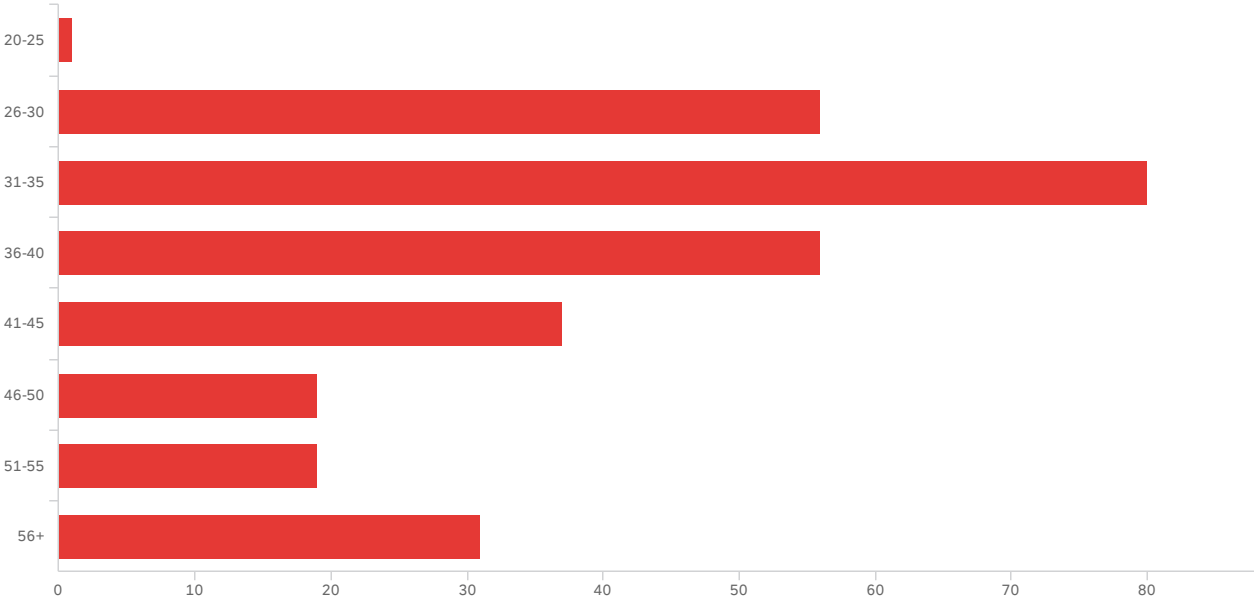


# Alumni Survey

Revised Alumni Survey 2022

April 5, 2023 11:13 AM MDT

## Q1 - What is your current age?

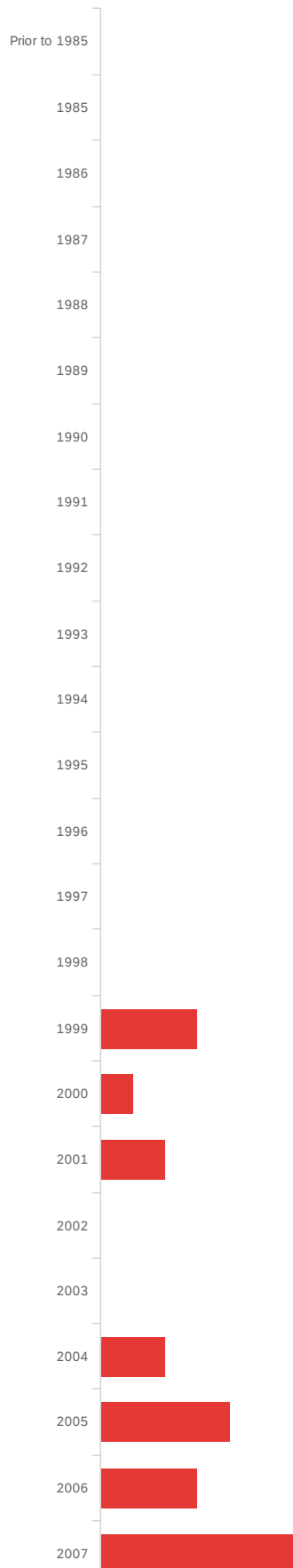


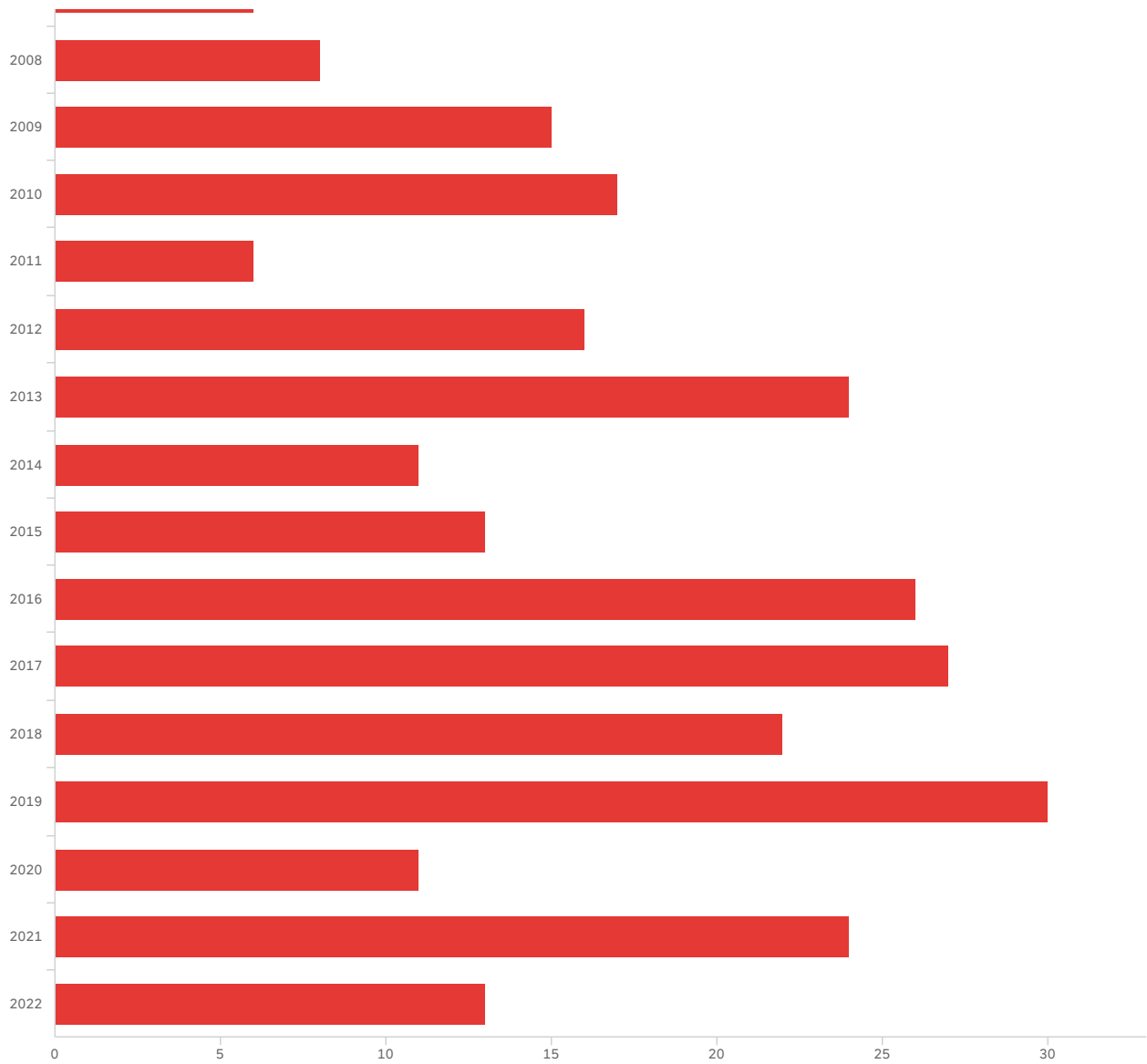
#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	What is your current age?	1.00	8.00	4.20	1.90	3.61	299

#	Field	Choice Count
1	20-25	0.33% 1
2	26-30	18.73% 56
3	31-35	26.76% 80
4	36-40	18.73% 56
5	41-45	12.37% 37
6	46-50	6.35% 19
7	51-55	6.35% 19
8	56+	10.37% 31

Showing rows 1 - 9 of 9

Q2 - In what year did you graduate? (Please use YYYY format)





#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	In what year did you graduate? (Please use YYYY format)	16.00	46.00	38.17	6.54	42.76	284

