Destiny Martinez

What are some tips you have for students at CSUF?

Make a master schedule of daily activities, get involved in clubs that peak your interests, and go support fellow Titans at sporting events!

How has the College of Health and Human Development prepared you for your future?

I had the opportunity to live on the College Health and Human Development theme floor my freshman year in housing and become a Student Ambassador for CHHD. I was able to learn how to network, use resources, and time management.

How has being involved influenced your academic success?

I am involved in Child and Adolescent Studies Student Association as well as being a sister of Zeta Tau Alpha, Theta Phi chapter on campus. Both of these have influenced me academically by providing friends that I can go to and are able to study, have fun, and talk about quizzes. I feel like I have a room full of tutors and mentors that have gone through the same things as me.

What are some challenges you have faced? How did you overcome them?

Time management is a challenge I have faced. To overcome it I update my calendar daily to keep on track with assignments and events. It is also important for students to have “me-time” to relax and stay healthy.

TITAN PRIDE

Destiny Martinez is a junior English major with a minor in Spanish. She plans to teach English in secondary school or teach English as a second language for native speakers of Spanish. Destiny is a very involved student, which has given her knowledge of resources including office hours, tutoring, workshops and events. Destiny is a member of a sorority; serves on the executive board as the Vice President for CASSA (Child and Adolescent Studies Student Association), a Student Ambassador for the College of Health and Human Development, and became a Student Orientation leader during the summer of 2015 and was Coordinator of Orientation programs for the summer of 2016.

“What are some tips you have for students at CSUF?”

“Adventure is out there!”

~Up