## **ALUMNI SURVEY 2008**



1. What is your current age?		
	Response Percent	Response Count
20-25	3.6%	2
26-30	25.0%	14
31-35	21.4%	12
36-40	10.7%	6
41-45	5.4%	3
46-50	12.5%	7
51-55	8.9%	5
56+	12.5%	7
	answered question	56
	skipped question	0

2. Gender		
	Response Percent	Response Count
Male	14.3%	8
Female	85.7%	48
	answered question	56
	skipped question	0

3. Ethnicity		
	Response Percent	Response Count
Caucasian	57.1%	32
Hispanic	16.1%	9
African American	1.8%	1
Asian/Pacific Islander	16.1%	9
Other	8.9%	5
	answered question	56
	skipped question	0

4. Employment Status		
	Response Percent	Response Count
Full-Time	52.7%	29
Part-Time	36.4%	20
Retired	3.6%	2
Unemployed	7.3%	4
	answered question	55
	skipped question	1

5. If you are employed, please list your job title and describe your position:	
	Response Count
	43
answered question	43
skipped question	13

If you are employed, which ON	E of the following best describes your current primary place of emplo	yment?
	Response Percent	Respons Count
Community Counseling	30.6%	1
Elementary or Secondary Counseling	10.2%	
College/University Counseling Center	2.0%	
College/University Faculty	2.0%	
Community/Junior College	4.1%	
Veteran's Hospital	0.0%	
НМО	0.0%	
General Hospital	0.0%	
Psychiatric Hospital	0.0%	
Other Inpatient Facility	0.0%	
Criminal Justice	0.0%	
Outpatient Clinic	14.3%	
Independent Practice	6.1%	
Other (please specify)	30.6%	
	answered question	
	skipped question	

7.		
	Response Percent	Response Count
Nationally Certified Counselor	0.0%	0
Licensed Marriage and Family Therapist	3.6%	2
Licensed Professional Counselor	0.0%	0
California Pupil Personnel Services Credential	1.8%	1
Other	23.6%	13
None	70.9%	39
	answered question	55
	skipped question	1

8.		
	Response Percent	Response Count
CAMFT	87.3%	48
ACA	30.9%	17
AAMFT	0.0%	0
Other	14.5%	8
None	9.1%	5
	answered question	55
	skipped question	1

9. Date of graduation from CSUF		
	Response Percent	Response Count
2005	6.0%	3
2006	24.0%	12
2007	32.0%	16
2008	38.0%	19
	answered question	50
	skipped question	6