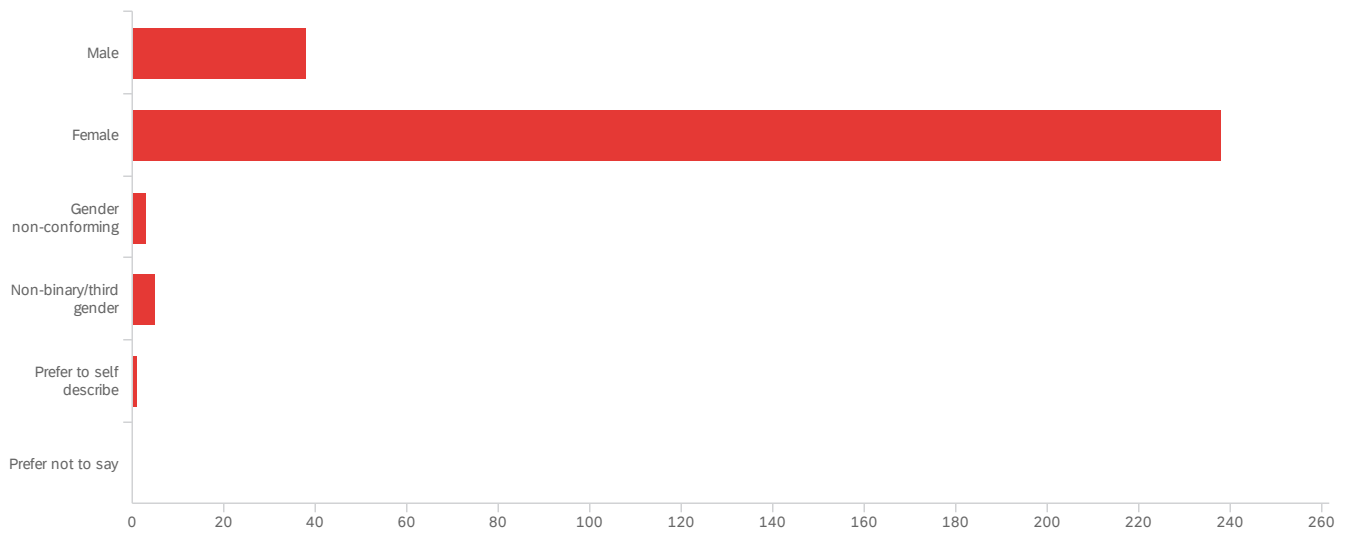
#	Field	Choice Count
1	Prior to 1985	0.00% 0
2	1985	0.00% 0
3	1986	0.00% 0
4	1987	0.00% 0
5	1988	0.00% 0

#	Field	Choice Count
6	1989	0.00% 0
7	1990	0.00% 0
8	1991	0.00% 0
9	1992	0.00% 0
10	1993	0.00% 0
11	1994	0.00% 0
12	1995	0.00% 0
13	1996	0.00% 0
14	1997	0.00% 0
15	1998	0.00% 0
16	1999	1.06% 3
17	2000	0.35% 1
18	2001	0.70% 2
19	2002	0.00% 0
20	2003	0.00% 0
21	2004	0.70% 2
22	2005	1.41% 4
23	2006	1.06% 3
24	2007	2.11% 6
25	2008	2.82% 8
33	2009	5.28% 15
34	2010	5.99% 17
35	2011	2.11% 6
36	2012	5.63% 16
37	2013	8.45% 24
38	2014	3.87% 11
39	2015	4.58% 13
40	2016	9.15% 26
41	2017	9.51% 27

#	Field	Choice Count
42	2018	7.75% 22
43	2019	10.56% 30
44	2020	3.87% 11
45	2021	8.45% 24
46	2022	4.58% 13
		284

Showing rows 1 - 40 of 40

### Q3 - With what gender do you identify?



#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	With what gender do you identify? - Selected Choice	1.00	5.00	1.92	0.49	0.24	285

#	Field	Choice Count
1	Male	13.33% 38
2	Female	83.51% 238
3	Gender non-conforming	1.05% 3
4	Non-binary/third gender	1.75% 5
5	Prefer to self describe	0.35% 1
6	Prefer not to say	0.00% 0
		285

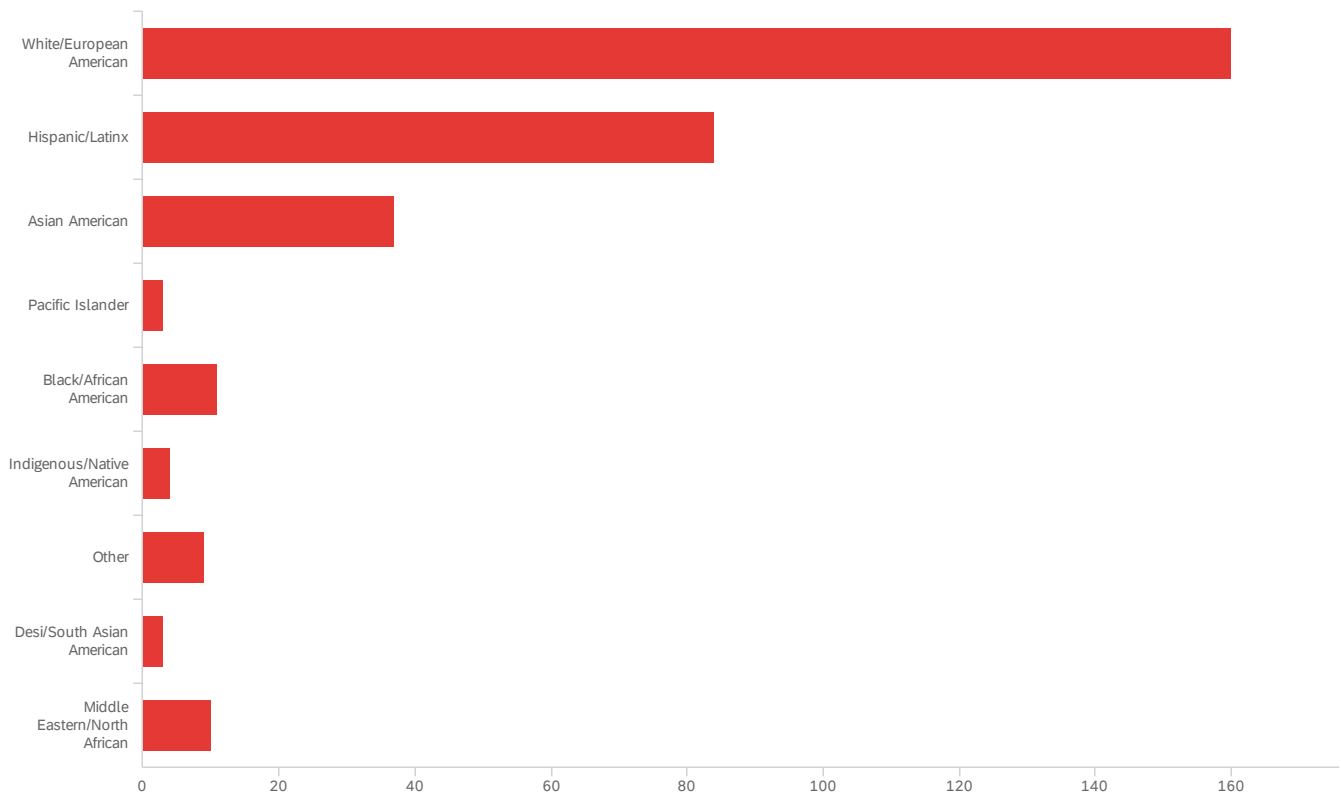
Showing rows 1 - 7 of 7

#### Q3\_5\_TEXT - Prefer to self describe

Prefer to self describe

Trans Female

Q4 - With which group or groups do you identify? Please click all that apply.



#	Field	Choice Count
1	White/European American	49.84% 160
2	Hispanic/Latinx	26.17% 84
3	Asian American	11.53% 37
4	Pacific Islander	0.93% 3
5	Black/African American	3.43% 11
6	Indigenous/Native American	1.25% 4
7	Other	2.80% 9
8	Desi/South Asian American	0.93% 3
9	Middle Eastern/North African	3.12% 10
		321

