# Michelle Fernandes, MSW, LCSW 20812

# **Curriculum Vitae**

Office: 653 Education Classroom Building

Department of Social Work

California State University, Fullerton

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# ACADEMIC PREPARATION

San Diego State University, Master of Social Work, 1998

Concentration: Mental Health

Whittier College, Bachelor of Arts, 1995

Concentration: Social Work

Specialization: Public Child Welfare

# TEACHING AND ADMINISTRATIVE EXPERIENCE

**Lecturer/Field Liaison** 

8/2019 – present

California State University Fullerton, Department of Social Work

MSW 510 Social Work Practice I

**MSW 511 Social Work Practice I1** 

MSW 540, 541 Social Work Field Instruction I

MSW 542, 543 Social Work Field Instruction II

Assist students with applying theory to practice in field settings

Promote NASW Code of Ethics in practice and field settings

Promote cultural diversity in class and field settings

Facilitate student clinical development and clinical confidence in practice settings

Assist students with integrating the nine social work competencies

Utilize strength based approaches to facilitate student learning processes

Maintain contact with field instructors and conduct field visits to evaluate student progress

Field Instructor for Cal-SWEC 1st and 2nd year students

Social Work Department Alumni Celebration Committee

Social Work Department Community Engagement Committee

Social Work Department Graduation Committee

Social Work Department Student Awards Committee

Social Work Department Faculty Advisor

Pa'lante Fellowship Program Faculty Mentor

College of Health and Human Development Allied Health Academy Faculty Mentor

College of Health and Human Development Graduate Student Success Committee

Lecturer/Field Liaison 8/2018 – 5/2019

California State University Fullerton, Department of Social Work

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Field Instructor for Cal-SWEC 1st and 2nd year students

Social Work Department Faculty Advisor

Social Work Department Alumni Celebration Committee

Social Work Department Community Engagement Committee

Social Work Department Graduation Committee

College of Health and Human Development Scholarship Selection Committee

Lecturer/Field Liaison 8/2017 – 5/2018

California State University Fullerton, Department of Social Work

**MSW 510 Social Work Practice I** 

MSW 511 Social Work Practice I1

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MSW 542, 543 Social Work Field Instruction II

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Maintain contact with field instructors and conduct field visits to evaluate student progress

Field Instructor for Cal-SWEC 1<sup>st</sup> year students

Social Work Department Faculty Advisor

Social Work Department Community Engagement Committee

Social Work Department Bilingual Curriculum Committee

Social Work Department Student Status review Committee Substitute

Lecturer/Field Liaison 8/2016 – 5/2017

California State University Fullerton, Department of Social Work

Clinical Supervisor/Field Liaison

California State University Fullerton, Center for Healthy Neighborhoods

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**MSW 511 Social Work Practice I1** 

MSW 541, 542 Social Work Field Instruction II

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Field Instructor for Cal-SWEC 1<sup>st</sup> year students

Social Work Department Faculty Advisor

Social Work Department Community Engagement Committee

Social Work Department Student Status review Committee Substitute

Social Work Department Bilingual Curriculum Committee

Social Work Department Alumni Celebration Committee

Clinical Supervisor at Center for Healthy Neighborhoods

### Lecturer/Field Liaison 1/2016 -5/2016

California State University Fullerton, Department of Social Work

# **Director of Programs and Services**

California State University Fullerton, Center for Healthy Neighborhoods

#### MSW 541 Social Work Field Instruction I

Assist students with applying theory to practice in field settings

Promote NASW Code of Ethics in practice and field settings

Promote cultural diversity in class and field settings

Facilitate student clinical development and clinical confidence in practice settings

Assist students with integrating the ten social work competencies

Utilize strength based approaches to facilitate student learning processes

Maintain contact with field instructors and conduct field visits to evaluate student progress

Field Instructor for Cal-SWEC 1<sup>st</sup> year students

Social Work Department Faculty Advisor

Social Work Department Community Engagement Committee

Coordinated and managed new programs at CSUF Center for Healthy Neighborhoods

# Lecturer/Field Liaison 8/2015 – 12/2015

California State University Fullerton, Department of Social Work

## MSW 540 Social Work Field Instruction I

Assist students with applying theory to practice in field settings

Promote NASW Code of Ethics in practice and field settings

Promote cultural diversity in class and field settings

Facilitate student clinical development and clinical confidence in practice settings