10. How would you rate your preparation at CSUF in each of the following areas?						
	Excellent	Good	Fair	Poor	Did not take this class.	Response Count
COUN 500 The Counseling Profession	34.0% (17)	50.0% (25)	14.0% (7)	0.0% (0)	2.0% (1)	50
COUN 502 Career & Lifestyle Development	10.0% (5)	38.0% (19)	26.0% (13)	18.0% (9)	8.0% (4)	50
COUN 511 Pre-practicum	54.0% (27)	38.0% (19)	8.0% (4)	0.0% (0)	0.0% (0)	50
COUN 518 Human Development & Functioning	52.0% (26)	44.0% (22)	0.0% (0)	2.0% (1)	2.0% (1)	50
COUN 520 Modes of Individual Counseling	56.0% (28)	36.0% (18)	8.0% (4)	0.0% (0)	0.0% (0)	50
COUN 521 Human Inquiry	36.0% (18)	44.0% (22)	16.0% (8)	2.0% (1)	2.0% (1)	50
COUN 522 Techniques of Brief Treatment/Assessment	46.0% (23)	44.0% (22)	6.0% (3)	0.0% (0)	4.0% (2)	50
COUN 523 Counseling & Culture	54.0% (27)	28.0% (14)	12.0% (6)	6.0% (3)	0.0% (0)	50
COUN 524 Child & Adolescent Counseling	30.0% (15)	20.0% (10)	0.0% (0)	0.0% (0)	50.0% (25)	50
COUN 525 Psychopharmacology	24.0% (12)	14.0% (7)	10.0% (5)	4.0% (2)	48.0% (24)	50
COUN 526 Law & Ethics	64.0% (32)	22.0% (11)	12.0% (6)	0.0% (0)	2.0% (1)	50
COUN 527 Systems of Family Counseling	48.0% (24)	24.0% (12)	24.0% (12)	4.0% (2)	0.0% (0)	50
COUN 528 Group	62.0% (31)	28.0% (14)	4.0% (2)	6.0% (3)	0.0% (0)	50
COUN 530 Practicum	70.0% (35)	26.0% (13)	4.0% (2)	0.0% (0)	0.0% (0)	50
COUN 535 Addictions	20.0% (10)	14.0% (7)	0.0% (0)	0.0% (0)	66.0% (33)	50
COUN 560 Psychological Testing	38.0% (19)	46.0% (23)	14.0% (7)	2.0% (1)	0.0% (0)	50
COUN 562 Couples	68.0% (34)	18.0% (9)	6.0% (3)	8.0% (4)	0.0% (0)	50
COUN 584 Advanced Practicum	78.0% (39)	18.0% (9)	2.0% (1)	0.0% (0)	2.0% (1)	50
COUN 590 Advanced Techniques	30.0% (15)	18.0% (9)	2.0% (1)	0.0% (0)	50.0% (25)	50

COUN 597 Final Project	52.0% (26)	44.0% (22)	4.0% (2)	0.0% (0)	0.0% (0)	50
				answe	ered question	50
				skip	ped question	6

11. How would you rate your education and overall experiences in the CSUF Counseling Program?				
	Response Percent	Response Count		
Excellent	70.0%	35		
Good	30.0%	15		
Fair	0.0%	0		
Poor	0.0%	0		
	answered question	50		
	skipped question	6		

12. Would you recommend the CSUF Counseling Program to others?		
	Response Percent	Response Count
Yes	98.0%	49
No	2.0%	1
	answered question	50
	skipped question	6

13. Looking back, what were the best things about your classes/degree program at CSUF?	
	Response Count
	37
answered question	37
skipped question	19

14. Looking back, what changes would you suggest in the classes/degree program at CSUF?	
	Response Count
	36
answered question	36
skipped question	20

# 2. If you are employed, please list your job title and describe your position:

	Response Text	
1	2 part-time roles as a Counselor and Student Services Coordinator	Dec 12, 2008 8:59 PM
2	Director of Human Resources & Operations - Responsible for all aspects of employee relations, compliance, benefits, culture, etc.	Dec 12, 2008 10:11 PM
3	Community therapist In-home therapy with foster children	Dec 12, 2008 10:41 PM
4	Counselor/MFT Intern	Dec 12, 2008 11:05 PM
5	counseling intern: providing therapy sessions in a academic setting	Dec 12, 2008 11:22 PM
6	Therapist, Intern Laura's House Counseling & Resources Center	Dec 12, 2008 11:25 PM
7	student mentor - Univeristy of Phoenix Adjunct Instructor - Westwood College	Dec 13, 2008 1:18 AM
8	Registered MFT Intern. Conduct assessments. Do individual, child, adolescent $\&$ family therapy.	Dec 13, 2008 2:36 AM
9	Senior Social Worker Emergency Response- I assess child abuse and complete investigations. Determine wether children are safe in the home, or need to be removed from the caretakers	Dec 13, 2008 2:51 AM
10	Physical Security Assistant. I provide access as well as I.D. Badges to employees.	Dec 13, 2008 6:05 AM
11	Intern school counselor	Dec 13, 2008 6:11 AM
12	Pre=licensed Therapist - I provide counseling and case managment services to children and families with Medi-Cal insurance.	Dec 13, 2008 6:50 AM
13	MFT Interncourt mandated group therapy, individual therapy	Dec 13, 2008 7:32 AM