Showing rows 1 - 10 of 10

Q4\_7\_TEXT - Other

Other



Other

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Mexican

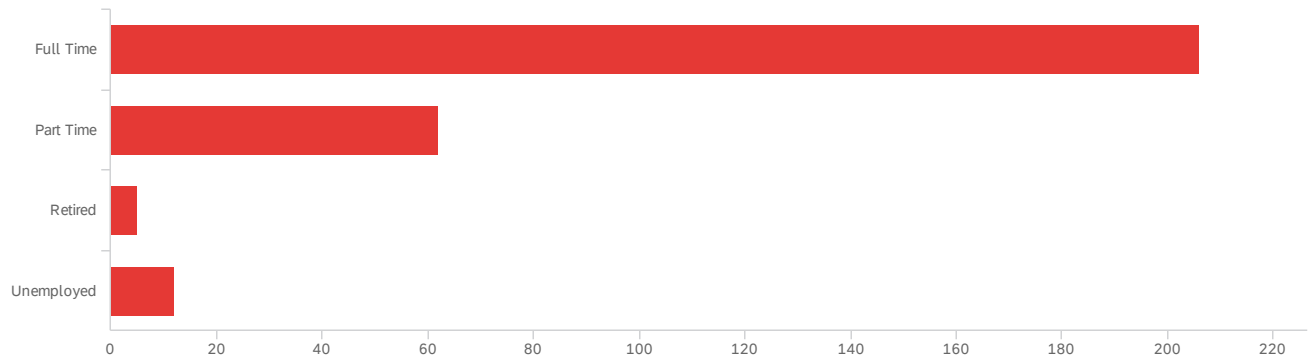
Multiracial

Japanese

Asian

Jewish

## Q5 - What is your current employment status?



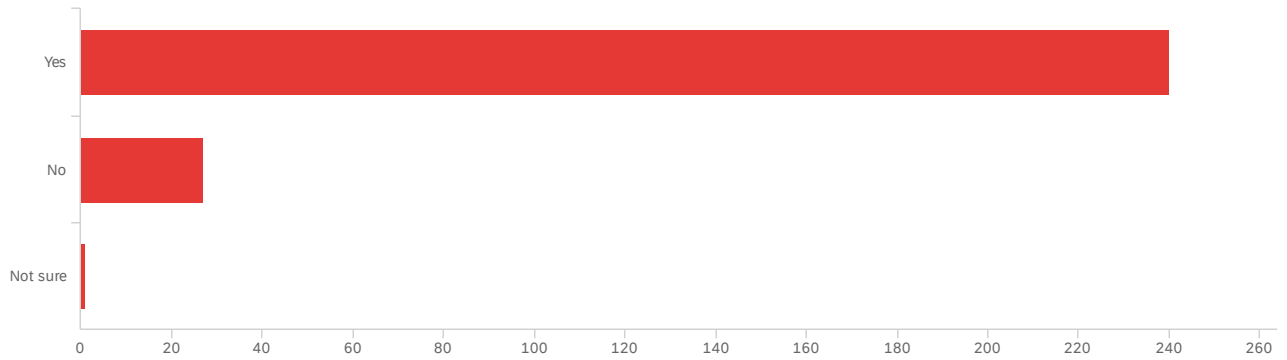
#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	What is your current employment status?	1.00	4.00	1.38	0.72	0.52	285

#	Field	Choice Count
1	Full Time	72.28% 206
2	Part Time	21.75% 62
3	Retired	1.75% 5
4	Unemployed	4.21% 12

285

Showing rows 1 - 5 of 5

Q6 - If you are employed, are you using your degree (working in the mental health profession)?



#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	If you are employed, are you using your degree (working in the mental health profession)?	1.00	3.00	1.11	0.32	0.10	268

#	Field	Choice	Count
1	Yes	89.55%	240
2	No	10.07%	27
3	Not sure	0.37%	1
			268

Showing rows 1 - 4 of 4

## Q7 - If you are employed, please list your job title and describe your position.

If you are employed, please list your job title and describe your position.

Program Director- Oversee all of the Victim Witness Offices in Orange County, Oversee California Victims of Crime Compensation Board Program

Peo

Amft and apcc i work in privaye practice

Clinical Director

Private Practice - Couples Therapist

Registered Associate Marriage & Family Therapist at Institute of Advanced Studies

Private practice owner

Private practice/MFT

Director of Community Impact

Licensed Marriage and Family Therapist - Private Practice

Clinic Practice Manager: Conduct QA audits on documentation, provide supervision to associates, and I also have my own caseload.

Academic Advisor - advise undergraduate students regarding their major and general education requirements to ensure a timely graduation.

Core Faculty at Antioch University Los Angeles's Masters of Clinical Psychology program. Teaching, advising, institutional citizenship, scholarship.

Private practice - owner and therapist

Family Self-Sufficiency Coordinator/Housing Specialist. Assist low income Section 8 participants with housing and learning how to become self-sufficient.

Clinical School Therapist - I am the mental health "expert" at an elementary school in which I provide individual and group counseling, classroom SEL push-in groups, and aid in program development within my school.

School Crisis Response Clinician: School Crisis Response Clinicians will provide additional support during mental health crises by assisting staff in de-escalating, restoring, and promoting emotional and behavioral regulation with students.

LMFt clinician

LMFT working remotely providing individual, couples, and family therapy

EAP/Behavioral Health Consultant - in the moment support/crisis management, referrals

LMFT- work at an agency as an independent contractor and started my own private practice

If you are employed, please list your job title and describe your position.

Practicum counselor: working at a university counseling center as an individual counselor

Private Practice - therapist & Group Practice - therapist

Crisis Counselor - working with College students in crisis, ongoing therapy, eating concerns assessments, campus outreach, supervising prelicensed clinicians, group therapy, other tasks as assigned

Lead Clinician- Assessment of sever mental illness for wellness programs

MFT

Mental Health Therapist

Mental health specialist at the garden grove school district

LMFT specializing in grief and loss, also starting my own estate plan communication and counseling business

Vice President of Clinical Services for an applied behavior analysis company

LMFT

Lmft in private practice

Having own private practice

Owner and clinician of private practice.

AMFT private practice working with teens, adults, couples

I do my own private practice, s-corp. I am the owner abd only one employee as a therapist.

therapist

N/a

Bilingual Clinical Therapist.

Psych Social Worker, Children's therapist

AMFT, APCC

Clinical School Therapist

LMFT

Clinical director

LMFT in private practice

If you are employed, please list your job title and describe your position.

Children and family Services/ Senior Social worker/

Associate marriage and family therapist; I see individuals, couples and families.

Clinician (LGBTQ+ Specialist for adult outpatient program)

Marriage and Family Therapist - working at a small private group practice doing outpatient therapy.

I own and operate my own day program serving individuals with developmental disabilities

Therapist at a college counseling center

Clinical Director for a residential mental health facility

Clinician- I work as a therapist at an elementary school. I see different kids throughout the day and discuss behavior, emotions, and coping in school environment and at home.

Assistant Clinical Program Director

Faculty counselor. Mental health counselor for a state university, and provides direct counseling services and outreach to students.

Elementary School Teacher

Sr. Operations Associate for a non-profit that develops resources, trainings, and technical assistance for professionals at the intersection of SUDs and child welfare.

Clinical Operations and Compliance, ensuring compliance to Joint Commission and state regulations, provide clinical training re: documentation

Director of Special Projects for a nonprofit that supports Young adults with lived experience in the foster care system

Foresight Mental Health - Clinician

Children Social Worker

Primary Therapist. Under clinical supervision I work for an IOP with a caseload of 20 clients.

Private practice owner, therapist

Mental Health Therapist Associate

Licensed Marriage and Family Therapist in a private, group practice specializing in the treatment of OCD, OCD related, and anxiety disorders.

Social work/ consumer services coordinator

Mental Health Counseling Specialist, provides therapy to students in a middle school setting and advocates for mental health awareness on campus.

Mental Health Counselor at CAPS- CSUF :)

If you are employed, please list your job title and describe your position.

Sr. Clinical Therapist

Psychotherapist

Outpatient Therapist. Provide client counseling and case management services. Provide client community/local resources and referrals.

Owner Brain Works Plus

LMFT & Adjunct Faculty- Lecturer CSU Fresno

AMFT and APCC at Hella Good Therapy

Clinical Director

Project manager and executive assistant

LMFT

AMFT and APCC at a group practice doing talk therapy

Program therapist at an IOP

DUI/Drug Court Therapist and Sex Addiction Therapist

Full time LMFT in private practice

Therapist/Case manager

Care Management for Insurance company

Clinical supervisor

Mental Health Clinic Supervisor, Community Crisis Response Team. Our staff support our community in crisis situations, providing risk assessments to determine if a 5150/5585 hold is required.

Assistant Principal

LMFT/ private practice owner

Social Worker I, mental health clinician in children's hospital

Clinical Team Supervisor (supervise therapists and case manager)

Manager of Behavioral Health Services. I manage a team of 12-15 licensed clinicians working at a managed care OP call center for brief MH and SUD screenings for Medi-cal beneficiaries and handle crisis calls for all members.

Self-employed in private practice

If you are employed, please list your job title and describe your position.

Associate Marriage and Family Therapist

LMFT private practice

LMFT at a community counseling center in Tustin, Ca

LMFT: private practice virtual. Part-time lecturer: teaches 2 courses at CSU

Therapist, private practice

Psychiatric Social Worker for Kaiser Permanente

MFT-clinician for a private practice

Registered Associate Marriage & Family Therapist and Registered Associate Professional Clinical Counselor; I work in a private practice setting, where I treat children/teens, adults, couples, and families for mood disorders, life adjustments, anxiety/stress, grief, relationship issues, etc.

Talent Scout at Adobe. I generate pipeline for technical positions that support different positions. Prior to this, I worked in Higher Ed as a career counselor for almost 3 years.

Marriage and Family Therapist

Substitute school base counselor

Retention Specialist--like an academic advisor, assisting students in a health professions university

Career advisor - i work in higher ed

Intake clinician for MH agency

self-employed at private practice and a co-owner of a group practice

LMFT providing individual therapy at a group practice.

Community-Based Clinician, I am a therapist providing services at the client's home, school, and our office.

LMFT - I work for an agency that contracts with insurance companies to provide counseling services for their members. Primarily KP.

Service Chief II-County mental health administration

Practice owner/counselor

Mental health therapist, employed and self-employed

LMFT Private Practice, Adjunct Professor in MFT program.

Behavior Intervention Counselor. I work for a school district providing educationally related mental health services for students and special education.



If you are employed, please list your job title and describe your position.

Preschool teacher. I substitute teach at a preschool where I work with children 4 months-5 years old.

Patient Care Manager - I provide short-term interventions to people living with HIV to help them stay engaged and adherent to treatment and medication. I assist with referrals, assessments, and help create care plans.

Private Practice LMFT

Self-employed; LMFT specializing in gender identity

Intake Clinician for Residential Treatment for Teens

Pre-licensed therapist

Associate Marriage and Family Therapist

LMFT, therapist

Licensed Mental Health Therapist at a college health center. Mostly seeing students individually and doing trainings with faculty and other groups on campus.

