coach 1999
- Student Health Center: Athletic Trainer 1998
- CSUF – Division/Department of KHS: Undergraduate Committee 2001 – 2013
- La Puente ROP District Advisory Board 2011 – 2013
- CSUF – Department of Health Science Personnel Committee 2011 – 2012
- CSUF – Department of Kinesiology Personnel Committee (adjunct) 2009 – 2013
- NATA – Anabolic-Androgenic Steroid Position Statement Chair 2006 – 2012
- Cerritos College – Athletic Training Advisory Board 2001 – 2012
- Center for Advancement of Responsible Youth Sport – Advisory Board 2003 – 2009
- External Peer Personnel Reviewer – University of South Florida 2011
- FWATA Student Leadership Breakfast – invited mentor 2006, 07, 10-16
- CSUF – School of Nursing Personnel Committee (adjunct) 2010 – 2011
- External Peer Personnel Reviewer – Chapman University 2009
- East San Gabriel ROP Health Career Advisory Board 2005 – 2009
- Editorial Board – Athletic Therapy Today 2000 - 2008
- CSUF – Department of Kinesiology Personnel Committee 2002 – 2008
- CSUF – Department of Health Science Personnel Committee 2006 – 2008
- College of Human Development & Community Service
  - Assistant Graduation Marshal 1999, 2003, 2004, 2006, 2008
- NATA – Convention Program Committee: Host Committee Co-Chair 2006 – 2007
- CSUF – ATEP Self-Study Committee Chair 2005 – 2007
- External Peer Personnel Reviewer – University of Nevada Las Vegas 2006
- NATA – National Convention Committee 2000 – 2004
  - Workshop Chairperson 2003 – 2004
  - Symposia Chairperson 2002 – 2003
  - Mini-Courses Chairperson 2001 – 2002
- CSUF – Executive Board – Associated Students Inc. 2001 – 2003
- NATA – District 8: Research & Grants Committee 1996 – 2003
  - Chairperson 1997 – 2003
- NATA – Board of Certification: Standards Committee 1997 – 2003
- CSUF: Athletic Training Club Faculty Advisor 1997 – 2003
- CSUF – Chair Athletic Training Self-Study Committee 1997 – 2001
- CSUF – Division of KHP: Technology Committee 1997 – 2000
- External Peer Personnel Reviewer – Boston University 2000
- NSCA: Performance Enhancing Substance Committee 1995 – 1998
- CSUF – KHP: Curriculum & Academic Affairs Committee 1997 – 1998
- NATA – District 8: Education Sub-Committee 1996 – 1997
- SJSU – HuP Department: Undergraduate Committee 1995 – 1997

- CATA: Committee on Performance Enhancing Drugs 1995 – 1997
- CATA – Region I: ATC Representative 1995 – 1997
- SJSU: Sports Medicine Club Faculty Advisor 1994 – 1997
- SJSU – HuP Department: Public Relations Committee 1994 – 1995
- Hartnell College – Blood Borne Pathogens Committee 1993 – 1994
- Hartnell College – Academic Senate 1989 – 1990
- Hartnell College – Safety Committee 1986 – 1989
- Hartnell College – Mission Goal Statement Committee 1987 – 1988
- Oregon State University – Student Council 1978 – 1980

## **PROFESSIONAL HONORS & ACHIEVEMENTS**

- NATA Research & Education Foundation Board – VP for Governance 2014 – 2018
- NATA Hall of Fame Inductee 2013
- FWATA Hall of Fame Inductee 2013
- NATA Sayers “Bud” Miller Distinguished Educator Award (nominee) 2012
- Editorial Board – Journal of Athletic Enhancement 2011 - 2015
- NATA Research & Education Foundation Board – District 8 Director 2008 - 2014
- NATA Most Distinguished Athletic Trainer Award 2009
- FWATA Most Distinguished Athletic Trainer Award 2009
- CSUF College of Health & Human Development ICC Certificate of Appreciation 2009
- FWATA Research Grant Co-Recipient (\$900) 2008
- NATA Service Award 2007
- FWATA Research Grant Co-Recipient (\$845) 2006
- NCAA Competitive Safeguards & Medical Aspects of Sport (nominee) 2003
- NATA: 25 Year Award 2003
- FWATA: 25 Year Award 2003
- FWATA: Research Grant Co-Recipient (\$2,100) 2001
- Editorial Board – Athletic Therapy Today 2000 – 2008
- CSUF: Student-Athlete Faculty of the Year 1999
- NATA – District 8: Special Service Award 1998
- CSUF – HDCS: Mentor of the Year 1998
- NATA Education Council: Grant (\$1,500) 1998
- NSCA – Certification Commission: Executive Council (nominee) 1997
- Cramer Products: Research Grant Recipient (\$1,400) 1996
- NSCA Certification Commission: Executive Council (nominee) 1995
- Western Athletic Conference: Administrative Grant (\$6,000) 1991
- Hartnell College: Gleason Chair (nominee) 1987
- Los Angeles Olympics Games – Staff Athletic Trainer 1984
- NATA Journal: National Student Writing Contest Winner 1981