# 2. If you are employed, please list your job title and describe your position:

	Response Text	
14	MFT-1 working for Orange County Department of Mental Health, Children and Youth Services. I have a caseload of approx. 28 cases, children and adolescents. Individual therapy, family therapy, case management, assessments, 5150 assessments for involuntary holds/hospitalizations.	Dec 13, 2008 4:01 PM
15	School-based therapist-counseling work with elementary school and middle school children in school settings. I conduct assessments and provide therapy to children and their families.	Dec 13, 2008 4:26 PM
16	Orange County Mental Health; Older Adult Recovery Life Coach; Salvation Army 6 Month Recovery Program Dual Diagnosis	Dec 13, 2008 6:16 PM
17	Behavior Consultant/Parent Educator	Dec 13, 2008 6:19 PM
18	I am a stay-at-home mom.	Dec 13, 2008 7:20 PM
19	Family Program Counselor	Dec 13, 2008 7:36 PM
20	Staff Therapist for an Outpatient Program at a children's mental health clinic. Paid internship.	Dec 13, 2008 10:50 PM
21	Senior Social Worker	Dec 14, 2008 12:47 AM
22	Office Supervisor: Government	Dec 14, 2008 4:23 AM
23	Intern at Straight Talk Clinic. I see individuals and couples. I also see elementary level students at a public school. I project to finish my hours for the license by December 09	Dec 14, 2008 4:59 PM
24	Program Specialist for the special education department. Coordinate with agencies regarding services for families, conduct trainings for special education trainings, monitor compliance of state and federal law and initiate referrals to mental health agencies on behalf of students with disabilities	Dec 14, 2008 6:26 PM
25	MFT Intern: Provide counseling services to children, adults, and families	Dec 14, 2008 7:05 PM
26	Aide III in a Preschool Autism Classroom	Dec 15, 2008 5:11 AM
27	MFT intern	Dec 15, 2008 4:32 PM
28	I am getting my intern hours without pay for the Anaheim High School District	Dec 15, 2008 5:52 PM
29	Counselor, Tustin High School. Attend to academic, career and personal/social issues of students and their families.	Dec 15, 2008 6:07 PM
30	Director of Disability Services and MFT Intern at a commnity counseling center	Dec 15, 2008 6:18 PM
31	Marriage and Family Therapist Intern working with children between the ages of 0-18 and their families. All clients are either on medi-cal, victims of child abuse, or are funded through First 5 Ventura County	Dec 15, 2008 11:17 PM
32	Eating disorder therapist in a Partial Hospital program. Provides individual and group therapy to women 18 and over with eating disorders.	Dec 16, 2008 12:55 AM
33	behavioral therapist	Dec 16, 2008 4:38 AM
34	I work as in hospice as a grief counselor and also work an internship as a marriage and family therapist for a non-profit community agency.	Dec 16, 2008 6:08 AM
35	Clinical Social worker	Dec 16, 2008 12:36 PM
36	substitute teacher (part-time)- middle and high school. Staff/Community Outreach Counselor, IMFT (part-time)- individual, family, and group counseling, parenting classes, agency outreach, presentations on various topics within the community.	Dec 17, 2008 3:16 AM
37	credentialed teacher	Dec 17, 2008 5:01 AM
38	Bilingual Therapist Provide individual, family and group therapy for youth ages 4 up to 21 years old. Clinic is funded through medi-cal and AB3632.	Dec 18, 2008 6:22 AM
39	Private Practice Internship	Dec 18, 2008 9:34 AM

