

Jasmyn Starke

College of Health and Human Development | STUDENT SPOTLIGHT

What are some challenges you have faced and how did you overcome them?

Over the years I have become overwhelmed and I start to doubt if I can accomplish the tasks I am given. I overcame this challenge through support. I have a very strong family support system that motivates me and reminds me every day of my capabilities.

How has CSUF prepared you for your future?

CSUF has provided me with countless opportunities to receive beneficial advising to keep me on track and knowledgeable professors that are able to help me form goals within the field and inspire me to accomplish them.

What are some tips for students at CSUF?

Do not limit yourself. Find a major that you are genuinely interested in and can ultimately grow in. Everyone has a place at CSUF that they will thrive in. Once you find your place and passion, become fully immersed with the classes, faculty, and involvement opportunities! Education takes place far beyond the classroom!

TITAN PRIDE

Jasmyn Starke is a fourth year senior majoring in **Child and Adolescent Development**. Jasmyn plans to receive a Multiple Subject Credential and a Master of Education in order to become an elementary school teacher. She then would like to serve as a principal and school board representative.



Jasmyn is the current Director of Administration for the HHD-ICC, the Family Relations Chair for CSUF TitanThon, and works as a Teacher's Aide at the

Children's Center on campus. Jasmyn was also a Resident Advisor and a Peer Mentor for the College of Health and Human Development Peer Mentor Program. These involvements have provided Jasmyn with leadership experience.



What steps are you taking to graduate on time?

I recently went to advising to ensure I have my classes in order. Now I am strategically organizing my involvements and classes from now until graduation to ensure that I have a structured plan to follow.

"I know it seems hard sometimes but remember one thing. Through every dark night, there's a bright day after that. So no matter how hard it gets, stick your chest out, keep your head up, and handle it."

~Tupac Shakur

HEALTH AND HUMAN DEVELOPMENT STUDENTS REACH HIGHER!