In the spirit of the holidays, Titans have been giving time and donations to charities and worthy causes and delivering holiday greetings to all. Included among holiday projects this year:

- Cal State Fullerton’s President’s Scholars joined the Boys and Girls Club of Fullerton in two annual programs — a Thanksgiving dinner and Christmas party and toy giveaway.
- Students from the College of Health and Human Development filled more than 30 shoe boxes full of gifts, including toys, school supplies, toiletries and books that were delivered to needy children across the globe.
- The university’s Student California Teachers Association collected toys and delivered them to children at Rio Vista Elementary School in Anaheim.
- Communications graduate student Madeline Hovarter collected more than 150 pounds of food for the Second Harvest Food Bank of Orange County.
- Dozens of faculty and staff members hand-made holiday cards for student and alumni active duty service members and ROTC cadets.
- Music students spread holiday cheer at the annual “Deck the Hall” concert and at the 25th annual “A Carol Candlelight Dinner,” a benefit concert and dinner that raised funds for student scholarships.

There still is time to take part in myriad charitable causes. For example, the CSUF Recycling Club, in conjunction with Someone Cares Soup Kitchen, is collecting sleeping bags for homeless veterans through Jan. 30. New and lightly used, clean sleeping bags may be dropped off at the soup kitchen, 720 W. 19th St., Costa Mesa, 92627, or call Sky Pham at 714-759-0980 or send email studentsrecycle.csuf@gmail.com to arrange a pick up.

For tips on deciding which charities to give to, what to give and how much to give, Kathleen Costello, associate director of the Center for Internships and Community Engagement, offers her advice. “Giving is loaded with meaning and power – to relieve suffering, to confer power and status, to launch new ventures, to solve problems, to express gratitude, to right wrongs,” Costello said in an Orange County Register article. “To give responsibly requires some thoughtfulness.”

Happy holidays, Titans!