

# The Effect of Wraparound Program on Engagement In the Community Among Youth

# Abstract

Vista Del Mar provide comprehensive support to children, youth and families with complex needs. The purpose of the program is to help preserve family placement and offer a holistic, youth and family-driven way to responding to children with serious mental or behavioral challenges. Wraparound framework is a comprehensive team approach that include parent support, youth support, a clinician, natural support systems and the community. Wraparound offers regularly meetings, case management, individualized activities, clinical therapy, flex funds and referrals to the community. The results demonstrated that participation in the Wraparound program significantly improve youth behavior in the community. This study demonstrates the efficacy of the Wraparound program in helping at-risk youth.



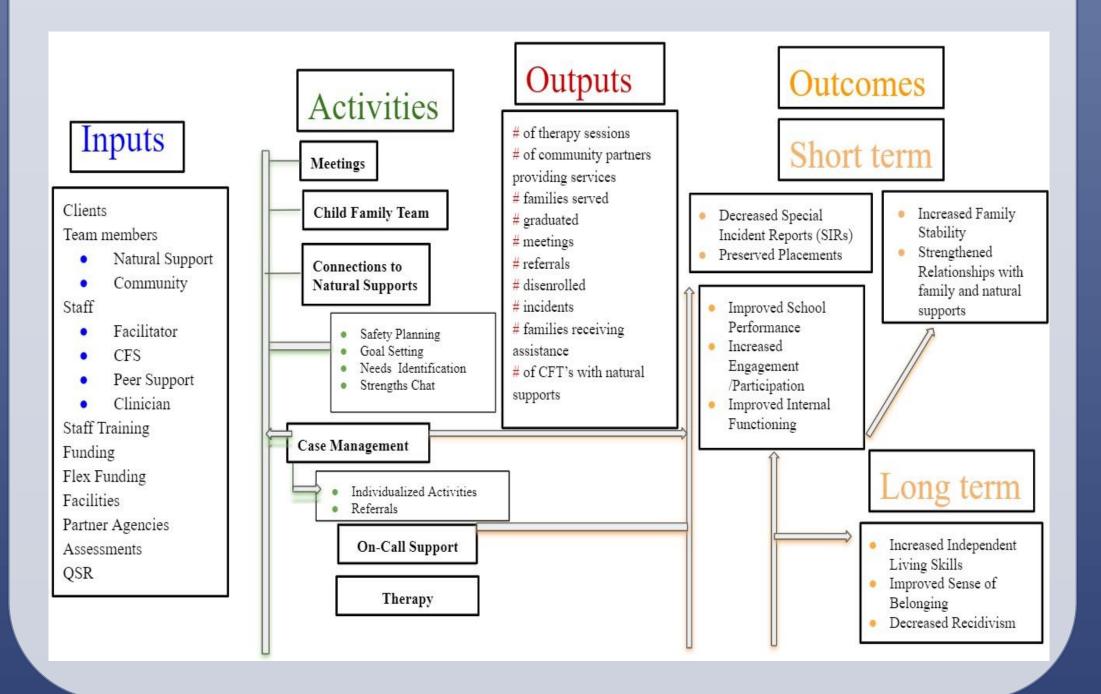
### Introduction

Wraparound Program is a comprehensive team approach that include parent support, youth support, a clinician, natural support systems and the community. Wraparound offers regularly meetings, case management, individualized activities, clinical therapy, flex funds and referrals to the community. Please see Program Logic model below.

### **Evaluation Question**

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This evaluation will examine the effect on Wraparound program on community engagement among youth.



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# Methods

### <u>Sample</u>

The sample comprises of youth who participated and gradated from program. Wraparound program targets working with. The current study utilized data provided by Vista Del Mar for the means of the evaluation. The organization provided deidentified data.

### **Evaluation Design**

The research design used to answer the questions is a one-group pretest posttest design. The scores gathered reflect the level of functioning prior to the intervention and also upon program completion. The scores will assist in identifying if there was a change in functioning overall.