## 2. If you are employed, please list your job title and describe your position:

	Response Text	
40	Lecturer and Prospective Student Advisor CSUF MFT Intern Orange County Drug Abuse Services-Drug Court	Dec 18, 2008 7:36 PM
41	Community mental health therapist. I have between 10-15 clients. I drive to see my clients and have therapy either at their school or at their home. I also do family therapy when the family is willing to participate. My clients are between 5-18 years old, and they either live with their biological parents or are in foster care. The agency is a LA Department of mental health contracted agency.	Dec 20, 2008 6:13 AM
42	Behavior Therapist. Applying ABA principles to work with children with autism.	Dec 22, 2008 2:39 AM
43	MFT-Intern; Addiction Counselor	Dec 27, 2008 6:53 PM

### 3. If you are employed, which ONE of the following best describes your current

	Other (please specify)	
1	Real Estate Development	Dec 12, 2008 10:11 PM
2	Social Services	Dec 13, 2008 2:51 AM
3	teacher	Dec 13, 2008 3:35 AM
4	Government Job	Dec 13, 2008 6:05 AM
5	Non Profit Agency	Dec 13, 2008 7:32 AM
6	Stay-at-home mom	Dec 13, 2008 7:20 PM
7	Group Home / School based Counseling	Dec 13, 2008 9:32 PM
8	Government Social Services	Dec 14, 2008 12:47 AM
9	Government	Dec 14, 2008 4:23 AM
10	Education	Dec 14, 2008 6:26 PM
11	elementary school (not counseling)	Dec 15, 2008 5:11 AM
12	teacher	Dec 17, 2008 5:01 AM
13	Tutor	Dec 19, 2008 5:01 PM
14	Private company	Dec 22, 2008 2:39 AM
15	Inpatient/Outpatient Drug Rehab	Dec 27, 2008 6:53 PM

### 5. Looking back, what were the best things about your classes/degree program

	Response Text	
1	The faculty, course offerings, and outside-of-class events such as potlucks and mixers	Dec 12, 2008 9:01 PM
2	Emphasis on self-reflection and not pushing one particular theory or technique	Dec 12, 2008 11:11 PM
3	The Cohort program	Dec 12, 2008 11:26 PM
4	I thought most of the instructors were great and very professional. They seemed to really care about my success.	Dec 13, 2008 1:20 AM
5	Comment Previously listed	Dec 13, 2008 2:53 AM
6	I learned the most in my couples counseling class and group counseling class.	Dec 13, 2008 6:09 AM

## 5. Looking back, what were the best things about your classes/degree program

	Response Text	
7	self-exploration, improved skills in communication, faculty/staff, students, education	Dec 13, 2008 6:17 AM
8	The professors were excellent! They made themselves available for questions and seemed to really want the best for students. I liked that the classes were small, so that I could feel free to ask questions and have a relationship with the professor. I also felt that the majority of the classes were so helpful in preparing me to work in the field. Any class with professor Cervantes was excellent. I learned so much. Even though he required a lot of reading, I learned so much. I also really liked my classes with Matt as he challenged students.	Dec 13, 2008 6:58 AM
9	the care and involvement of the professors	Dec 13, 2008 7:36 AM
10	Classes that incorporated role playing or demonstration of different techniques/theories were extremely helpful. I also gained a lot from showing/seeing videos of myself and others in therapy.	Dec 13, 2008 4:31 PM
11	class size, instructors, individualized attention avail. to students from faculty.	Dec 13, 2008 6:26 PM
12	THe classes were relatively small and my professors were always approachable.	Dec 13, 2008 7:32 PM
13	High standards	Dec 13, 2008 7:39 PM
14	I vallued the emphasis on self-reflection as a means of personal and professional growth and to learn to separate my issues from those of the client. The faculty's experience and knowledge made learning enjoyable and class always a worthwhile time.	Dec 13, 2008 11:00 PM
15	What I remember most fondly are the professors and their genuine interest in the students and the profession. I felt the professors were there for the students, and you could get as much out of the program that you put in. Some students coasted through with minimal effort, and others really applied themselves. Overall, I really enjoyed the program and feel it prepared me well for the field. Group counseling was great, being run as a group therapy sessions. I really learned a lot with that format.	Dec 14, 2008 4:14 AM
16	Cohort format	Dec 14, 2008 4:26 AM
17	Forced me to reflect and understand myself and my life. Gave me practical skills to actually go in and do real counseling. Disabuse me of any disillusions about the profession. I felt supported and encouraged every step of the way	Dec 14, 2008 5:08 PM
18	The knowledge of the professors and their willingness to share that information; especially, Dr. Reed, Dr. Matt and Dr. Shepard. Each of these professors actually taught practical techniques in their class, more than the theoretical background.	Dec 14, 2008 6:36 PM
19	I really appreciate the professionalism, extensive knowledge, and dynamic styles of my professors. I feel proud to have graduated from CSUF and now realize how high the quality of my education was and is.	Dec 14, 2008 7:10 PM
20	Professors were genuinely interested in the counseling professions and educating others. I learned a lot about myself and how to help others. The techniques and understanding I gained through this program has helped me in every aspect of my life and I imagine it will for the rest of my life.	Dec 15, 2008 5:21 AM
21	The emphasis on individual counseling and sensitivity. A couple of my professorsEnglar/Carlson, Sayedi,	Dec 15, 2008 6:02 PM
22	The faculty, staff and hands on experiences.	Dec 15, 2008 6:09 PM
23	Practicum and psychopathology.	Dec 15, 2008 6:23 PM
24	already answered	Dec 15, 2008 9:01 PM
25	The practical experience gained through class exercises, and the personal help and interest from faculty.	Dec 15, 2008 11:19 PM