## INVITED CLINICAL PARTICIPATION

- Amgen Tour of California – International Cycling Stage Race @ California 2006
- Rock N' Roll Marathon @ San Diego, CA 2001 & 2002
- Professional Bull Riders' Association @ Anaheim, CA 1999 – 2003
- Titan Cross Country Invitational Meet @ Brea, CA 1997 – 1999
- Big West – Cross Country Championships @ Brea, CA 1997
- East-West College All-Star Football Game @ Palo Alto, CA 1996 & 1997
- Professional Bull Riders' Association – Rodeo @ San Jose, CA 1996
- Western Regional Quad-Rugby Tournament @ San Jose, CA 1995
- CA Community College State Swim Meet @ Salinas, CA 1985 & 1993
- CA Community College State Track Meet @ Salinas, CA 1983 – 1994
- Santa Cruz Lion's Bowl @ Aptos, CA 1982 – 1993
- Monterey Pro Football Players Clinic @ Monterey, CA 1987 – 1988
- Los Angeles International Olympic Games @ Los Angeles, CA 1984
- NCAA National Wrestling Championships @ Corvallis, OR 1980
- Mitsubishi Mirage Bowl Football Game @ Tokyo, JAPAN 1980
- PAC - 10 Wrestling Championships @ Eugene, OR 1979
- Oregon Indoor Track & Field Meet @ Portland, OR 1979 - 1981
- AIAW Regional Gymnastics Championships @ Corvallis, OR 1979
- Santa Barbara Easter Relays @ Santa Barbara, CA 1976 - 1978
- CA Community College State Basketball @ Long Beach, CA 1978
- Santa Barbara All-Star HS Football Game @ Santa Barbara, CA 1977

## PROFESSIONAL GRANTS

- FWATA Research Grant (\$900) 2008
- FWATA Research Grant (\$845) 2006
- FWATA Research Grant (\$2,100) 2001
- CSUF Mission and Goals Initiative (\$9,400 not funded) 2000
- NATA Education Council: Grant (\$1,500) 1998
- Cramer Products: Research Grant Recipient (\$1,400) 1996
- CSUF Mission and Goals Initiative (\$11,200 not funded) 1999
- CSUF Mission and Goals Initiative (\$9,650 not funded) 1998
- SJSU Technology Grant (\$13,960 not funded) 1996
- Western Athletic Conference (\$6,000) 1991

## PROFESSIONAL DEVELOPMENT COURSES

- NATA – Annual Meeting and Clinical Symposia @ Houston, TX June 2017
- FWATA – Annual Meeting and Clinical Symposia @ Las Vegas, NV April 2017

