Magda Garcia
College of Health and Human Development | STUDENT SPOTLIGHT

What are some challenges you have faced and how did you overcome them?
The biggest challenge I have faced is learning how to manage my time. Being a full-time student, intern, and mother to a 3 year old son is tough. Juggling these different responsibilities has been tough but my advisors have helped me learn how to maximize my time. The Children’s Center has also been a great help. Having it here on campus is extremely helpful, and I feel better knowing my son is here and enjoys going to school with me.

How has HHD prepared you for your future?
HHD continues to prepare us for me for my future with the help of all the professors/instructors in our college. They truly go above and beyond to help us and create such a welcoming environment.

What are some benefits you have had through being involved?
Meeting new people through my involvement has been extremely helpful and fun. I am constantly learning something new from them, especially resources that I may not have known were available for students.

TITAN PRIDE
Magda Garcia is majoring in Human Services with an emphasis in Mental Health. She is expecting to graduate in spring 2018 and plans to go on and earn her masters in Social Work. She wants to focus on working with at risk youth. She is the Vice Chair of Finance for the College of Health & Human Development Inter-club Council and also a member of the Human Services Student Association (HSSA). Being involved has influenced her in many ways, but she notices her academic accomplishments have been most influenced. She feels that being involved has given her more confidence to step out of her comfort zone. She also accredits her willingness to ask for help to that change.

How has CSUF prepared you for your future?
CSUF has prepared me by providing faculty who are currently working in the field and can give us a firsthand understanding of what it’s like to work in the field. Having firsthand experience is very important when trying to decide what specific area/population you would like to work with in the future.

“When you feel like quitting, think about why you started.”
~Unknown

HEALTH AND HUMAN DEVELOPMENT STUDENTS REACH HIGHER!