

## HIGHLIGHTS OF THE HUMAN SERVICES MAJOR

1. The Human Services major offers undergraduate preparation for further study and careers in mental health and counseling, social work, community organization and planning, policy analysis, administration of human services agencies, gerontology, and elementary school teaching.
2. A human services worker may directly or indirectly provide mental health or social services to clients, supervise personnel, administer programs, and develop policies or support services for professional staff in such areas as healthcare, housing, recreation, education.
3. The curriculum of the Human Services major emerged from courses taught through the University's Interdisciplinary Center in the early 1970's. Some of these classes emphasized personal growth within interactive groups. This self-awareness and humanistic focus has remained a distinctive mark of what we offer.
4. An equally distinctive mark has been the emphasis on applied learning through experience in fieldwork placements in community settings. The Human Services Program at CSUF is one of the few undergraduate human services programs on the West Coast that are approved by the Council for Standards in Human Services Education. Students will have the opportunity to experience three fieldwork situations, each for 120 hours of supervised practice. The benefits of working in the community are numerous and often result in important professional connections as well as developing the student's sense-of professional identity.
5. The curriculum is structured around four interrelated components: (1) theoretical foundations and Intervention strategies, (2) client populations and cultural diversity, (3) research and evaluation, and (4) skill development through exploration within oneself and experience in the field. Features of our curriculum have been frequently presented in professional lectures and publications. Textbooks developed for our courses are widely used internationally.
6. The permanent faculty has been drawn from diverse disciplines, supplemented by part-time faculty who are professionally active in the community. We currently have approximately 800+ majors, and offer 90+ course sections each semester. Students are enthusiastic participants in class, social and community activities.
7. Faculty and students are known and respected; students are well received in placements and in graduate schools. Our graduates have reported that our blend of theory and experiential learning has enabled them to excel in their professional development. About half of the Human Services graduates enter graduate programs in social work, counseling, psychology, public administration, and education. Those that choose to work in the field before attending graduate school have positions such as child protective service workers, probation officers, outreach workers, case managers, and residential treatment workers. Many of our graduates have paid positions immediately upon graduating from our program. In fact, many of our graduates found work in agencies such as the YMCA Counseling Services, Orange County Department of Probation, Orange County Department of Mental Health, the Orange County Conservation Corps, Lampson Elementary School, Women's Transitional Living Center, Crittenton, and AIDS Services Foundation. Many of these professionals will eventually complete graduate studies.
8. The Human Services Major leads to a Bachelor of Science degree, and requires 54 units. (21 units are required for a minor in Human services.) The major includes 18 units of electives and 36 units of required coursework consisting of: 9 units in theoretical foundations/interventions, 9 units in client populations/cultural diversity, 9 units in research/evaluation, and 9 units in skill development/field experience.
9. **Beginning Fall 2020**, students will have the option to declare a Concentration in Addiction Studies, Mental Health, or Elementary Education. If students **do not** wish to declare one of these Concentrations, they will earn a Bachelor of Science in Human Services with no concentration. Those who do not declare a concentration may take any of the electives offered toward the 18 units of electives required. Those declaring a Concentration will have that concentration shown on their official transcripts.
10. The Department has articulation agreements with many of surrounding colleges. A Human Services Academic Advisor may approve of the transfer of up to twelve units of related course work toward the total of the fifty-four units required for the Human Services major.
11. The Human Services Department is a part of the College of Health and Human Development, characterized by a commitment to community based applied learning. Student and faculty exemplify the enthusiasm and commitment that are characteristic of Cal State University, Fullerton.

For academic advising please call the advising center at 657-278-5472. Human Services Academic Advisor or the Department Chair.

**SEE REVERSE SIDE FOR IMPORTANT CONTACT INFORMATION**

# ***Important information for you to know...***

## ***Human Services Advisement***

### **Faculty Advisor**

Ramona Perez 657-278-5472

Office: EC-472

Email: [husradvising@fullerton.edu](mailto:husradvising@fullerton.edu)

**Book Now** Link below

### **First/Second Year Advisor**

Jenny Hwang 657-278-7443

Office: EC-130F

Email: [jhwang@fullerton.edu](mailto:jhwang@fullerton.edu)

### **Appointment TitanNet:**

<https://fullerton.campus.eab.com/pal/nZLfaDoHpk>

### **Transfer Student Advisor**

Shannah Johnson 657-278-4087

Office: EC-105C

Email: [shjohnson@fullerton.edu](mailto:shjohnson@fullerton.edu)

### **Appointment TitanNet:**

[https://fullerton.campus.eab.com/pal/Btb-A\\_983k](https://fullerton.campus.eab.com/pal/Btb-A_983k)

## ***Appointments:***

**Book Now at:** <https://booknow.appointment-plus.com/6tl416lv/>

Once on page, click on Log In and you will be taken to the page to create your account and can then schedule the appointment.