• Dependent variable -The dependent variable is community engagement which is defined by behaviors including violating laws such as stealing, robbery, dealing drugs or serious legal involvement. Independent variable

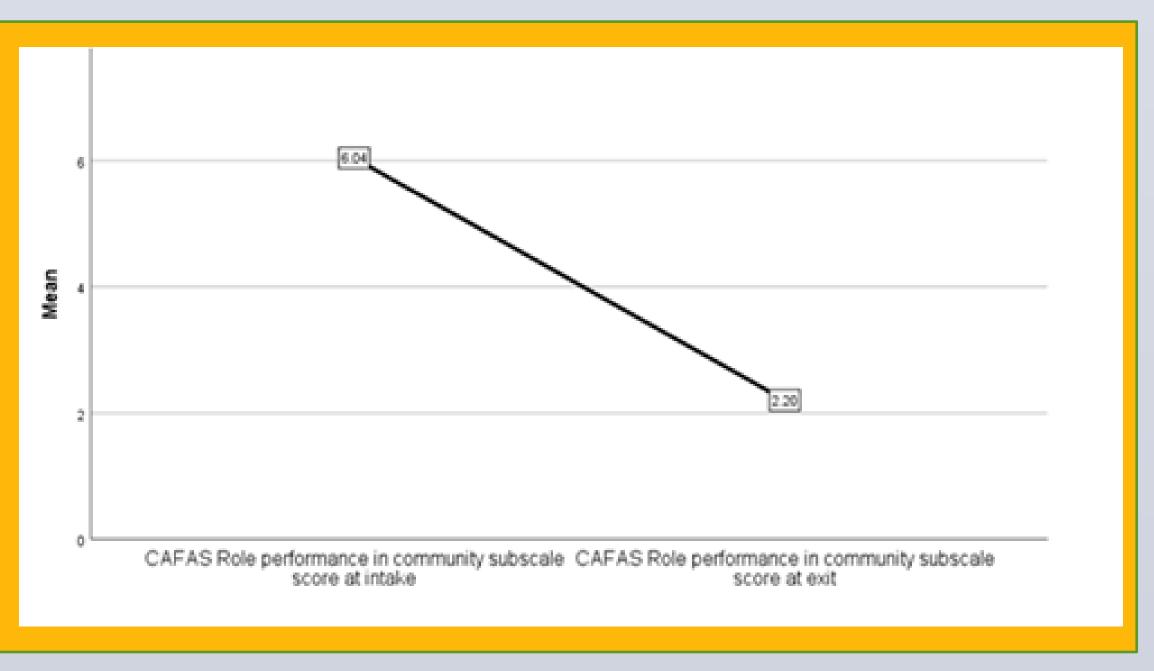
-The independent variable is program participation in the Wraparound program.

**Data Collection Data was collected** from Wraparound Program from Vista Del Mar from 2015-2019.

The variable selected from the dataset is the CAFAS score subset. There are two variables that are used the scoring in between intake and exit. The subscale ranges from 0-30 and are divided into four categories: 0, 10, 20, or 30. Higher scores indicate more impairment

# Results

• 227 participants are included in this study. • Age range between 2 years to 18 years of age with the mean age of 12.23 years old. • CAFAS scores decreased from a mean average of 6.04 compared to 2.20 at program exit • This indicates a **significant decrease** in behavior.— See chart below