## 5. Looking back, what were the best things about your classes/degree program

	Response Text	
26	Certain professors some to mind that really made an impact. They were: Jeffrey Kottler, Dr. Sayeddi, Dr. Shepard, Dr. Iyengar, and Dr. Smart.	Dec 16, 2008 1:08 AM
	Also, in the practicum courses, having to tape and transcribe sessions was an extremely valuable assignment. The research paper was very valuable as well, in that it laid the foundation for an appreciation and understanding of the what goes into research and how knowledge is created.	
27	Support from professors, and peers	Dec 16, 2008 4:41 AM
28	I enjoyed the commoradre with my fellow students and the staff. Additionally, I very much enjoyed the introspective nature of the program and felt that I learned more about myself and who I am then at any other time in my life.	Dec 16, 2008 6:19 AM
29	Provide excellent foundation to assist a variety of clients	Dec 16, 2008 12:45 PM
30	Passionate teachers, diversity in teaching style, nurturing teachers, intense and outstanding curriculum, my own personal growth/development, and excellent preparation for practice.	Dec 17, 2008 3:29 AM
31	Most of the instructors are interested in the students and want them to learn.	Dec 17, 2008 5:36 AM
32	The individual attention given and how closely we interacted with faculty.	Dec 18, 2008 6:31 AM
33	The fact that the classws and the program was relational, diverse and experiencial. Also the faculty is outstanding!	Dec 18, 2008 7:43 PM
34	The teaching format emphasized student discussion instead of purely lecture. The professors were outstanding at teaching and guiding.	Dec 19, 2008 5:07 PM
35	Rapport with professors, self discovery	Dec 22, 2008 2:43 AM
36	Each professor was professional and approachable to this student. I learned far beyond what my work peers know, and am proud to say that I was a graduate from CSUF Counseling Program.	Dec 27, 2008 6:58 PM
37	The hands on experience/structure of the practicum courses	Jan 19, 2009 1:58 AM

