What are some benefits you have had through being involved?
I’ve had the benefit of meeting people with similar interests and creating lifelong friendships. It has also given me the opportunity to network and connect with other students and faculty members.

What are some challenges you have faced?
One of my biggest challenges was time management. Balancing school, work, student leadership, and trying to get enough rest is always difficult. I make to-do lists and write important deadlines in my planner to keep track of my schedule. I still struggle multitasking sometimes but writing everything down helps me organize my priorities and makes me more aware of what I need to get done.

What steps are you taking to graduate on time?
I am constantly going over my syllabuses and keeping track of deadlines to stay on top of my studying. I am also checking my TDA regularly and going to my advisor whenever I have any questions.

TITAN PRIDE

Diane is a Senior, majoring in Kinesiology with a concentration in Sport Studies. She is a transfer student from Grossmont College and intends on graduating in Spring 2018.

After graduation Diane will work in the field of injury prevention and rehabilitation. She is highly involved on campus as the President of Kappa Omicron Nu Honor Society (KON), Networking Chair of Student-Alumni Ambassadors, and a Health and Human Development Student Ambassador.

What are some tips for students at CSUF?
Don’t be afraid to utilize your resources on campus! It’s okay to not have all the answers. Becoming familiar with the services provided for students gave me assurance that I will never be lost.

“We should always be aspiring to know more, and to better ourselves, and to improve ourselves. To improve ourselves, because that’s how we improve the world around us, by working within us.”
~ Lauryn Hill

HEALTH AND HUMAN DEVELOPMENT STUDENTS REACH HIGHER!