Melissa Viana

TITAN PRIDE

Melissa Viana is a third year student majoring in Child and Adolescent Development with a focus in Family and Community Context. After finishing her undergrad degree in May 2019, she plans on pursuing a master’s degree in Occupational Therapy and work as a pediatric occupational therapist. She is involved in the Child and Adolescent Studies Student Association (CASA) and feels that being a part of this club has changed her college life immensely. Being an active participant in this club has taught her about how to be a professional in the real world. Her advice to new students is to find something that matters to you, and put all your energy and passion into it. Take time to get to know members in that club, share your experiences, and learn from theirs.

How have HHD prepared you for your future?

In the first semester of my sophomore year, I applied to be a mentee for the mentorship program HHD offers. My mentor was the best mentor I could ask for. She always had an answer to all my questions and she made sure to guide me to so many helpful resources.

How has CSUF prepared you for your future?

CSUF has given me opportunities to meet amazing people who are just as inspired and motivated as me and who love children as much as me. There are so many clubs to be involved in that can help you grow as a professional.

What are some benefits you have had through being involved?

Through my involvement in different club activities and events, I have been able to step outside my comfort zone. I once feared speaking up and making my voice heard, but now it’s something I do with confidence.

“It always seems impossible until it’s done.”
- Nelson Mandela