- FWATA – Annual Meeting and Clinical Symposia @ Hilo, HI July 2016
- NATA Clinical Symposia & AT Expo @ Baltimore, MD June 2016
- NATA – Clinical Symposia & AT Expo @ St. Louis, MO June 2015
- FWATA – Annual Meeting and Clinical Symposia @ San Diego, CA April 2015
- CAATE – Accreditation Conference @ Tampa Bay, FL Oct 2014
- NATA – Clinical Symposia & AT Expo @ Indianapolis, IN June 2014
- FWATA – Annual Meeting and Clinical Symposia @ Las Vegas, NV April 2014
- NATA – Annual Meeting and Clinical Symposia @ Las Vegas, NV June 2013
- J Athletic Training – Manuscript Reviewers Workshop @ Las Vegas, NV June 2013
- ACSM – Annual Meeting @ Indianapolis, IN May 2013
- FWATA – Annual Meeting & Clinical Symposia @ Sacramento, CA April 2013
- CATA – 3<sup>rd</sup> Annual State Symposium February 2013
- NATA – Annual Meeting & Clinical Symposia @ St Louis, MO June 2012
- J Athletic Training – Manuscript Reviewers Workshop @ St Louis, MO June 2012
- FWATA – Annual Meeting & Clinical Symposia @ San Diego, CA April 2012
- NATA Webinar – Concussions in Sport September 2011
- NATA – Annual Meeting & Symposia @ New Orleans, LO June 2011
- S Orange County Sports Medicine Conference @ Mission Viejo, CA June 2011
- FWATA – Annual Meeting & Clinical Symposia @ Las Vegas, NV April 2011
- NATA Foundation – Educators Conference @ Washington, DC Feb 2011
- FWATA – Annual Meeting & Clinical Symposia @ Honolulu, HI July 2010
- NATA – Annual Meeting & Clinical Symposia @ Philadelphia, PA June 2010
- J Athletic Training – Manuscript Reviewers Workshop @ Philadelphia, PA June 2009
- NATA – Annual Meeting & Symposia @ San Antonio, TX June 2009
- FWATA – Annual Meeting & Symposia @ San Diego, CA April 2009
- NATA Foundation – Educators Conference @ Washington, DC Jan 2009
- NSCA International Clinic of Spain @ Madrid, SPAIN Nov 2008
- NATA Annual Meeting & Symposia @ St Louis, MO June 2008
- Practical Applications in Sports Medicine @ Palm Springs, CA June 2008
- FWATA Annual Meeting & Symposia @ Burlingame, CA April 2008
- NSCA Bridging the Gap @ Fullerton, CA Feb 2008
- American Association Sport Psychology @ Louisville, KY Oct 2007
- NATA – Annual Meeting & Symposia @ Anaheim, CA June 2007
- FWATA – Annual Meeting & Symposia @ Las Vegas, NV April 2007
- NATA Foundation – Educators Conference @ Dallas, TX Jan 2007
- Professional Baseball AT Society Annual Meeting @ San Diego, CA Jan 2007
- NATA – Annual Meeting & Symposia @ Atlanta, GE June 2006
- J Athletic Training – Manuscript Reviewers Workshop @ Atlanta, GE June 2006
- FWATA – Annual Meeting & Symposia @ San Diego, CA April 2006
- California State University – AT Educators Conference @ Fresno, CA March 2006
- US Anti-Doping Education Conference @ Chicago, IL Sept 2005
- NSCA – Anabolic Steroid Education Conference @ Los Angeles, CA Aug 2005

- NSCA – Annual Conference @ Las Vegas, NV July 2005
- NATA – Annual Meeting & Symposia @ Indianapolis, IN June 2005
- FWATA – Annual Meeting & Symposia @ Sacramento, CA April 2005
- FWATA – Annual Meeting & Symposia @ Honolulu, HA July 2004
- NATA – Annual Meeting & Symposia @ Baltimore, MD June 2004
- NATA – Annual Meeting & Symposia @ St Louis, MO June 2003
- FWATA – Annual Meeting & Symposia @ Las Vegas, NV April 2003
- NATA Foundation – Educators Conference @ Houston, TX Jan 2003
- NSCA – Annual Conference @ Las Vegas, NV June 2002
- NATA – Annual Meeting & Symposia @ Dallas, TX June 2002
- FWATA – Annual Meeting & Symposium @ Oakland, CA April 2002
- NATA – Annual Meeting & Symposia @ Los Angeles, CA June 2001
- FWATA – Annual Meeting & Symposium @ San Diego, CA April 2001
- NATA Foundation – Educators Conference @ Dallas, TX Jan 2001
- J Athletic Training – Manuscript Reviewers Workshop @ Nashville, TN July 2000
- NATA – Annual Meeting & Symposia @ Nashville, TN June 2000
- FWATA – Annual Meeting & Symposium @ Las Vegas, NV April 2000
- CATA Region V – Spring Meeting @ Fullerton, CA March 2000
- CATA – Spit Tobacco Video Conference @ Fullerton, CA Jan 2000
- CATA Region V – Winter Meeting @ Fullerton, CA Dec 1999
- Orange County AT Society – Fall Clinic @ Orange, CA Sept 1999
- NATA – Annual Meeting & Symposia @ Kansas City, KS June 1999
- NSCA – State Directors Annual Meeting @ Pasadena, CA May 1999
- FWATA – Annual Meeting & Symposium @ Reno, NV April 1999
- CATA Region V – Spring Meeting @ Fullerton, CA April 1999
- NATA Foundation – Educators Conference @ Dallas, TX Jan 1999
- CATA Region V – Fall Meeting @ Fullerton, CA Dec 1998
- CATA – Statewide Video-Conference @ Fullerton, CA Nov 1998
- FWATA – Annual Meeting & Symposium @ Honolulu, HI July 1998
- NATA – Annual Meeting & Symposia @ Baltimore, MD June 1998
- J Athletic Training – Manuscript Reviewers Workshop @ Baltimore, MD June 1998
- CATA Region II – Spring Meeting @ Oakland, CA May 1998
- CATA Region VI – Spring Meeting @ San Diego, CA May 1998
- CATA Region V – Spring Meeting @ Fullerton, CA April 1998
- JRC-AT – Development Workshop @ Las Vegas, NV Feb 1998
- CATA Region V Fall Meeting @ Fullerton, CA Nov 1997
- CATA – Statewide Video-Conference @ Fullerton, CA Nov 1997
- NATA – Annual Meeting & Symposia @ Salt Lake City, UT June 1997
- J Athletic Training – Manuscript Reviewers Workshop @ Salt Lake, UT June 1997
- NSCA – Annual Conference @ Las Vegas, NV June 1997
- FWATA – Annual Meeting & Symposium @ Las Vegas, NV April 1997
- AAOS – Annual Meeting @ San Francisco, CA Feb 1997

