**MASTER OF SCIENCE IN COUNSELING COURSES**

**500 – The Counseling Profession (3)**

**Counseling as a mental health professional, including its history, current functions and future directions. The counselor as a professional, including educational goals, personal values and cultural understandings. Opportunity to observe master counselors at work.**

**502 – Career and Lifestyle Development (3)**

**Survey of career and lifestyle development throughout the lifespan. Major theories and strategies in career counseling. Integrating knowledge of career development with the practice of counseling.**

**511 – Pre-Practicum (3)**

**Basic counseling skills, including establishing a therapeutic relationship, facilitating client self-exploration and understanding how one’s values influence the counseling process. Crisis intervention all will be addressed. Extensive role play practice.**

**518 – Human Development and Functioning (3)**

**Human Development from infancy to old age, and its effect on individuals, couples and family relationships. Implications for counseling; role of cultural/social contexts and social stressors; role of human sexuality in development.**

**520 – Modes of Individual Counseling (3)**

**Advanced study of major theoretical frameworks in counseling, including models of personality, definitions of individual dysfunction and approaches to treatment. Practice in case conceptualization and application of theories to counseling.**

**521 – Research in Counseling (3)**

**Applied research methods and program evaluation. Comparative review and synthesis of inquiry approaches. Completion of literature review for anticipated COUN 597 project.**

**522 –Diagnosis and Treatment Planning (3)**

**Advanced study of the latest edition of the Diagnostic and Statistical Manual of Mental Health Disorders (DSM). A comprehensive bio/psychosocial/cultural view, focusing on diagnosis and assessment of major diagnostic categories, as well as integrative treatment planning.**

**523 –Counseling and Culture (3)**

**Culturally competent counseling with people from diverse cultural backgrounds. Effects of socioeconomic status on treatment, and available resources.**

**524 – Child and Adolescent Counseling (3)**

**Overview of child/adolescent development theories and counseling frameworks, with emphasis on utilizing strategies, examining ethical issues, and exploring assessment techniques to evaluate the range of disruptive behaviors.**

**525 – Psychopharmacology for Counselors (3)**

**Introduces biochemical basis of behavior and a general knowledge of the effects and side effects of the major classes of psychotropic drugs. Such knowledge is to make appropriate referrals and a comprehensive approach to treatment.**

**526 - Professional, Ethical/ Legal Issues in Counseling (3)**

**Current ethical and legal standards in practicing counseling and marriage and family therapy. Issues related to child/partner/elder abuse and substance abuse. Role of counselor values, work contexts and client-centered perspective in ethical decision-making. Licensing laws and process. Must pass with a “B” (3.0) or better to advance to COUN 530.**

**527 – Systems of Family Counseling (3)**

**Survey of family systems models, including Adler, Satir, Bowen, Haley, Minuchin, and others.**

**528 – Group: Process and Practice (3)**

**Basic issues and concepts related to group process. Demonstration of group leadership skills with an emphasis on self-reflection.**

**530 – Practicum (3)**

**Supervised clinical practice with adults, families and children in approved community agencies. Practice in case management, documentation, use of community resources. Emphasizes dysfunction and healthy functioning. Hours accrued towards 280 required for year-long practicum experience.**

**535 – Addictions Counseling (3)**

**Etiology and treatment of addictive behaviors, (e.g., substance abuse, gambling). Biological, psychological and systemic factors. Current approaches to assessment, intervention, prevention programs and relapse prevention, including Motivational Interviewing. Role of co-occurring disorders. Use of community resources in helping client and client’s family.**

**538 – Crisis and Trauma Intervention (3)**

**This course provides an overview of crisis theory and intervention, as well as basic aspects of theory and treatment of trauma experienced within diverse and multicultural contexts. Case management in the context of recovery orientation is covered.**

**560 – Appraisal in Counseling (3)**

**Theories and applications of psychological testing and other means of appraisal, as they relate to the practice of community-based counseling and marriage and family therapy.**

**562 – Couples Counseling (3)**

**The treatment of couples, including overview of current theories, assessment, goal-setting, interventions, ethical issues, and diversity issues. Assessment and treatment of spousal abuse. Study of sexual dysfunctions and sex therapy.**

**584 – Advanced Practicum (3)**

**Advanced supervised clinical practice with adults, families and children in approved community agencies. Emphasizes diagnosis, treatment planning, applied use of theory and techniques. Hours accrued towards 280 required for year-long practicum experience.**

**590 – Advanced Counseling Techniques (1-3)**

**Advanced interventions, such as disaster and trauma response with attention to resilience, helping issues with the severely mentally ill, case management and evidence-based practice. Required as part of year-long practicum experience. Hours may be accrued towards 280 minimum. May be taken four times for credit.**

**597 –Research Project (3)**

**Capstone program experience; taken final semester. Student conducts original research relevant to the counseling field.**

**Updated 06/21**