

## **COUN 530A Syllabus Beginning Practicum**

### **Course Description**

This course focuses on supervised practice in counseling adults, couples, families and children who are clients in community agencies and school settings. Format includes a weekly casework consultation seminar utilizing group supervision, video presentations, role-play, directed teaching, and case presentations. Course topics include, but are not limited to, intake evaluations, phases and stages of counseling, crisis management, triage and referrals, role orientation of the counselor, working with culturally diverse clients, confidentiality, legal and ethical issues, note-keeping, termination, and self-care. May be repeated for credit.

### **Course Objectives**

The course will provide students with:

- 1) Training in the ongoing procedures of the counseling setting, including intake process, assessment, case management, note-taking, and reporting issues.
- 2) Supervision for the development of self in the counseling process.
- 3) Training in the effective use of supervision sessions.
- 4) Counseling experience with adults, couples, families and children from diverse cultural/ethnic backgrounds.
- 5) Training in the appropriate use of counseling skills and interventions, and in the evaluation of the effectiveness of these skills and interventions.
- 6) Development of awareness of one's personal, ethical, ethnic and cultural biases and boundaries in clinical work.
- 7) Orientation to integrative learning, bridging theory and counseling practice to support professional development, utilizing current counseling research.

### **Pre-Requisites**

Classified standing; completion of COUN 526; consent of Clinical Training Director; compliance with Clinical Training Handbook including placement in an approved community agency, a signed "4-way agreement" with year-long contract, and your own **individual** malpractice insurance coverage.

### **Student Learning Outcome Language**

As you know, the Counseling department tracks aspects of student learning (known as Student Learning Objectives or SLOs) and Dispositions (Professionalism and Fitness for the Profession) in numerous classes as part of the CACREP accreditation requirements. This helps as a source of feedback on our teaching and lets us know how students are doing on average and individually. In some classes, the SLO's are assessed in the form of a rubric and in other classes it is simply a score from a paper or exam. There is nothing you need to do, but be aware that the information will be used to track and evaluate your progress in the program and will be part of your student record. Please see detailed information in your Student Handbook, as well as the form for Dispositions (which can be assessed at any time, but is always assessed in COUN 511, 530, and 584). There are at least three times when a student's individual progress is formally examined by the faculty: (1) after they have completed their first semester; (2) at advancement to practicum (the semester prior to starting practicum); and (3) at advancement to research project (the

Calendar is only an example and may be quite different 2

semester prior to Final Project). At these points in time, all the assessment information (including any of the SLO assessments conducted, as well as information from advisement, course grades, and professor input) will be examined. The spirit of this is to make sure that you are on track, and if you are not, then our goal is to offer support and guidance so that you can get back on track. If there are serious concerns, this may involve a remediation process or, in rare cases, dismissal from the program. All of this information is outlined in your Student Handbook. The SLO assessed in this class is Professional Orientation and Ethical Practice, and the department is using an exam (SLO Quiz, Week 6 **Feb. 28th**).

## Calendar

Week 1	First Class Meeting. Introductions Discussion of Placements & Student requirements Sign up for presentation dates & look over texts Exploration of effects of twin pandemics: Racism and COVID-19
Week 2	Initial Intake Interview; DSM 5 Overview (including critique); Linking Theory to Practice; Internship Matters <b>DUE:</b> 1. 4-Way Contract 2. Proof of Malpractice Insurance 3. Supervisor's Responsibility Statement. <i>Reading Assignment:</i> Teyber & Teyber Ch.1, Russell-Chapin & Ivey Ch. 1
Week 3	Initial Sessions: Building rapport & setting goals; Experience of being a Counselor; Suicide Risk Assessment and Treatment <i>Reading Assignment:</i> Teyber Ch. 2, Russell-Chapin & Ivey Ch. 2
Week 4	Student Case Discussions with videos Beginning Clinical Work <i>Reading Assignment:</i> Teyber Ch. 3-5 In-class review for SLO Quiz next week
Week 5	<b>No Class</b> – Presidents Day Holiday
Week 6	Student Case Discussions with videos Getting the Most from Your Supervision <i>Reading Assignment:</i> Russell-Chapin & Ivey Ch. 3-4 SLO Quiz (in class)
Week 7	Student Case Discussions with videos Recovery Orientation to Wellness & Prioritizing Community Resilience

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**Reading Assignment:** Russell-Chapin & Ivey Ch. 8-9

- Week 8  
Student Case Discussions with videos  
Family Dynamics and Cultural Competence  
*Reading Assignment:* Teyber Ch. 6, Russell-Chapin & Ivey Ch. 5-6  
**\*\*Schedule your Midterm Evaluation with Site Supervisor\*\***
- Week 9  
Student Case Discussions with videos  
Development and Attachment Issues  
*Reading Assignment:* Teyber Ch. 7-8  
**DUE:** 1. Show Weekly Journal 2. Signed Sup. Mid-Semester Evaluation  
**Meet with Instructor** for Midterm Student Evals (Sign up for timeslot)
- Week 10  
**No Class – Spring Recess Relax & Enjoy!**
- Week 11  
Student Case Discussions with videos  
Best Practices  
Interpersonal Process  
*Reading Assignment:* Teyber Ch. 9; Russell-Chapin & Ivey Ch. 7
- Week 12  
Student Case Discussions with videos  
Termination Issues  
Final Case Presentations  
*Reading Assignment:* Teyber Ch. 10  
**First Draft of Final Paper due**
- Week 13  
Final Case Presentations  
Assisting “Justice Involved” Clients  
Reading Assignment: Russell-Chapin & Ivey Ch. 10  
**\*\*Schedule your Final Semester Evaluation with Site Supervisor\*\***
- Week 14  
Final Case Presentations  
Advocacy & Social Justice in Counseling – Action and Discussion
- Week 15  
Final Case Presentations  
Healthcare Reform in CA and Implications for Counselors
- Week 16  
Final Case Presentations  
**(Last day of class)** Discussion of Professional Issues  
Course Wrap-up & Evaluation

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**DUE:** 1. Final Written Case Presentation; 2. Student Evaluation of Supervisor; 3. Student Evaluation of Agency; 4. Weekly Journal (to show only); 5. Signed Supervisor Final Rating of Student \*; 6. Signed Practicum Hours Summary Log\*.

[\* = **Keep a PDF copy** for your own records once the online form is signed]

Finals Week

**Individual meetings with Instructor.** Sign up for timeslots in my office hours. [Note: Class may meet on this date if presentations remain]