What steps are you taking to graduate on time?

I am talking to a GE and Major advisor, making sure I am taking the right amount of units I need per semester, and taking the correct classes for my major.

How has CHHD Prepared you for the future?

The College of Health and Human Development has prepared me for my future by introducing me to faculty and members of the HHD community. This has opened my eyes to all sorts of different career options and make connections to other students.

What is a challenge you have faced and how did you overcome it?

Some challenges I have faced was time management and being away from home. I had to adapt to a brand new environment and learn to do things on my own. Juggling my school work and classes I had to learn how to manage my time with studying and homework. At times I felt overwhelmed but learned how to deal with both by reaching out for help with classes, studying in groups, and talking with my family and friends as much as I can helped me keep a positive outlook on this new change.

What are some tips you have for other students at CSUF?

Some tips I have for students at CSUF is to get out of your comfort zone and explore. For example, go to sporting events, join clubs, and try something new. Also do not be afraid to get help. Take advantage of the tutoring services and the career center. Lastly, get to know staff, faculty, and your peers.

"It’s beauty in the struggle, ugliness in the success”
~J.Cole