Therapist at Steve Irsay Counseling PLLC and Co-Owner of The Listening Room (group practice)

Senior clinical services delivery of group programming

LPC-S

Associate Therapist, AMFT

Mental Health Specialist at Irvine Unified School District. I provide individual and group counseling to middle school students. As well as provide mental health education and resources to students and parents. I am also part of the crisis intervention team and will provide outreach to any campus in the district if there is a student who has attempted or completed suicide. Additionally I run a private practice in the evenings providing individual therapy to adults.

Bilingual clinician

LAC, Couples & Individuals Counselor

LMFT

Telehealth MFT therapist

Academic counselor at a high school - providing academic and socioemotional counseling to teenagers.

Private practice owner / LMFT

Therapist

Associate Marriage & Family Therapist

If you are employed, please list your job title and describe your position.

LMFT, Private Group Practice, Independent Contractor.

Individual Psychotherapist; Director of Operations

Behavioral Health Clinician/Supervisor: maintain a caseload of about 30 clients and provide individual and group supervision to practicum students.

Office Manager for a cardiovascular biomedical research and technology company

Licensed Resident in Counseling in Virginia at a small private practice.

LMFT

Bilingual Clinician, student therapist and parent partner

LMFT

Lmft

LMFT - Telehealth therapist with adults and adolescents working through depression, anxiety, trauma, etc.

Wellness Coordinator. I run wellness centers on high school campuses for a small school district and manage the intern program for clinical trainees.

PT community college counselor/adjunct faculty

Therapist; assessor, group therapist and individual therapist for teens and families

Licensed Marriage and Family Therapist

AMFT, working in a community agency

College Counselor

AMFT Mental health therapist

Disability Support Services Counselor/Faculty coordinator neurodiversity center

Sr social services supervisor

LMFT private practice

Associate Marriage and Family Therapist, and social service practitioner 3

Therapy-working for a group private practice.

Supervisor, Outpatient SUD treatment

Bookkeeper- Manage the accounting for a law firm

If you are employed, please list your job title and describe your position.

Associate Marriage and Family Therapist (with teens and young adults on the autism spectrum)

LMFT in private practice

LMFT, Clinical Director, Supervisor. Provide individual therapy (also family, but not couples) in a group private practice setting. I also engage in networking events, and provide clinical supervisions to associates.

Self-employed therapist

Program coordinator/clinician

Private Practice Teletherapist- LMFT LPCC

Private practice therapist

Clinical therapist in forensic mental health. I work in detention for the county.

LMFT at a group practice and part time clinical director at a SUD IOP

Owner/Therapist at Private practice

School Based Counselor, AMFT

Psychotherapist. I work providing clinical support to high risk patients.

Psychotherapist, owner

LMFT, private practice clinician

Clinical Trainer & Therapist

Higher education

Private Practice, LMFT

Private practice therapist

Counselor, Saddleback and Santa Ana Colleges

AMFT- Associate Marriage Family Therapist in private practice

LMFT

Student/Research Fellow in a PhD counseling Education and supervision program

Associate Marriage and Family Therapist/ working in community mental health serving children, adolescents, and adults

Educationally Related Mental Health Provider for Charter Schools.

If you are employed, please list your job title and describe your position.

Private Practice LMFT

Therapist

Private Practice Therapist

Staff therapist, seeing clients for therapy; Private practice, see clients for therapy; Independent contractor, see clients for therapy

Executive director of Adolescent services for residential primary mental treatment

Licensed Marriage and Family Therapist - I see clients in private practice and I also do immigration evaluations

Marriage and Family therapist, providing therapy to individuals as an independent contractor

LMFT, run my own private practice

Clinical Supervisor Outpatient- Veteran Affairs

Internship Advisor at CSUF, College of Business and Economics; I provide career counseling to undergraduate and graduate students within the College of Business and Economics at CSUF.

Private Practice Therapist

Licensed Marriage Family Therapist, Owner of Julie Wells Therapy

Program Supervisor and Adjunct Professor

Early Childhood Mental Health Therapist

Primary Therapist - facilitate individual, family, and group therapy

Educationally Related Mental Health Specialist Therapist/School Psychologist

Clinical Supervisor

Behavioral health clinician/Contract Monitor

Therapist - I primarily work with children and families at a telehealth company.

Associate Clinical Director of Community Programs. Oversees community/school programming at a large nonprofit.

Licensed Marriage and Family Therapist

Associate Director of Clinical Quality Assurance

EMDR and Primary Therapist

Assistant Director for academic advising

If you are employed, please list your job title and describe your position.

Clinician, working with clients 0-21 providing mental health services

Family Consultant- work for a non-profit serving the caregiver population providing assessments, counseling, and facilitating a support group. Second job: Part-time counselor for a school district

Marriage and Family Therapist in Private Practice

Child Development and Education Professor

AMFT - adult/adolescent focus

Clinical Manager

LMFT & LPCC working in private practice in Fullerton

Licensed clinician- work for a group therapy practice. I work mostly with clients who have Kaiser as their insurance. Pretty similar to DMH, but not as long notes or assessments.

Private Practice LMFT

associate marriage and family therapist and teacher

Associate therapist

Manager student support

Therapist working in private group practice

Psychiatric Counselor - Kaiser

High school counselor

Associate marriage and family therapist at eating disorder private practice

Clinical Coordinator/Lead Therapist

Clinical therapist

Clinical Director

Marriage and Family Therapist

Bilingual clinical therapist 1

Licensed Marriage and Family Therapist

Therapist. Working 32 hours at a psych facility and then, a group practice. Going to open up my own cash pay practice within the next 2 weeks. Waiting on the S-Corp paperwork.

If you are employed, please list your job title and describe your position.

Academic Coach

Behavioral Health Triage Specialist

Primary Therapist

Group Practice Clinician

Pre-licensed therapist. Working with TAY who are at risk of homelessness. Severe

Associate Psychotherapist

LMFT

Clinical Manager - supervising, therapy with clients, program development for the agency.

LMFT

Behavioral Health clinician for county mental health

LMFT Private Practice

LMFT

Mental Health Specialist therapist for a school district

Psychiatric counselor

Behavior analyst

Lpc associate. Lmft associate. Clinical supervisor. Training director.

AMFT at a group private practice

Behavioral Health Counselor - Therapist for school district

Private practice owner, supervisor, and clinician

LMFT

Licensed Mental Health Clinician and a Quality Assurance Specialist at a group private practice

Aviation

LMFT in private practice

LMFT in private practice

If you are employed, please list your job title and describe your position.

LMFT

Private Practice Owner

ERMHS Therapist - Educationally Related Mental Health Services

Licensed Marriage and Family Therapist

MFTA

School Psychologist providing direct 1:1 therapy services to special education students, conducting social/emotional assessments, and conducting psycho-educational assessments

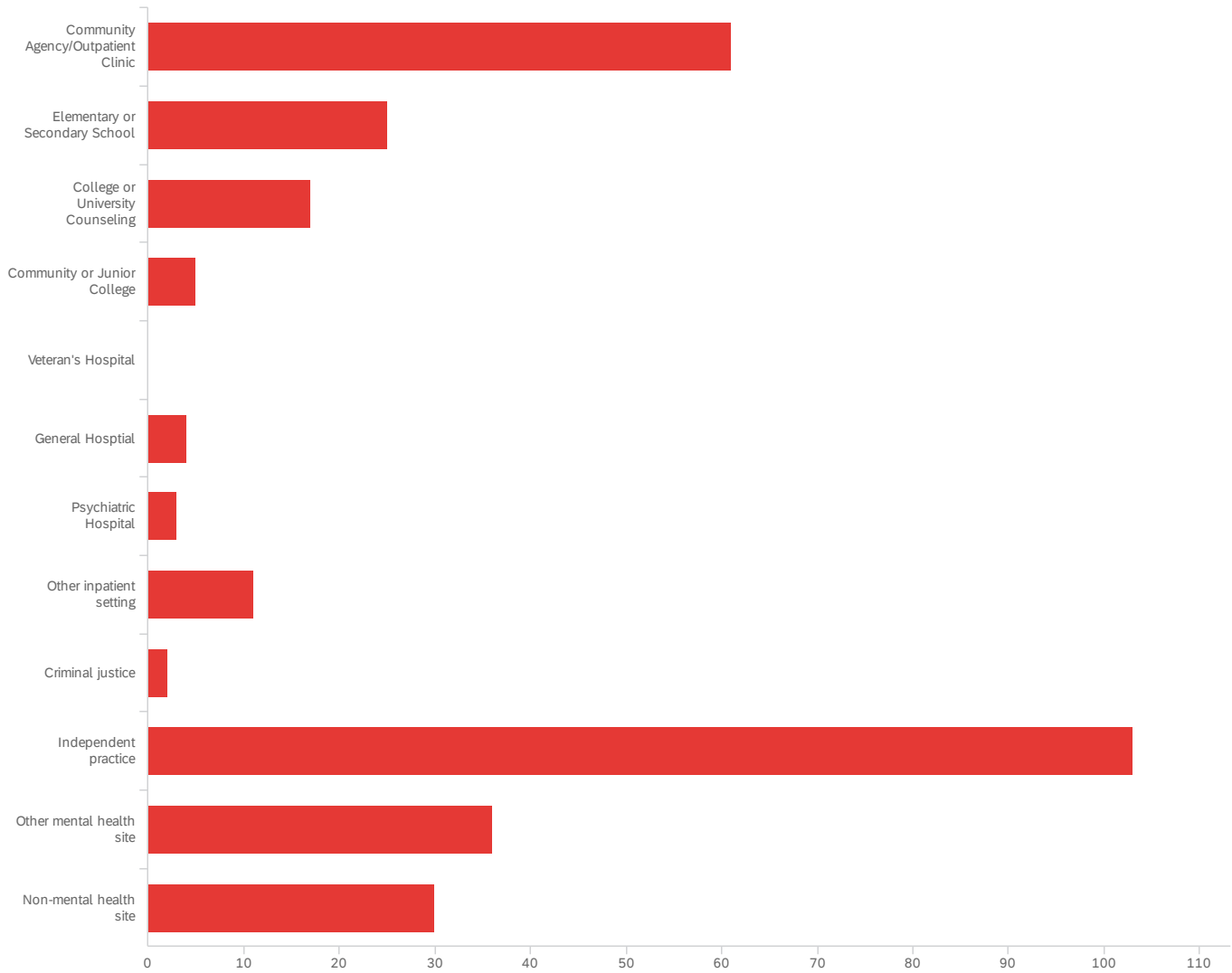
Clinical Care Manager for Anthem. I do utilization review for insurance companies.

