What are some tips for students at CSUF?

Get out of your comfort zone, so you can find your path. Life starts when you get out there and try new things. Don’t wait for opportunities to come to you, you go to them.

How had HHD prepared you for your future?

HHD has provided me with numerous opportunities of networking and making new friends. Since I lived on the themed floor my first year, it has brought me job opportunities, workshops, and much more.

What are some challenges you have faced? How did you overcome them?

Procrastination is a big challenge of mine. One day though I decided to change and start doing assignments ahead of time. Doing things before due dates can alleviate a lot of stress and makes life easier.

TITAN PRIDE

Raechel is a second year Health Science major. She wants to pursue a career in medicine, perhaps go on to medical school to become a doctor. On campus she is a member of American Medical Student Association (AMSA), Eta Sigma Gamma Health Science Honor Society (ESG), and she is a mentor in the HHD Peer Mentor Program. These programs have helped her get to know more about campus activities, and get more involved with the community and school. She is also serves as a Student Ambassador for the College of Health and Human Development.

What are some benefits of being involved?

Since I got more involved, I have been able to branch out, get out of my comfort zone and be a part of something that matters.

“Remember, you’re the one who can fill the world with sunshine.”

~Snow White