What are some benefits you have had through being involved?

Being involved has really allowed me to learn more about different career paths and the many options that I have when I graduate. It has also taught me how to become a more independent and vocal person.

What are some challenges you have faced? How did you overcome them?

In the beginning of my college career, I didn’t really know what I wanted to do. I passed through my classes with average grades and wasn’t motivated. After my first year, I learned about the Kinesiology Department and the different careers I could pursue if I majored in this subject. From then on, I was more motivated to learn and go to my classes.

How has the CSUF prepared you for your future?

CSUF has prepared me by giving me a lot of opportunities to grow both academically and personally. This campus has offered an environment that is friendly, welcoming, and academically stimulating.

Get out there and find your niche! It might take a while, but it’s definitely worth it to find your own place or group where you feel comfortable enough to make the most personal growth.

“Goodness is about character- integrity, honesty, kindness, generosity, moral courage, and the like. More than anything else, it’s about how you treat other people.”

~Dennis Prager