Nicole Wheeler is a Senior, majoring in Kinesiology with a concentration in Teacher Education. She is graduating Spring 2018 and expecting to become a physical educator at a junior high school. She wants to be able to teach her students how to properly execute critical elements of a skill in many sports, along with teaching them the importance of health and nutrition. She wants her students to walk away from class knowing how to eat properly and how to properly exercise their bodies effectively and safely. She is on the Executive Board for P.E.T.E. (Physical Education Teacher Education) club as their Inter-Club Council representative.

How has CSUF prepared you for your future?
The professors here at CSUF who have such a strong passion for teaching their students how to be successful future physical educators have helped me grow tremendously. It is because of these professors that I can now add to my resume and own personal experience in the field of physical education.

What are some tips for students at CSUF?
Get involved on campus! Being involved in clubs has allowed me to grow as a student and also as a future physical educator. Being in P.E.T.E. and R.E.A.C.H. has allowed me to network and attend professional conferences. Advice that I have gotten from faculty that has influenced my success is a quote stating “Success does not come to you, you must go to it!”

What clubs/activities are you involved in?
Along with P.E.T.E. I am involved in a program called, R.E.A.C.H. (Reflective Educational Approach to Character and Health). This amazing program allows me to teach elementary school students an array of activities and sports. Seeing these children every Wednesday and Friday truly brings me joy.

What are some benefits you have had through being involved?
As a result of being involved in the PETE Club, I discovered and attended the CAHPERD (California Association for Health, Physical Education, Recreation and Dance) Conference in 2016. This conference provided me with information to further my future career and to converse with other current physical educators and individuals who are looking to hire physical educators.

“Success does not come to you, you must go to it!”