Brittney Seidemann
College of Health and Human Development | STUDENT SPOTLIGHT

What are some tips for students at CSUF?

One tip I would give students is to learn how to manage your time! You don’t realize how fast the day will go by and how fast deadlines come up. Managing time in college is different then managing time in high school.

How has the College of Health and Human Development prepared you for your future?

CHHD has provided many opportunities to get involved on campus and network with professors and advisors. I was able to experience this since I lived on the themed floor my first year.

What steps are you taking to graduate on time?

I make sure I succeed to the best of my ability in each class. I also meet with the Health Professions Advisor at least twice a semester to make sure I am on the right track and taking the right courses for med school.

TITAN PRIDE

Brittney is a second year Health Science major. Once she graduates she wants to go onto medical school to become a Doctor of Osteopathic Medicine. She has interests in the fields of Dermatology or Cardiology. She is currently involved with two clubs on campus, AMSA (American Medical Student Association) and Eta Sigma Gamma (Health Science Honorary Society). She is also a Student Ambassador for the Health and Human Development College.

What are some benefits of being involved?

Being involved on campus has brought many great opportunities, such as jobs, internships and volunteer experience. As well as meeting new people and connecting with faculty.

“There are hundreds of languages around the world but a smile speaks them all.”
~Unknown