Figure skating coach

Owner, Chief Operating Officer, Clinical Director and Supervisor- Addiction Treatment Facility owner, COO and clinical director. Also, clinical supervisor for interns and students.

Senior Social Worker for Children and Family Services

Q8 - If you are employed, please indicate the type of setting(s) in which you work. Select all that apply.



#	Field	Choice Count
1	Community Agency/Outpatient Clinic	20.54% 61
2	Elementary or Secondary School	8.42% 25
3	College or University Counseling	5.72% 17
4	Community or Junior College	1.68% 5
5	Veteran's Hospital	0.00% 0
6	General Hospital	1.35% 4
7	Psychiatric Hospital	1.01% 3

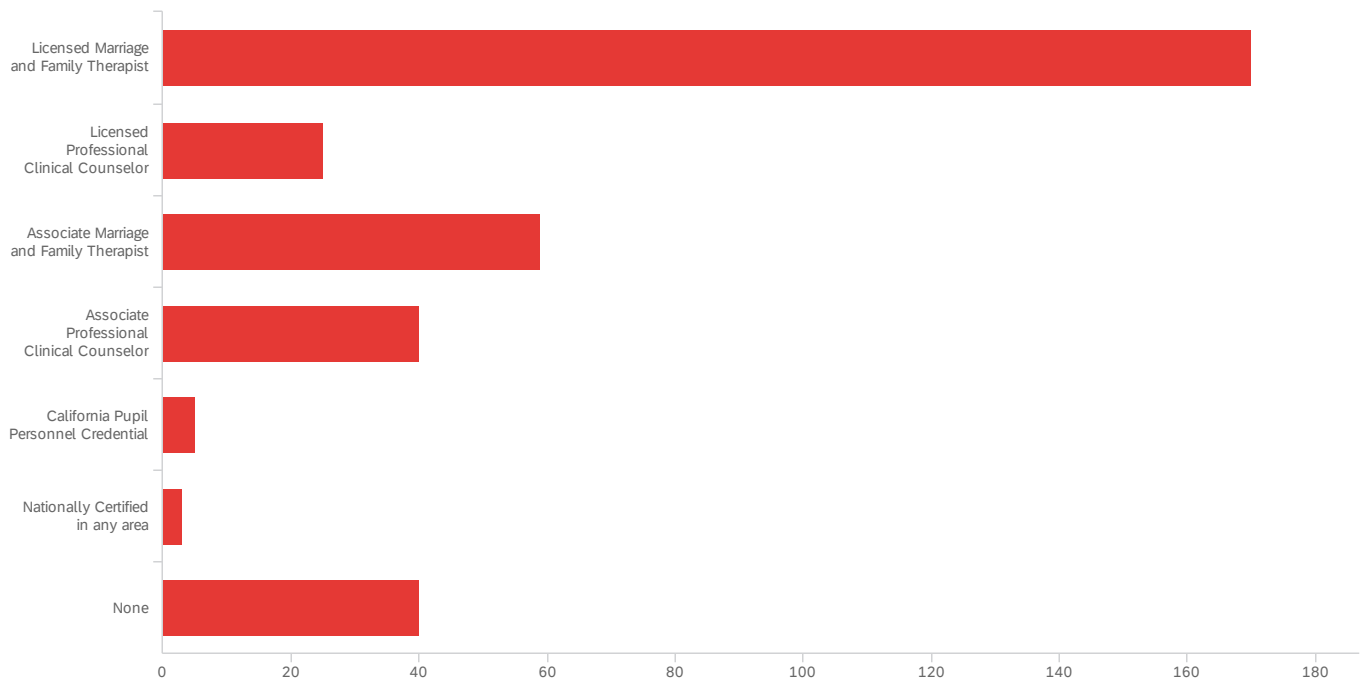


#	Field	Choice Count
8	Other inpatient setting	3.70% 11
9	Criminal justice	0.67% 2
10	Independent practice	34.68% 103
11	Other mental health site	12.12% 36
12	Non-mental health site	10.10% 30

297

Showing rows 1 - 13 of 13

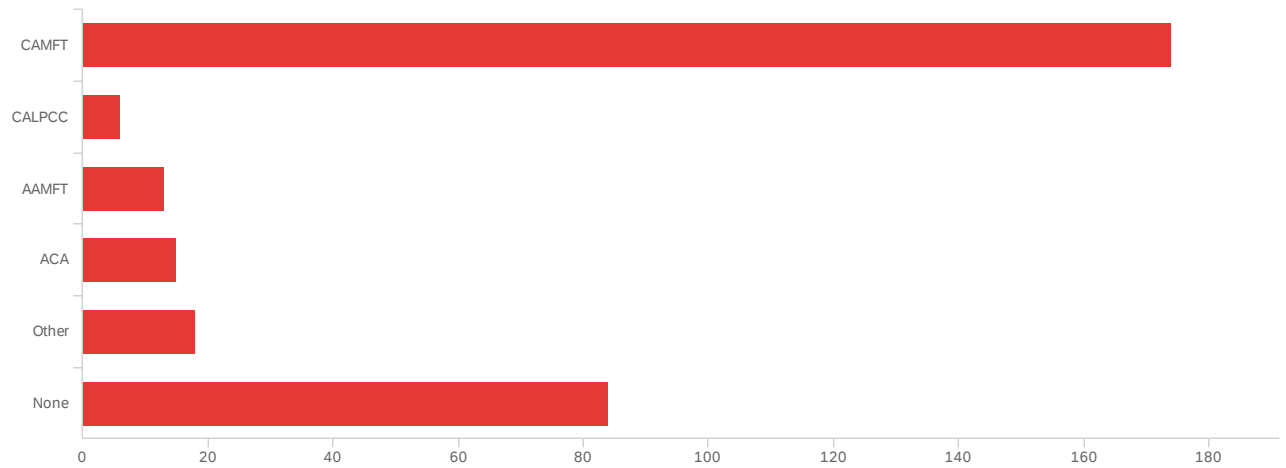
Q9 - Licenses, Credentials, and Certificates. Select all that apply.



#	Field	Choice Count
1	Licensed Marriage and Family Therapist	49.71% 170
2	Licensed Professional Clinical Counselor	7.31% 25
3	Associate Marriage and Family Therapist	17.25% 59
4	Associate Professional Clinical Counselor	11.70% 40
5	California Pupil Personnel Credential	1.46% 5
6	Nationally Certified in any area	0.88% 3
7	None	11.70% 40
		342

Showing rows 1 - 8 of 8

## Q10 - Please identify to which organization you belong.



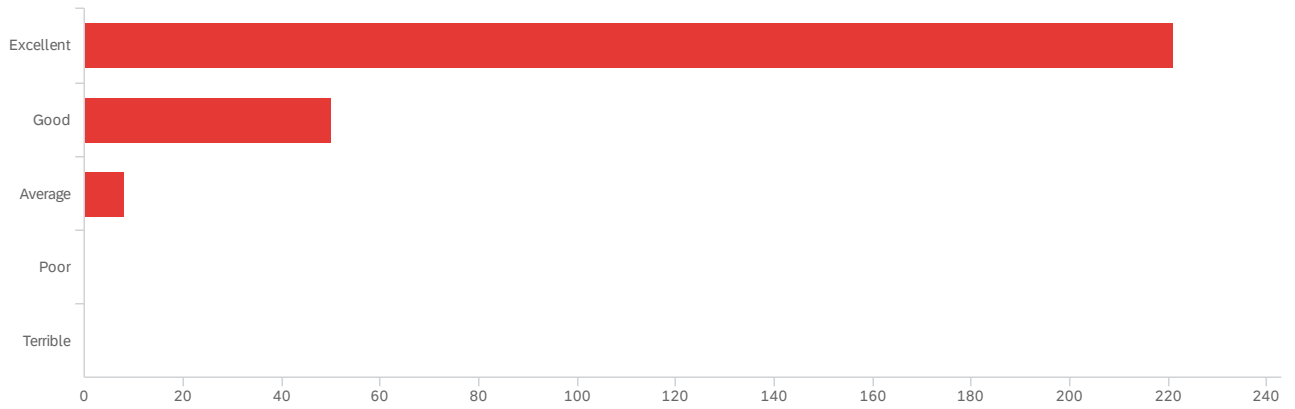
#	Field	Choice Count
1	CAMFT	56.13% 174
2	CALPCC	1.94% 6
3	AAMFT	4.19% 13
4	ACA	4.84% 15
5	Other	5.81% 18
6	None	27.10% 84

