**What are some tips for students at CSUF?**

Take advantage of all the resources offered at school, every individual behind the resources is more willing to help. Especially with professors, they offer career advice, involvement opportunities, and serve as great mentors.

**How has CSUF prepared you for the future?**

CSUF has provided me with the resources that helped me become a successful student both in and outside the classroom. Being a first generation student, CSUF has also guided me on how to prepare and apply to graduate school.

**What steps are you taking to graduate on time?**

I plan out my classes each semester in advance. I do this to know what I still have to take in order to fulfill the graduation requirements.

**TITAN PRIDE**

Mary is a sixth year **Health Science** major. She plans to go onto graduate school to get a Master's in Public Health in order to work in the field of Health Administration. On campus she is the president of Eta Sigma Gamma, Health Science Honor Society. She has held different board positions over the past three years, while holding these positions it has helped her improve time management skills and create better study habits. She recently joined the Allied Health Academy. This program has provided her with an immense number of resources and opportunities to help prepare and plan for graduate school.

**What are some benefits of being involved?**

I have had the opportunity to network with other Health Science students and professors who can share insight about a career in Public Health.

“It always seems impossible until its done.”

~Nelson Mandela