## ***Human Services Department Office EC- 405***

Leilani Thomas

Email:

657-278-8444

[lthomas@fullerton.edu](mailto:lthomas@fullerton.edu)

Eboni Threatt

Email:

657-278-8444

[ethreatt@fullerton.edu](mailto:ethreatt@fullerton.edu)

## ***Human Services Department Chair EC- 454***

Dr. James Ruby

Email:

657-278-8385

[jruby@fullerton.edu](mailto:jruby@fullerton.edu)

## ***Fieldwork Office EC-479***

Dr. James Ruby

Email:

Website:

657-278-8385

[jruby@fullerton.edu](mailto:jruby@fullerton.edu)

<http://hhd.fullerton.edu/hsr/fieldwork/index.php>

## ***Undeclared and Academic Advising Center (GE)***

Temp in PLS 360

657-278-3606

[www.fullerton.edu/aac](http://www.fullerton.edu/aac)

## ***Office of Admissions***

Service Center (LH-111)

657-278-3100

<https://admissions.fullerton.edu/contact.php>

## ***Registration and Records***

Service Center (LH-114)

Graduation Unit (LH -114)

657-278-7601

657-278-2300

<http://records.fullerton.edu/contact/index.php>

[Gradunit@fullerton.edu](mailto:Gradunit@fullerton.edu)

## ***Registration***

To register by phone

Help Line

To register online

657-278-7902

657-278-7601

<http://www.fullerton.edu/titanonline>

## STUDENT PLANNING WORKSHEET FOR HUMAN SERVICES MAJOR (54 UNITS)

NAME: \_\_\_\_\_ CWID# \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ EMAIL: \_\_\_\_\_

<b><u>REQUIRED COURSES (36 UNITS)</u></b>	<b><u>DATE COMPLETED</u></b>	<b><u>CHALLENGE TRANSFER</u></b>	<b><u>GRADE/ UNITS</u></b>
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**A. THEORETICAL FOUNDATIONS/INTERVENTION (9 UNITS)**

HUSR 201 Introduction to Human Services (3)	_____	_____	_____
HUSR\COUN 380 Theories & Techniques of Counseling (3)	_____	_____	_____
HUSR 310 Case Management (3)	_____	_____	_____

**B. CLIENT POPULATIONS/CULTURAL DIVERSITY (9 UNITS)**

HUSR 411 Service Delivery to Communities (3)	_____	_____	_____
CAS 312 Human Growth & Development(S) <b>OR</b>	_____	_____	_____
PSYC 361 Developmental Psychology (3) (both GE)	_____	_____	_____
PSYC 341 Abnormal Psychology (3) <b>OR</b>	_____	_____	_____
SOC 351 Sociology of the Family (3) (both GE)	_____	_____	_____

**C. RESEARCH/EVALUATION (9 UNITS)**

HUSR 315 Research & Data Management in HUSR (3)	_____	_____	_____
HUSR 385 Program Design & Proposal Writing (3)	_____	_____	_____
<small>(Prerequisites: HUSR 315 &amp; HUSR 396)</small>	_____	_____	_____
HUSR 470 Evaluation of Human Services Programs (3)	_____	_____	_____
<small>(Prerequisite: HUSR 385)</small>	_____	_____	_____

**D. SKILL DEVELOPMENT/FIELD FXPERIENCE (9 UNITS)**

HUSR 396 Practicum Seminar (3)	_____	_____	_____
<small>(Prerequisite: HUSR 201 &amp; HUSR 380 or HUSR 310)</small>	_____	_____	_____
HUSR 495 Fieldwork Seminar (3)	_____	_____	_____
<small>(Prerequisite: HUSR 396, EDEL 315, <b>OR</b> HUSR 490)</small>	_____	_____	_____
HUSR 496 Internship Seminar (3)	_____	_____	_____
<small>(Prerequisites: HUSR 495 <b>OR</b> HUSR 490)</small>	_____	_____	_____

