What are some challenges you have faced? How did you overcome them?

As an international student I am constantly navigating between two cultures. This challenges my ability to be resilient and open-minded. Stepping out of my comfort zone and putting myself out there is helpful. I am more accepting of new perspectives which helps me figure out my own path.

How has HHD prepared you for your future?

Excellent support system from Faculty and peers. Participating in the Mentorship Program helped me obtain significant resources for academic, clinical and personal growth.

What are some benefits you have had through being involved?

I have received information about scholarships and other funding opportunities. I have also had the opportunity to connect with various professionals.

TITAN PRIDE

Coco Wang is in her second year of graduate school in the Counseling department. She is expected to graduate in 2019 with the hopes of pursuing a Ph.D. in Counseling Psychology. As a therapist and researcher she wants to serve underrepresented populations as well as Asian/Asian American communities. Her involvements on campus includes representing GCSA on the HHD-ICC. Her experiences have helped her increase interpersonal skills through building different social and academic connections. She is also a member of professional associations and finds that attending conferences has opened doors to connect with diverse professionals to improve her research.

How has CSUF prepared you for your future?

There are many resources in the Career Center and Graduate Studies office which have been helpful. I have attended workshops that provided lots of information about graduate school applications, careers, time management, self-care skills, etc.

“Carpe Diem.”

~Horace

HEALTH AND HUMAN DEVELOPMENT STUDENTS REACH HIGHER!