- NATA Foundation – Educators Conference @ Dallas, TX Jan 1997
- NSCA - Personal Training Symposium @ San Jose, CA Dec 1996
- CATA – Statewide Video-Conference @ San Jose, CA Dec 1996
- NATA – Annual Meeting & Symposia @ Orlando, FL June 1996
- USA Track & Field Sports Medicine Symposium @ Orlando, FL June 1996
- NATA – Annual Meeting & Symposia @ Indianapolis, IN June 1995
- FWATA – Annual Meeting & Symposium @ Burlingame, CA April 1995
- NSCA - Personal Training Symposium @ San Jose, CA Dec 1994
- FWATA – Annual Meeting & Symposia @ San Diego, CA June 1993
- FWATA – Annual Meeting & Symposium @ Santa Barbara, CA April 1992
- FWATA – Annual Meeting & Symposium @ Long Beach, CA April 1988
- USC – Strength & Rehabilitation Clinic @ Los Angeles, CA March 1988
- California CC Substance Abuse Clinic @ San Francisco, CA April 1987
- PBATS – Annual Clinic @ Los Angeles, CA Feb 1987
- NSCA – Annual Conference @ Las Vegas, NV June 1986
- UC Berkeley Football Safety & Equipment Clinic @ Berkeley, CA Feb 1986
- FWATA – Annual Meeting & Symposium @ San Diego, CA April 1985
- Practical Applications in Sports Medicine @ Palm Springs, CA June 1984
- AAOS – Knee Problems @ Monterey, CA June 1984
- NATA – Annual Meeting & Clinical Symposia @ Denver, CO June 1983
- Monterey Sports Medicine Council – Annual Symposium 1983 - 1993
- NATA – Annual Meeting & Symposia @ Seattle, WA June 1982

## **BOC: NATIONAL BOARD EXAMINER**

- **Costa Mesa, CA:** August 2005, August 2004, August 2003, August 2002, August, 2001, August 2000, August 1999, August 1998, & November 1997
- **Orange, CA:** June 2000, April 2000, & April 1999
- **Santa Clara, CA:** April 1997, February 1996, November 1996, & November 1995
- **Sacramento, CA:** February 1997

## **CURRICULUM DEVELOPMENT**

- **MAJORS/DEGREES (CSUF)**
  - Bachelor of Science in AT – approved February 2009
  - Master of Science in AT – Academic Master Plan approved March 2015
- **UNIVERSITY COURSES DEVELOPED AND IMPLEMENTED (CSUF)**
  - Kinesiology 373: Advanced Assessment of the Lower Extremity
  - Kinesiology 374: Advanced Assessment of the Upper Extremity

- Kinesiology 375: Management of Sport & Exercise Emergencies
- Kinesiology 377: Therapeutic Exercise in Rehabilitation
- Kinesiology 378: Therapeutic Modalities in Rehabilitation
- Kinesiology 465: Administration & Leadership in Athletic Training
- Kinesiology 367: Clinical Proficiencies in Athletic Training I
- Kinesiology 368: Clinical Proficiencies in Athletic Training II
- Kinesiology 369: Clinical Proficiencies in Athletic Training III
- Kinesiology 468: Clinical Proficiencies in Athletic Training IV
- Kinesiology 469: Clinical Proficiencies in Athletic Training V