**OR-by CONSENT OF INSTRUCTOR ONLY:**

HUSR 490: Practicum in Group Leadership	_____	_____	_____
<small>(COREQUISITE: 416, 450 FIRST TIME ONLY, MAY BE TAKEN TWICE)</small>	_____	_____	_____
or-	_____	_____	_____
EDEL 315 (ONLY FOR ELEMENTARY ED. CONCENTRATION)	_____	_____	_____

**18 UNITS OF ELECTIVES**  
(SEE REVERSE SIDE)

<b>CONCENTRATION:</b> _____	<b>GENERAL:</b> _____		
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
6. _____	_____	_____	_____

**GENERAL BACHELOR OF SCIENCE DEGREE IN HUMAN SERVICES**  
**CHOOSE 18 UNITS OF ELECTIVES COURSES FROM THIS LIST:**

**Recommended for students interested in Social work/Administration/and other helping professions:**

HUSR 300	Character and Conflict (3)	HUSR 435	Alcohol & Other Drugs: Prevention and Education (3)
HUSR 318	Immigrants and Refugees (3)	HUSR 436	Family Addiction Dynamics (3)
HUSR 350	Leadership (3)	HUSR 437	Co-occurring Disorders (3)
HUSR 400	Ethical and Professional Issues (3)	HUSR 450	Theory and Practice of Group Counseling (3)
HUSR 410	Crisis Intervention (3)	HUSR 455	Integrating Acting & Psychodrama (3)
HUSR 415	Treatment Issues in Drug Addiction (3)	HUSR 465	Human Services Delivery to Latinos (3)
HUSR 416	Group Process and Membership (1)	HUSR 475	Human Service Policy and Practice (3)
HUSR 420	Human Services Management (3)	HUSR 480	Case Analysis & Intervention Techniques (3)
HUSR 425T*	Contemporary Issues in Human Services (3)		
HUSR 430	Child Abuse and Human Services (3)		
HUSR 434	Physiological Effects of Alcohol & Other Drugs (3)		
<b>OR</b>	<b>PUBH 321: Drugs and Society (3)</b>		

\* **Topics include:** Gender Issues, Serving the Homeless, Intimate Partner Violence, Veterans & Their Families, and Human Services & Mixed Ancestry Identity.

**IN ORDER TO TAKE ANY ELECTIVES OTHER THAN THOSE LISTED ABOVE, STUDENTS MUST SEE AN ADVISOR FOR APPROVAL AND EXCEPTION MUST BE DONE FORMALLY. SOME STUDENTS MAY WISH TO USE HUSR 499 Independent study or HUSR 399 or 493 (peer mentoring) as an elective.**

**Below is a listing of various courses offered at CSUF that students may wish to take based on their career interests:**

**Recommended for students interested in working with children in schools:**

ART 380	Art and Child Development (3)
DANC 471	Creative Dance for Children (3)
ENG 341	Child Literature (3) <b>OR</b>
THTR 311	Oral Interpretation of Child Literature (3)
KNES 386	Movement and the Child (3)
MATH 303 A/B	Fundamental Concepts Elementary Math (3)
MUS 433	Music in Childhood (3)
BIOL 453	Life Science Concepts (3)
GEOL 410	Physical Earth/Space Systems (3)
THTR 402A	Dramatic Activities for Children (3)

**Recommended for students interested in working with disabled population:**

HUSR 445	Persons with Disabilities and Human Services (3)
SPED 371	Exceptional Individual (3)
SPED 322	Intro. To Positive Behavior Support (3)
SPED 400	Early Childhood Special Education (3)
SPED 401	Intro to Autism (3)
SPED 421	Working with Families of Individuals with Disabilities (3) (Pre-requisite SPED 371)
SPED 425	Language & Culture for Special Populations (3)
SPED 463	Characteristics of Individuals with Mild-Moderate Disabilities
SPED 464	Characteristics of Individuals with Moderate-Severe Disabilities (3)

**Recommended for students interested in working with aging population  
(Students may also wish to consider a Minor in Aging Studies)**

ANTH 308	Culture and Aging; Anthropological Gerontology (3)
BIOL 306	Biology of Aging (3)
HUSR 412	Intro to Gerontology in Human Services (3)
KNES 353	Physical Activity & Lifelong Well-Being (3)
KNES 454	Physical Dimensions of Aging (3)
KNES 455	Functional Performance Assessment & Programming for Older Adults (3)
PSYC 362	Psychology of Aging (3)
AGNG 420	Aging & Dementia
SOCI 360	Death & Dying (3)
SOCI 443	Sociology of Aging (3)
HCOM 345	Communication and Aging (3)
PUBH 450	Applied Health Promotion in Aging Populations (3)
AGNG 433	Aging and Social Services (3)

