What are some tips for students at CSUF?
Get out of your comfort zone, so you can find your path. Life starts when you get out there and try new things. Don’t wait for opportunities to come to you, you go to them.

How had HHD prepared you for your future?
HHD has provided me with numerous opportunities of networking and making new friends. I lived on the themed floor my first year, which provided me job opportunities, networking, and much more.

What are some challenges you have faced? How did you overcome them?
A challenge I have faced was being diagnosed with cancer. I overcame this by dedicating time to working on my health and following all of my oncologists instructions. I urge all students to be an advocate for their own health, and dedicate time to themselves.

What are some benefits of being involved?
Since I got more involved, I have been able to branch out, get out of my comfort zone and be a part of something that matters.

“Remember, you’re the one who can fill the world with sunshine.”
~Snow White

TITAN PRIDE
Raechel is a fourth year Health Science major. She wants to pursue a career in medicine, by going on to graduate school to become a Physicians Assistant. On campus she is a member of American Medical Student Association, Eta Sigma Gamma Health Science Honor Society, and Human Services Student Association. She was also a mentor in the HHD Peer Mentor Program. Raechel is also the Director of Administration for the HHD Inter-Club Council. She also serves as a Student Ambassador for HHD. These programs have helped her get to know more about campus activities, and get more involved with the community and school.