**What are some tips for students at CSUF?**

One tip I would give students is to learn how to manage your time! You don’t realize how fast the day will go by and how fast deadlines come up. Managing time in college is different then managing time in high school.

**How has the College of Health and Human Development prepared you for your future?**

HHD has provided many opportunities to get involved on campus and network with professors and advisors. I was able to experience this when I lived on the themed floor my first year.

**What steps are you taking to graduate on time?**

I meet with my HESC advisor and the Pre-Health Professions advisor to make sure I am on track with my courses each semester. I also make sure I strive for the best in each class.

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**Brittney Seidemann**

Brittney is a fourth year Health Science major. Once she graduates she wants to go onto medical school to become a Doctor of Osteopathic Medicine. This holistic approach to patient care is what made her decide on D.O. Brittney is also a Certified Phlebotomist gaining clinical and laboratory experience for medical school. She is currently involved with four clubs on campus, American Medical Student Association, ESG Health Science Honorary Society, Human Services Student Association, and is the ICC Rep for Kappa Omicron Nu. She is also a Student Ambassador for the Health and Human Development College.

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**TITAN PRIDE**

**What are some benefits of being involved?**

Being involved on campus has brought many great opportunities, such as jobs, internships and volunteer experience. As well as meeting new people and connecting with faculty.

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“There are hundreds of languages around the world but a smile speaks them all.”

~Unknown

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HEALTH AND HUMAN DEVELOPMENT STUDENTS REACH HIGHER!