310

Showing rows 1 - 7 of 7

# Q11 - How would you rate your education and overall experience in the CSUF

## Counseling Program?



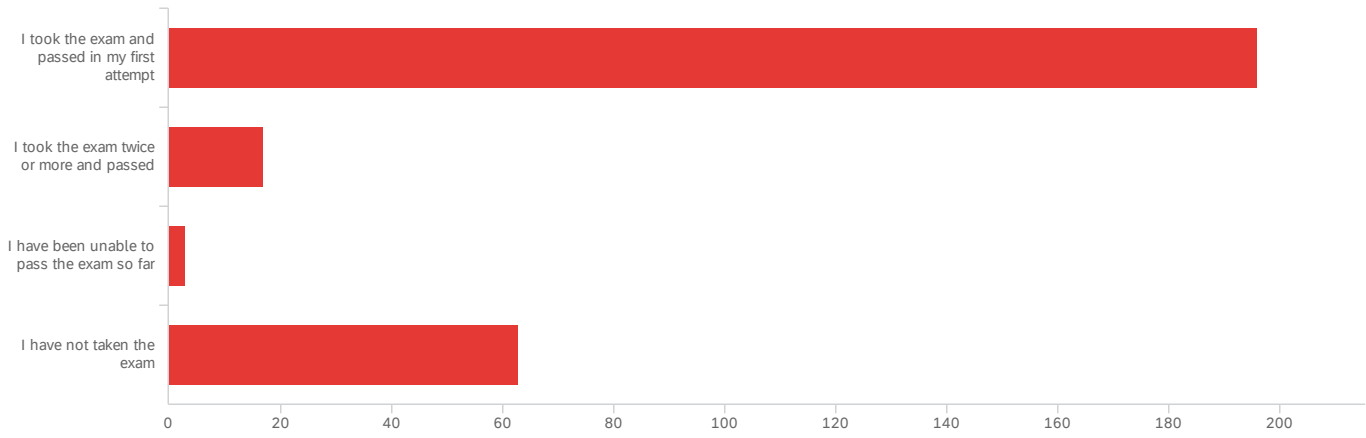
#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	How would you rate your education and overall experience in the CSUF Counseling Program?	1.00	3.00	1.24	0.49	0.24	279

#	Field	Choice Count
1	Excellent	79.21% 221
2	Good	17.92% 50
3	Average	2.87% 8
4	Poor	0.00% 0
5	Terrible	0.00% 0
		279

Showing rows 1 - 6 of 6

## Q12 - How well did the program adequately prepare you to pass the law and ethics

exam?



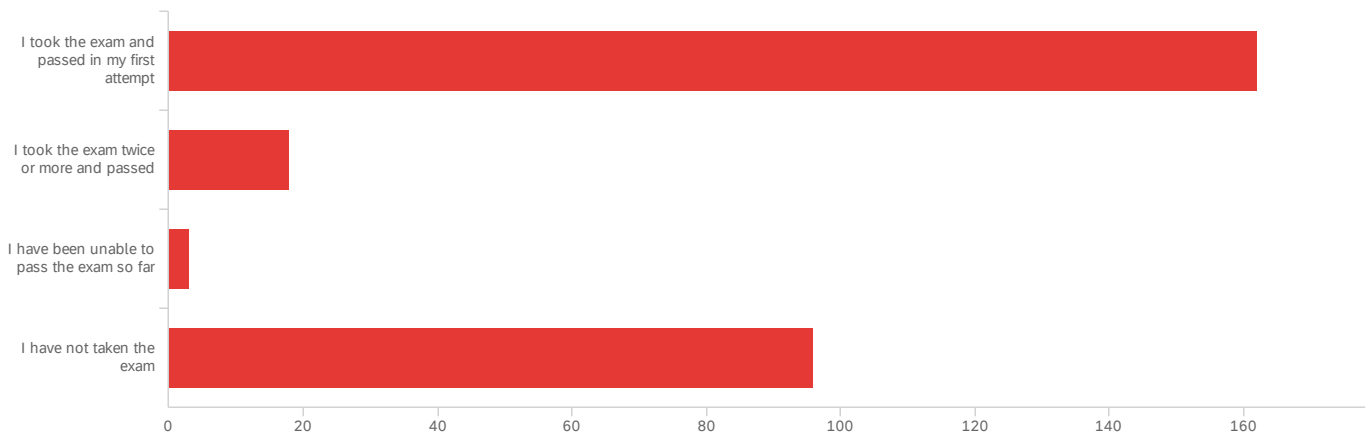
#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	How well did the program adequately prepare you to pass the law and ethics exam?	1.00	4.00	1.76	1.25	1.56	279

#	Field	Choice Count
1	I took the exam and passed in my first attempt	70.25% 196
2	I took the exam twice or more and passed	6.09% 17
3	I have been unable to pass the exam so far	1.08% 3
4	I have not taken the exam	22.58% 63

279

Showing rows 1 - 5 of 5

## Q13 - How well did the program adequately prepare you to pass the clinical exam?



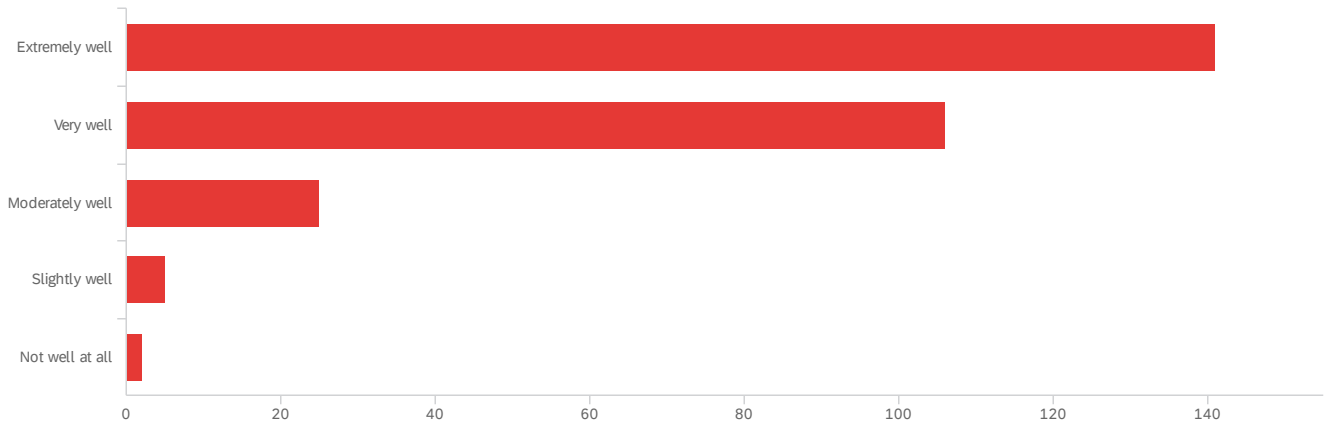
#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	How well did the program adequately prepare you to pass the clinical exam?	1.00	4.00	2.12	1.40	1.95	279

#	Field	Choice	Count
1	I took the exam and passed in my first attempt	58.06%	162
2	I took the exam twice or more and passed	6.45%	18
3	I have been unable to pass the exam so far	1.08%	3
4	I have not taken the exam	34.41%	96
			279

Showing rows 1 - 5 of 5

## Q14 - How well did the program help you to become aware of the impact of diversity on

the counseling process in order to be sensitive to cultural differences?

