Sidney Alvarez

College of Health and Human Development | STUDENT SPOTLIGHT

What are some benefits you have had through being involved?
Getting involved has given me the opportunity to meet numerous faculty and staff. Networking with organizations and peers has prepared me for academic success and any future career.

What are some challenges you have faced? How did you overcome them?
The largest challenges I have tackled were procrastination and time management. Although it has been difficult to overcome, I found ways around it. I set my calendar on my phone and computer, create written reminders, and reward myself when I complete a task. This helps me stay motivated and positive.

What steps are you taking to graduate on time?
Although graduation is only a faint light in the distance I am driven to graduate and excel here at CSUF. I have been doing this by meeting with advisors and taking my required classes to ensure my expected graduation day.

TITAN PRIDE
Sidney is in her third year as a Child and Adolescent Development major and TESOL minor. She is expected to graduate in 2020 and hopes to work in school districts serving populations in low socioeconomic neighborhoods. She is passionate about supporting the education system for the well-being of future generations. She was selected to be a counselor for Camp Titan and was also involved in Emerging Leaders on campus. She is one of the smiling Student Ambassadors for the Student Success Center. Her leadership skills shine through to aspects of her life, in the classroom and her studies at CSUF.

What are some tips for students at CSUF?
I would suggest buying scantrons in bulk, you can never have enough scantrons, go to office hours, professors notice and love when you stop by! They have admitted they get lonely when students don’t visit. Lastly, get involved! Get involved!

“What our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us.”
~ Marianne Williamson

HEALTH AND HUMAN DEVELOPMENT STUDENTS REACH HIGHER!