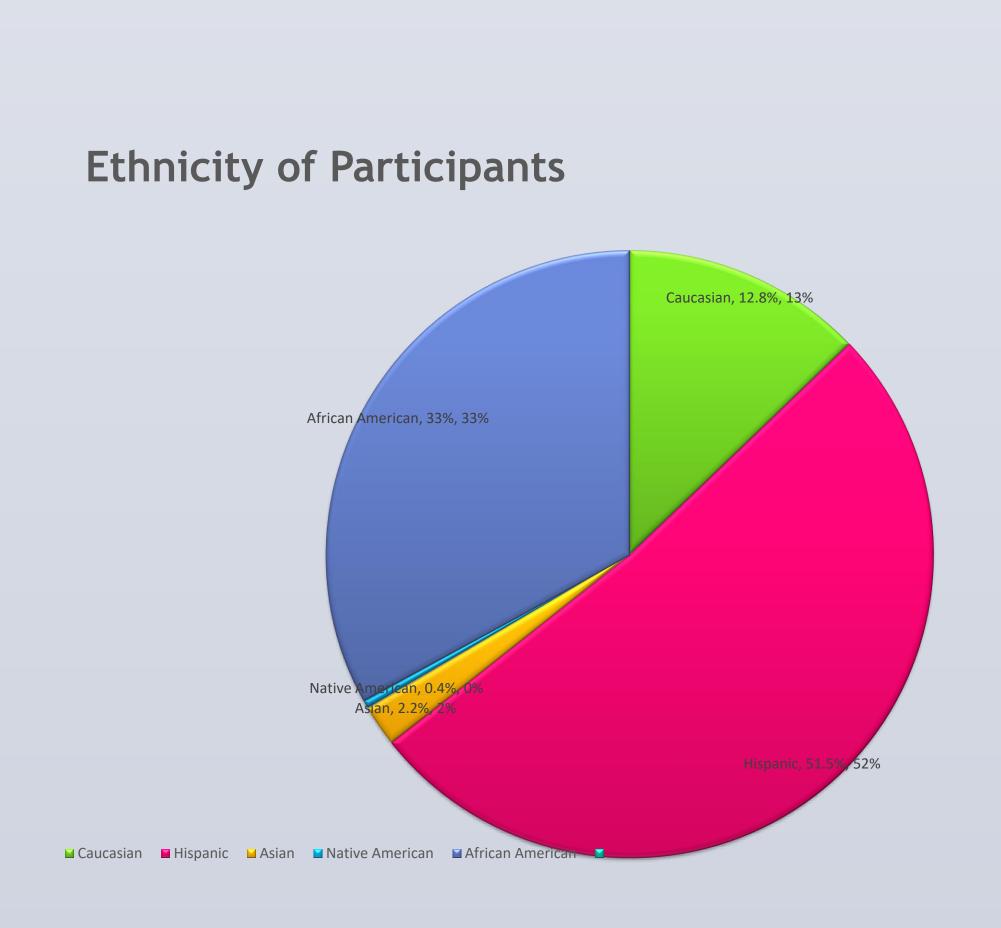


### CAFAS community subscale score at intake and exit

# **Operational definitions**

### Measures

• Ethnicity: 51.5% Hispanic, 33% African American, 12.8% Caucasian, 2.2% Asian, .4% Native American • Gender: **42.7%** Female, **57.3%** Male



### Implications

# Study Limitations

# **Conclusion and Recommendations**

The study demonstrates the efficacy of Wraparound program in helping at risk-youth. Wraparound model is effective and more agencies who provide Wraparound services are needed. Social Workers who work with.

# **Literature Review**

• Wraparound Program is a strength-based model which focuses on building safe, healthy, and adaptive coping skills.

• Wraparound is a collaborative, team approach supporting youth to develop, implement and evaluate an individualized plan to youth and atrisk families

Research indicates that participation in

Wraparound Services is an effective approach for youth who have emotional and behavioral problems.

• Wraparound team is made up of a Facilitator, CFS, Peer Support and Clinician and any natural supports within the child's life.

# Discussion

• Consider multiple assessment points and ensuring staff collect data at all time points.

Ensure youth provide data and measure their own progress.

• Measuring tools should be designed in the primary language.

CAFAS, utilized to measure youth community engagement has limitations it it's function and how it is utilized.

• The sub score of CAFAS to measure community engagement only has four levels of impairment which limit the understanding and behavior. T

Categories of each subset list a number of

behaviors and providers must indicate which set of behaviors a participant is displaying.