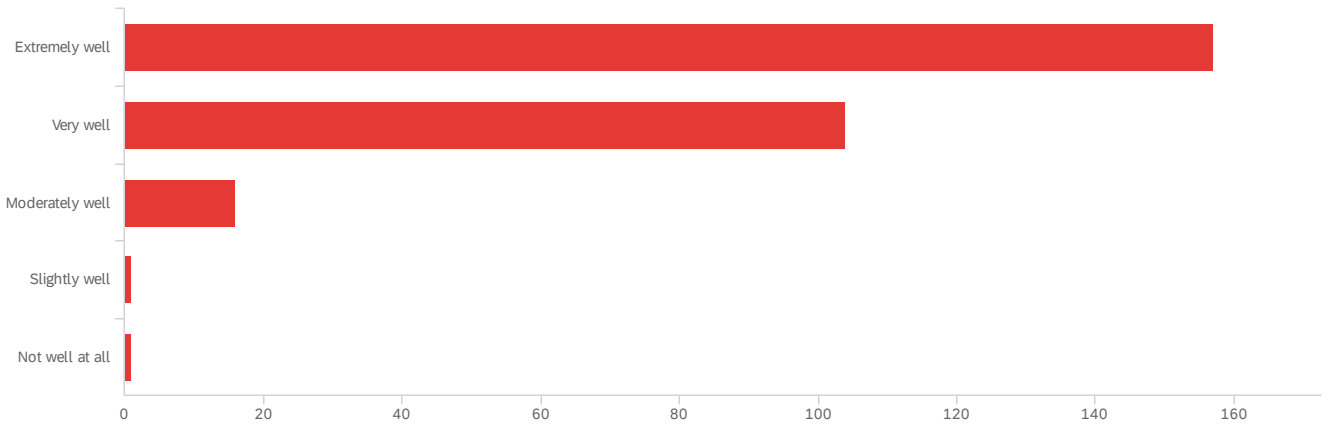


#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	How well did the program help you to become aware of the impact of diversity on the counseling process in order to be sensitive to cultural differences?	1.00	5.00	1.64	0.78	0.60	279

#	Field	Choice Count
1	Extremely well	50.54% 141
2	Very well	37.99% 106
3	Moderately well	8.96% 25
4	Slightly well	1.79% 5
5	Not well at all	0.72% 2
		279

Showing rows 1 - 6 of 6

# Q15 - How well did the program prepare you to have effective counseling skills with clients?



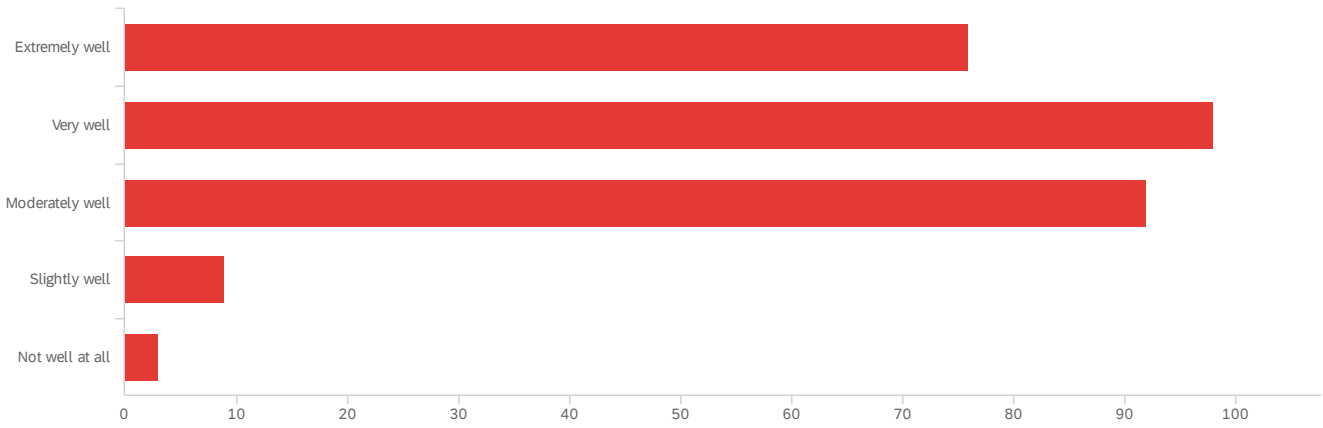
#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	How well did the program prepare you to have effective counseling skills with clients?	1.00	5.00	1.51	0.66	0.43	279

#	Field	Choice Count
1	Extremely well	56.27% 157
2	Very well	37.28% 104
3	Moderately well	5.73% 16
4	Slightly well	0.36% 1
5	Not well at all	0.36% 1
		279

Showing rows 1 - 6 of 6



# Q16 - How well did the program prepare you to conceptualize cases and write effective treatment plans?

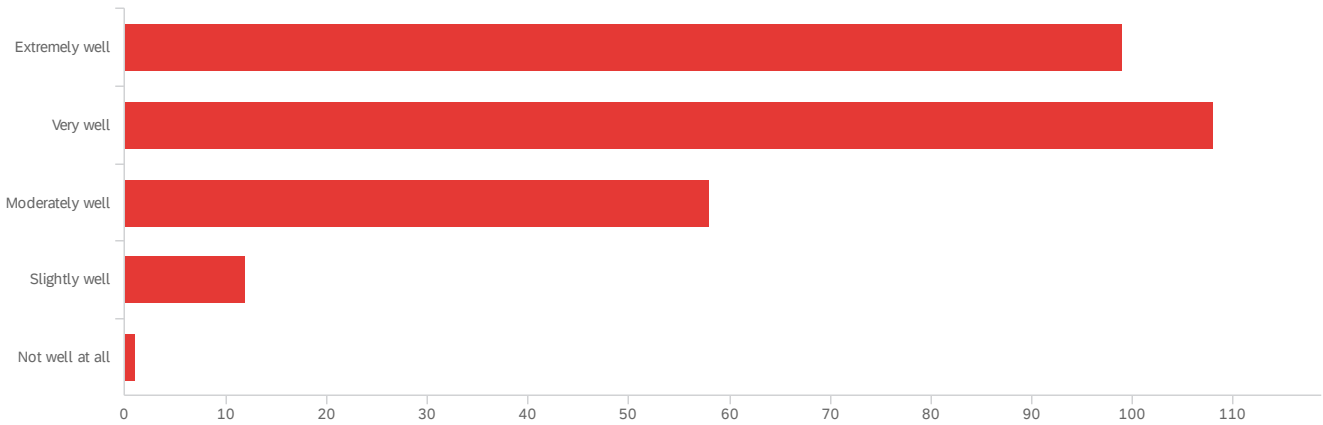


#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	How well did the program prepare you to conceptualize cases and write effective treatment plans?	1.00	5.00	2.15	0.90	0.81	278

#	Field	Choice Count
1	Extremely well	27.34% 76
2	Very well	35.25% 98
3	Moderately well	33.09% 92
4	Slightly well	3.24% 9
5	Not well at all	1.08% 3
		278

Showing rows 1 - 6 of 6

Q17 - How well did the program prepare you to conduct research and demonstrate the ability to think critically and solve problems?

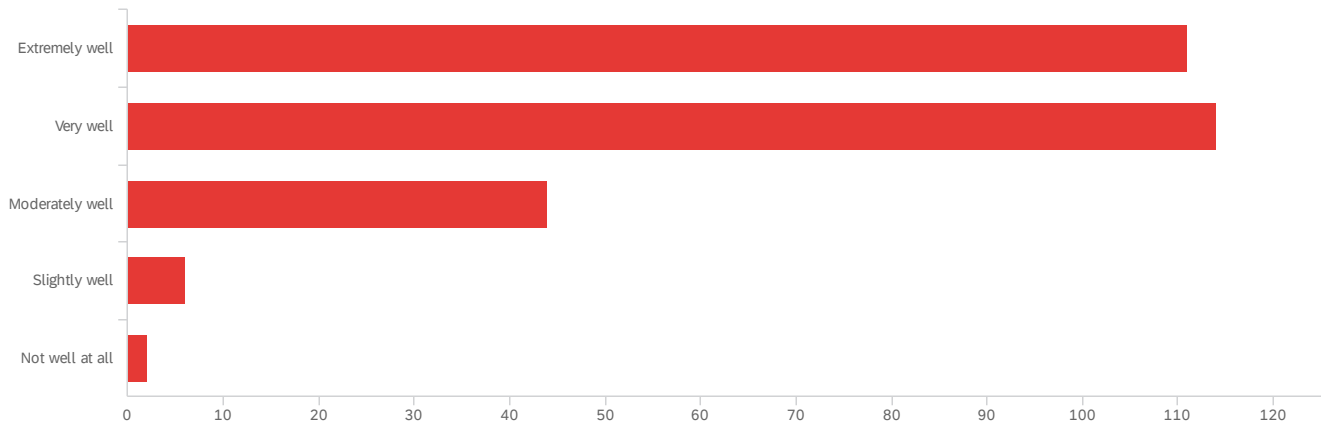


#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	How well did the program prepare you to conduct research and demonstrate the ability to think critically and solve problems?	1.00	5.00	1.95	0.88	0.77	278

#	Field	Choice Count
1	Extremely well	35.61% 99
2	Very well	38.85% 108
3	Moderately well	20.86% 58
4	Slightly well	4.32% 12
5	Not well at all	0.36% 1
		278

Showing rows 1 - 6 of 6

## Q18 - How well did the program prepare you to write effectively?



#	Field	Minimum	Maximum	Mean	Std Deviation	Variance	Count
1	How well did the program prepare you to write effectively?	1.00	5.00	1.82	0.82	0.68	277

#	Field	Choice Count
1	Extremely well	40.07% 111
2	Very well	41.16% 114
3	Moderately well	15.88% 44
4	Slightly well	2.17% 6
5	Not well at all	0.72% 2
		277

Showing rows 1 - 6 of 6

## Q19 - Looking back, what is the greatest strength of the program?

Looking back, what is the greatest strength of the program?

Building up clinical skills, the staff, availability of classes for people who work.

The teachers and the safe learning environment they create.

The clinical skills focus

Encouraging our own personal growth through therapy and that the professors were mostly practicing clinicians was also very helpful

The professors & students as a community, coming together to support one another in learning. This was especially relevant after I started practicum.

spending whole semesters on topics like couples and child class.

Phenomenal faculty, excellent content, and experiential learning are all the greatest strengths of the program.

