Andrea Dominguez
College of Health and Human Development | STUDENT SPOTLIGHT

What is a challenge you have faced and how did you overcome it?

One challenge I faced was getting involved. I found it difficult to commute and try to be on campus and make time for a club. I did not want to be a student who just parked, went to class, and tried to pass. I needed to get involved so I finally did. I then moved to Fullerton so I have been able to get involved like crazy.

How has CHHD Prepared you for the future?

I have had the opportunity to step into leadership roles that I didn’t even know I could do. I am better prepared to communicate with people and empathize with them based on similar interests. I have also been able to network with faculty who offer great advice. I feel that I will take what I have learned from CHHD and apply it in my everyday life skills.

What are some tips you have for CSUF Students?

Learn about your resources and ask a lot of questions. It’s okay to want help. I also recommend getting involved in any way you can. You will that your experience at CSUF will be amazing!

TITAN PRIDE

Andrea is a fifth year Human Services major with a double track in Mental Health and Substance Abuse. Andrea hopes to become a Marriage Family Therapist working specifically with couples. She would also eventually like to become a professor. Andrea has held two leadership positions in the Human Services Student Association, the Event Planner Coordinator Co-Chair for the 2017-18 academic year and the President for the 2018-19 academic year. She has also served as a Peer Mentor for the College of Health and Human Development. Andrea’s student leadership roles have improved her communication and time management skills. She is able to prioritize her studies and involvements in school activities and get the most out of her time.

What are some benefits you have had through being involved?

I would say that being involved has given me the opportunity to network with so many students and faculty. I cannot stress networking enough because you meet so many wonderful people you can learn from. I have been introduced to a lot of opportunities as well through being involved on campus.

"Nothing is impossible, the word itself says ‘I’m possible’!"
~Audrey Hepburn

HEALTH AND HUMAN DEVELOPMENT STUDENTS REACH HIGHER!