## 6. Looking back, what changes would you suggest in the classes/degree

	Response Text	
1	Raise the minimum admission requirements - be more selective*	Dec 12, 2008 9:01 PM
2	More continuity between 521 and 597same teacher for both or a standard format.	Dec 12, 2008 11:11 PM
3	Save Career 502 for later and start with a more interesting class. I had serious doubt but continue with the program.	Dec 12, 2008 11:26 PM
4	Comment previously listed	Dec 13, 2008 2:53 AM
5	I was in a cohort program, so I would have preferred more choices with instructors. I liked most of the instructors I had, but still would like to have had more of a choice like the on-campus students.	Dec 13, 2008 6:09 AM
6	allow data collection for projects or allow more therapists to interview.	Dec 13, 2008 6:17 AM
7	When I took my law/ethics course I didn't really learn a lot from the class, as the professor spoke about many unrelated topics. When I went to study for my first licensing exam I felt that I had to teach myself and felt unprepared in this area.	Dec 13, 2008 6:58 AM
8	more therapeutic training (although it looks like addictions and child/adolescent counseling was added)	Dec 13, 2008 7:36 AM

# 6. Looking back, what changes would you suggest in the classes/degree

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	Response Text	
9	Although we learned a lot of different theories and techniques, we often did not get the opportunity to see them in practice.	Dec 13, 2008 4:31 PM
10	add an add'l pre prac class (part 2)- so there is no lapse between when practicum begins, add electives (i.e. counseling the elderly, or addictions and interventions etc).	Dec 13, 2008 6:26 PM
11	I understand the program has changed significantly since my departure, but I think it lacked rigor particularly related to theory. I also believe I would have benefitted from spending more time with clients before beginning an internship. Incidentally, I obtained an internship in a private practice and was there for a year before I decided to leave and stay home with my new son. I still intend to become licensed.	Dec 13, 2008 7:32 PM
12	Deeper work in the group classes and more available psch testing classes	Dec 13, 2008 7:39 PM
13	I would suggest making some classes more skill based and work on real life scenarios more.	Dec 13, 2008 11:00 PM
14	Overall, I was very satisfied with the program. Some changes have already been implemented, including eliminating Coun. 521. I think students should be challenged, and will rise to the demands of the professor/class. Picking a final project topic of the population I was working with was a great help to me in the field I am still currently working in. As much "real life" case examples, or other "real life/Real world" work and examples was the most helpful. Learning about how to set up a private practice would be helpful too. More focus on working with children/familes and teens would be helpful. I feel most of my knowledge has come from "hands on experience" learning in the field. Part of practicum too. Anger management is a topic I feel was not covered in any class. However, it comes up a lot with clients.	Dec 14, 2008 4:14 AM
15	Allow students to express their opinions with out fear of being outcast.	Dec 14, 2008 4:26 AM
16	offer a counseling techniques class every semester of the program. It does not need to be a 3 hr class. Maybe a 1 hr class to provide more hands on training. Maybe could include watching tapes of Master therapists.  I would also incorporate the Child abuse class as one of the required classes for graduation.  Have the human inquiry and final project in the last 2 semesters and have the same group take it with the same professor.	Dec 14, 2008 5:08 PM
17	I could have benefit from a learning lab type of experience where instant feedback could have been provided by a trusted professor prior to going into a internship.	Dec 14, 2008 6:36 PM
18	I wish there were more classes/education geared towards community services versus private practice because as Interns this is the work that we primarily do. The process of becoming licensed can take a few years so I feel there is a disconnect between the very high quality education we get and the "real world" practice we need to provide. Our education is great if we went straight into private practice, but that's not always possible.	Dec 14, 2008 7:10 PM
19	-possibly starting practicum earlier, so we could learn as we go instead of waiting until the last thingadditional courses in theory. one was not enough, I still don't feel comfortable with the different theoriesthe family systems class I took with an adjunct professor was sub par. I would have much rather had a professor from our program teach that class.	Dec 15, 2008 5:21 AM
20	The same sensitivity and respect to Christians that is alloted to others.	Dec 15, 2008 6:02 PM
21	no comment	Dec 15, 2008 6:09 PM
22	wished I learned more theoretical case conceptualization and better couples theory and practice	Dec 15, 2008 6:23 PM
23	already answered	Dec 15, 2008 9:01 PM

# 6. Looking back, what changes would you suggest in the classes/degree