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**FOR STUDENTS WISHING TO DECLARE A CONCENTRATION, THERE ARE NO EXCEPTIONS TO THE ELECTIVES LISTED BELOW. AGAIN, STUDENTS MAY CHOOSE TO DECLARE A GENERAL HUMAN SERVICES DEGREE OR A CONCENTRATION.**

**CONCENTRATION IN MENTAL HEALTH**  
CHOOSE 18 UNITS FROM THIS LIST

This concentration focuses on the development of skills and knowledge required in the careers related to mental health such as counseling, psychotherapy, and clinical social work. Emphasis is given to the personal development of the characteristics and qualities deemed essential for mental health professionals.

**Required courses: (9 units)**

HUSR 300	Character and Conflict (3)
HUSR 410	Crisis Intervention (3)
HUSR 480	Case Analysis and Intervention Techniques (3)

**Choose 9 units from those below:**

HUSR 350	Leadership	HUSR 445	Persons with Disabilities & Human Services (3)
HUSR 400	Ethical and Professional Issues (3)	HUSR 450	Theory & Practice of Group Counseling (3)
HUSR 415	Treatment Issues in Drug Addiction (3)	HUSR 455	Integrating Acting & Psychodrama (3)
HUSR 416	Group Leadership	HUSR 465	Human Services Delivery to Latinos (3)
HUSR 425T*	Contemporary Issues in Human Services (3)	HUSR 475	Human Service Policy & Practice (3)
HUSR 430	Child Abuse and Human Services (3)		

\* Topics include: Gender Issues, Serving the Homeless, Intimate Partner Violence, Veterans & Their Families, and Human Services & Mixed Ancestry Identity

## CONCENTRATION IN ADDICTION STUDIES

CHOOSE 18 - 21 UNITS FROM THIS LIST

This concentration focuses on the prevention, treatment, and theoretical understanding needed to work with clients suffering from alcohol and other substance dependency and abuse. Those wishing to be eligible to become a certified Addictions Treatment Counselor with the State of California must take all 21 units. Those students wishing to declare the concentration but do not plan on taking the certifying exam need only take the required 18 units of electives.

### Required Courses:

HUSR 300	Character and Conflict (3)
HUSR 415	Treatment Issues in Substance Abuse (3)
HUSR 434	Physiological Effects of Alcohol & Other Drugs (3) <b>OR</b> PUBH 321 Drugs and Society (3)
HUSR 400	Ethical and Professional Issues (3)
HUSR 435	Alcohol and Other Drugs: Prevention and Education (3)
HUSR 436	Family Addiction Dynamics (3)
HUSR 437	Co-occurring Disorders (3)

**NOTE: 1 internship needs to be completed at a Drug and Alcohol Treatment Center from our Fieldwork Directory list**

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## CONCENTRATION IN ELEMENTARY EDUCATION

This concentration is designed for students planning a career in teaching elementary school and includes the pre-requisite courses for the CSUF multiple subject credential program. Those wishing to be eligible to apply for the multiple subject credential program must take 18 units of electives (**EDEL 325 is required**), and **EDEL 315** (as 1 semester of Field Experience). Students wishing to declare the concentration but do not plan on applying to the multiple subject credential program need only take the required 18 units of concentration electives of their choosing.

ART 380	Art and Child Development (3)	MATH 303 A/B	Fundamental Concepts Elementary Math (3)
DANC471	Creative Dance for Children (3)	MUS 433	Music in Childhood (3)
ENG 341	Child Literature (3) <b>OR</b>	BIOL 453	Life Science Concepts (3)
THTR 311	Oral Interpretation of Child Literature (3)	GEOL 410	Physical Earth/Space Systems (3)
KNES 386	Movement and the Child (3)	THTR 402A	Dramatic Activities for Children (3)

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ALL STUDENTS SEEKING THE HUMAN SERVICES DEGREE (WITH THE EXCEPTION OF THOSE DECLARING A CONCENTRATION, MAY TAKE UP TO 6 UNITS OF 499 INDEPENDENT STUDY TOWARD THEIR 18 UNITS ELECTIVES.

All students may take 499 to earn units when needed to complete the 120 units required to graduate.