## UNIVERSITY / COLLEGE INSTRUCTION

### • LECTURE & CLINICAL CLASSES

- California State University, Fullerton
  - Knes 365 Prevention & Care of Athletic Injuries
  - Knes 366 Advanced Athletic Training
  - Knes 367 Therapeutic Modalities & Rehabilitative Exercise
  - Knes 373 Advanced Assessment of the Lower Extremity
  - Knes 374 Advanced Assessment of the Upper Extremity
  - Knes 375 Management of Sport/Exercise Emergencies
  - Knes 377 Therapeutic Exercise in Rehabilitation
  - Knes 378 Therapeutic Modalities in Rehabilitation
  - Knes 451 Sports Medicine
  - Knes 465 Administration and Leadership in Athletic Training
  - Knes 367-469 Clinical Proficiencies in Athletic Training I – V
- San Jose State University
  - HuP 188 Prevention & Care of Athletic Injuries
  - HuP 190 Emergency Management of Athletic Trauma
  - HuP 195 Therapeutic Modalities & Exercise in Rehabilitation
- Hartnell College
  - PE 15 Care & Prevention of Athletic Injuries
  - Biology 42 Human Biology
  - PE 32 Wilderness Classroom

### • SPECIAL CLASSES

- |  |                    |
|--|--------------------|
| ○ Thesis & Project                         | ○ Practicum        |
| ○ Selected Readings /<br>Independent Study | ○ Internship       |
|  | ○ Special Projects |

### • ACTIVITY CLASSES

- |                   |                                   |
|-------------------|-----------------------------------|
| ○ Basketball      | ○ Weight Training (Begin & Inter) |
| ○ Sports Activity | ○ Power Lifting                   |



- Fitness Walking
- Adapted Physical Education
- Wilderness Exp. Weight Training
- Backpacking
- Circuit Training
- Jogging

## SELECTED MEDIA INTERVIEWS

### ● ON-LINE/INTERNET MEDIA

- Men's Fitness <http://www.mensfitness.com/nutrition/supplements/what-are-anabolic-steroids-and-how-do-they-affect-men>
- US News & World Report <http://health.usnews.com/health-news/news/articles/2012/07/26/could-gene-doping-be-part-of-future-olympics>
- MSNBC <http://www.msnbc.msn.com/id/7424369/ns/health-fitness/t/steroids-average-joe/>
- NBCNews.com <http://www.nbcnews.com/id/7424369/ns/health-fitness/t/steroids-average-joe/#.U9BFqED5fd4>
- Drugs.com <http://www.drugs.com/news/could-gene-doping-part-future-olympics-39479.html>
- Guardian <http://www.guardian.co.tt/lifestyle/2012-07-29/could-gene-doping-be-part-future-olympics>
- Health 24 <http://www.health24.com/news/Genetics/1-916,75763.asp>
- Healio Orthopedics <http://www.healio.com/orthopedics/sports-medicine/journals/ortho%7B9af322cb-azc8-4ccc-8e0c-d600a3fee2b4%7D/performance-enhancing-drugs-and-todays-athlete-a-growing-concern>
- Mt Auburn Hospital <HTTP://WWW.MOUNTAUBURNHOSPITAL.ORG/BODY.CFM?XYZPDQABC=0&ID=8&ACTION=DETAIL&REF=44729>

### ● PRINT MEDIA

- Orange County Register
- Salinas Californian
- Monterey Herald
- Seventeen Magazine
- Public Risk Magazine
- CSUF Daily Titan
- Saint Louis Post-Dispatch
- Spokane Spokesman Review
- Athletic Business

### ● BROADCAST MEDIA

- KSBW – NBC (Salinas, CA)
- KMST – CBS (Monterey, CA)
- KABC – ABC (San Jose, CA)

## OTHER RELATED PROFESSIONAL ACTIVITIES

- Chair and Author of CSUF ATP Self-Study for CAATE 2015-2016
- CATA Hit-the-Hill Day @ Sacramento, CA April 2013
- NATA - PAC Hit-the-Hill Day @ Washington, DC February 2011
- NATA – PAC Hit-the-Hill Day @ Washington, DC January 2009
- Chair & Author of CSUF ATEP Self-Study for CAATE 2006-2007
- CSUF Athletic Training Lab/Classroom - Design & Development: 2002-2003
- Chair and Author of CSUF ATEP Self-Study for JRC-AT 2000-2001