Krystal Pearlman

College of Health and Human Development | STUDENT SPOTLIGHT

What are some challenges you have faced? How did you overcome them?

I am a perfectionist, so I would always struggle with things not going as perfectly as I would want them to or how I would imagine a certain scenario to be. To overcome this challenge I have learned to accept things for what they are. I take things day by day and let obstacles shape who I am as I understand that you are not able to control everything that goes on in life.

How has HHD prepared you for your future?

HHD has prepared me for my future endeavors by helping me network with others, gain more knowledge in the field I want to work within, and most importantly it has given me experience.

What are some benefits you have had through being involved?

Some benefits I have had through being involved is experience in meeting others from different cultures, and being actively connected to the feeling of appreciation.

TITAN PRIDE

Krystal Pearlman is majoring in Public Health and expecting to graduate in spring 2019. She was involved with CSUF’s 16 time national champion dance team and has moved her way up to dancing as a professional for the NFL. Being on the dance team has influenced her academic success, improved leadership skills, and increased her ability to become an effective team player. When she graduates from CSUF, her goal is to become a Physician Assistant. Being involved on campus as a Student Ambassador has allowed her to network with students and feel more connected to the university as well as her college and her major.

How has CSUF prepared you for your future?

CSUF has prepared me for my future by helping me become a more well-rounded individual. All of the resources have made it possible for me to be successful.

“Don’t worry about failures, worry about the chances you miss when you don’t even try.”

– Jack Canfield

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