Assist students with integrating the ten social work competencies

Utilize strength based approaches to facilitate student learning processes

Maintain contact with field instructors and conduct field visits to evaluate student progress

Field Instructor for Cal-SWEC 1<sup>st</sup> year students

Social Work Department Community Engagement Committee

**Adjunct Professor 8/2014 – 5/2015** 

Whittier College, Department of Sociology, Anthropology & Social Work

#### **SOWK 240 Introduction to Social Work**

Introduced students to the field of social work

Education on the history of social work in America

Explored various roles and settings in which a diverse client population is served

Introduced the main theoretical perspectives that guide practice

Education on the core values and ethics of the profession

Emphasized themes of social and economic justice

Coordinated coursework with Director of Social Work Department

## PROFESSIONAL EXPERIENCE

Field Instructor 08/2015 - present

Women's and Children's Crisis Shelter, Whittier

Provided outreach to CSUF, Dept. of Social Work to secure a MOU for student placement

Collaborate with Director to develop student learning objectives within the agency

Provide individual supervision and support

Education of domestic violence population, cultural components and evidenced-based practice

Promote core values of social work and NASW code of ethics

Ensure student compliance with agency policy and procedure

Participate in field visits and complete comprehensive evaluations

Clinical Supervisor 06/2007 - present

Women's and Children's Crisis Shelter, Whittier

Developed Mental Health Program for the shelter residents considering all legal and ethical issues Created Informed Consent, Limits to Confidentiality, Client Rights and Release of Information Forms

Created Psychosocial Assessment specific to the domestic violence population

Collaborate with interdisciplinary staff members to enhance the children's support group, parenting and "mommy and me" groups

Develop and facilitate ongoing group training for interdisciplinary staff

Provide clinical supervision and support to MSW, MSW Intern, case manager and MFT Intern

Provide community outreach to promote awareness of domestic violence and support for the agency (presentations at Rio Hondo College, Presbyterian Intercommunity Hospital, Soroptimist, Lions Club, National Charity League, and Shelters Right Hand)

Collaborate with Director to further develop programs, policies, and evaluate program effectiveness

Clinical Social Worker 06/2007 - present

Women's and Children's Crisis Shelter, Whittier

Provide individual and family therapy to children residing in shelter

Utilize evidence-based trauma-focused practice methods

Utilize crisis intervention and suicide assessment

Assess for child abuse and comply with reporting mandates

Complete psychosocial evaluations and treatment plans

Ongoing consultation with the women's therapist

Collaboration with interdisciplinary staff and as well as protective services, legal counsel, etc.

Clinical Supervisor 8/2005 - 6/2007

The Whole Child, Whittier

Managed Student Program for interns from Whittier College

Provided interim Field Instruction for students from CSULB and USC

Provided individual and group supervision and support

Education on assessment, diagnosis, treatment planning and intervention

Ensured student compliance with agency and DMH policy

Promoted core values of social work and NASW code of ethics

Participated in Field Faculty Training at USC

Participated in field visits and completed comprehensive evaluations

Clinical Social Worker 06/1998 - 06/2007

The Whole Child, Whittier

Provided individual, family and group therapy to children in outpatient treatment

Provided school based therapy and shelter based therapy on contractual basis

Designated Mental Health Provider for court mandated Family Preservation clients

Collaborated on the Multidisciplinary Case Planning Committee with county social workers, in-home counselors, probation officers, etc. for Family Preservation cases

Designated Mental Health Provider for Private Insurance and Victims of Crime clients

Conducted intake, assessment, DSM-IV diagnosis, treatment planning, intervention and discharge

Utilized crisis intervention, suicide assessment and intervention

Assessed for child abuse and complied with reporting mandates

Active on Quality Improvement Team and Peer Review Committee

Interim Program Management for the Service Coordination Unit

Provided supervision to LCSW's, MSW's, BSW's and MFT's

Organized client referrals, case assignments and crisis services

## Children's Social Worker

06/1995 - 8/1996

Department of Children and Family Services, Los Angeles

Investigated and evaluated cases of child abuse to determine need for out of home care

Managed cases from Emergency Response to Permanency Planning

Conducted on going home visits to assess risk and evaluate child's well-being

Assisted parents and foster parents in meeting the social and emotional needs of the child

Utilized community resources to meet needs of child

Collaborated with teachers, therapists, physicians, probation officers etc.

Assisted parents and foster parents understanding of plan for care of the child

Provided extensive documentation on case progress for Children's Court