It's emphasis on making us analyze our own experiences and relationship dynamics with each class was very helpful and healing.

The faculty.

Its balance of critical reflection, research literacy and practice, and clinical skill development with a multidisciplinary faculty.

Diversity and clinical professionalism.

Teachers who challenged me and understood me and helped me to realize my strengths.

How "by the book" we learn, which has played a massive role in my sense of law and ethics in practice. I also feel like the extensive feedback I received in practicum classes helped shape/sharpen my skill as a therapist.

The width and depth of the program curriculum

Clinical practice within classroom setting and bi-lingual practicum classes.

Development of personal & professional relationships

**Dr. Mary Read** who was in charge of supervising interns. She was my favorite instructor. She refer me to the late great **Dr. Donald Baumeister** with whom I interned for nearly 5 years. I learned a great deal from him as my Clinical Supervisor at AUHSD.

That is is taught by professors who love being therapists, who are humble and invested in the program's students success. The cultural competency and impact of systems on people's lives are also vital parts.

The basic skills- mirroring and reflective listening have been THE most important skills. When I'm stuck or don't know what to say, I always go back to the basic skills. Also, as challenging as it was, practicing w/ others was helpful.

The strong clinical background of faculties and their emphasis on diversity.

Looking back, what is the greatest strength of the program?

I appreciated the experiential exercises done in classes. I also appreciated the discussions about culture and diversity, although, I wish my cohort had been more ethnically diverse.

Building the core skills of how to be with clients. Active listening, empathy, how to think and use the right interventions

Cohort cohesiveness, practicum and site support, BBS docs/intern number application support, law and ethics, role plays, reflections of feeling

Experiential learning

Diversity, experiential component, and the myriad of self reflection papers to start gaining awareness of our biases that may affect treatment with our clients.

The relationships build!

10 years post graduating, it is the diversity impact that still sticks with me today. As a privileged white female, it really helped me recognize all the different (mental) places my clients might be coming from!

The passion and real life experiences from the professors

Rigorous academic curriculum

Working with different cultures and unconditional positive regard to help build rapport with clients in a non judgemental way.

**Leah Brew** is the head of the program because she is so great as a professional and a person. Most professors were so great too. At the end, what we remember is how we were treated by professors, not the content. In that sense, I had great eXperienc

Supportive faculty, also the program's general philosophy of person-centered, cultural awareness.

The knowledge, skills, and the strong support the faculty provides to us was the strength of this program. I truly enjoyed the program and learned many tools to become a good therapist. I really appreciate all the program has done for me.

Some of the professors

The professors

Training and role plays in multiple classes and the conversation of cultural competency in every class.

The emphasis on cultural awareness and how you're set up to grow as a person and a clinician through the program.

The professors. They bring their amazing experience and knowledge to help us understand all facets of counseling.

All professors are knowledgeable and compassionate. They are good role models.

The professors and their clinical skills

511 skills, building rapport, and establishing the therapeutic relationship.

The excellent professors.

Looking back, what is the greatest strength of the program?

A diverse and knowledgeable faculty who provided excellent training in a variety of ways.

The heart that the professors and staff brought into the program. I didn't know I could look forward to being in class! I also appreciated the strong person-centered focus such that I can sense clients' emotions even when they can't identify them.

I believe the greatest strength of the program was the focus on working on self. The self-reflection and personal work done in the program has allowed for an abundance of insight and allowed me to thrive as a clinician.

The faculty

The diversity of classes

The support.

Learning to practice clinical skills was an asset and I think a great strength of the program.

Faculty and staff. Emphasis on building blocks (foundational skills), curriculum is heavily self reflective.

The professors

Focus on the relationship with the patient

Incredible faculty

Caring professors, rigorous curriculum, and connections to good practicum sites

It's diversity and interactive programs. .

The program at CSUF provided a sense of community and compassionate learning environment.

Excellent teachers that I respected

The professors and the support they provided in the classroom and beyond. I truly felt the empathy and care of the department. I also feel that I grew the most as a human being during my time in the program.

The focus on diversity, equity, and inclusion. Additionally, reflecting the client's experience and holding a supportive space. Building a community for us to have support after we graduate. The professors were TOP NOTCH. No complaints!

The professors and their experience/wisdom. Keeping us informed with updates regarding mental health field.

The professors and hands on experience. The first semester skill building and hands on training with mock therapy was so wonderful.

The competency and care from the professors was the greatest strength. It was helpful that most of them were currently practicing and were able to demonstrate their skill and teach it to the class. I also valued the diversity of professors.

I really benefit of practicing my skills with my colleagues when we were doing individual therapy. I don't remember what class was that but was super helpful.

Looking back, what is the greatest strength of the program?

The excellent curriculum.

Culturally sensitive and helpful understanding professors who encourage growth and critical thinking.

Student/faculty community

Inclusivity of various cultures and demographics. Exercises in self-reflections were helpful in personal development.

The passion and competence of the staff that fuel the conscientiousness and quality of the program

The relationships that my professors created with me helped me grow into the clinician that I am, as well as open and honest feedback from them.

Wanting people to do their own work

The Professors availability to support students and assist with any questions.

The connection to the professors. I always felt supported. Making us practice on each other was incredibly helpful.

The structure of the program, times classes were offered, the professors' knowledge and support of students.

This program prepared us for the diversity of counseling service. I learn about almost all type of counseling service.

The cultural awareness that is brought to all aspects of the program, including among its students and professors.

The choice in students for the cohort. I made the most amazing friends in Grad school. i'm still friends with them today.

The consistent encouragement and positive culture

Excellent faculty who took personal interest in my aspirations and success, faculty availability for consults, cohort interaction, superb guidance through the academic and practicum process

The professors modeled what a truly kind, caring, compassionate therapist looks like. They were all wonderful.

My time in the program (2005-2009) was wonderful mostly because of the way self reflection was fostered at every learning point. Being able to think, feel and share together in practicum put concepts into action. Many other schools lacked that.

Basic attending skills, critical thinking, and ethics.

Excellent professors, good internship placements

The amazing professors and the unique experiences and stories they shared with us.

The warm and caring support of the faculty helped students to feel confident, take risks, understand strenghts and grow as clinicians.

The deep exploration of ourselves to notice our own shortcomings/strengths/history as both clinicians & people. It allowed us to lean into vulnerability, pain, discomfort, conflict, etc. so that we can help clients do the same within themselves.

I feel the program was very in-depth as it relates to counseling modalities, conceptualization, and cultural competence. I felt prepared for practicum and if I decided to stay in the field I do think the program prepared me enough to succeed.

Looking back, what is the greatest strength of the program?

The professors

Exposure in all areas, including play therapy. Some of my colleagues had no exposure. Also, personal transformation in writing all the papers that made me dig deep within.

The Animo bilingual/bicultural emphasis was the strongest part of my program; I feel much more prepared to work with the Latino/a community and clients.

The community and connections I had with my peers and professors

Practice therapy and positive critiques to learn

a well-balanced learning environment of theory and practice

The relationships within the cohort and with the professors.

Most faculty and Supportive and experienced in the field

The teachers were outstanding. They did a great job of teaching the needed skills and seemed to care and were passionate about the field.

Excellent professors!!

Highly skilled teachers who cared about the students

I thought the lab work in the pre-practicum class was incredibly valuable as well the education on theoretical orientations, practicum experience and class, and humanistic focus of the program.

Learning about cultural diversity

The development of myself as the therapist- the humanistic approach.

I think my practicing courses were the biggest strength. It was a humbling and enlightening experience to have my sessions critiqued by my classmates and professor.

The passion of the professors in the program and their desire to genuinely support their students.

The clinical training, the curriculum, and all the support received.

Focus on cultural awareness and being sensitive to that.

Culture and counseling DSM-V

Relationships with faculty and experiential learning, such as practicing our "511 skills" with peers in class and Group class.

Cultural diversity and inclusiveness

The dedicated, intelligent, and approachable professors were invaluable to my development as a clinician.

The clinical practice and focus on being a capable clinician



Looking back, what is the greatest strength of the program?

The diverse, knowledgeable, and inspiring faculty.

Hands on experience

Multicultural lens.

The emphasis on diversity and cultural competence, alongside needing to address our own biases to become more self-aware, empathetic, and effective with our clients.

The diversity and backgrounds of our professors. I liked that they all had experience in different areas which helped us gain a more well rounded view of different counseling work settings. Also they were all exceptional professors.

Animo program!

Hands on experience in classes and internship

Community building

I always say I wish everyone enrolled in this program, even if they didn't want to become a therapist, because you learn so much about yourself in the process.

The support we got during our practicum.

The greatest strength of the program is the knowledge shared with students about counseling including theory, diversity and applicable skills. I also highly attribute my writing and communication skills to my CSUF education.

The faculty

The faculty... still to this day I think about what I learned from [Kottler](#), [Dr. Shepard](#), [Leah](#), [Rebekah Smart](#), [Dr. Cervantes](#), [Dr. Carlson](#), and [Dr. Hart](#). I am so grateful and happy to do the work I do thank you so much.

Teaching us in detail to understand and value diversity and help all types of individuals from a wide variety of cultures and communities! Not just a segment on this topic, but an entire course. Digging deeper into institutional racism in particular.

The various cultural diversity of the professors and the instruction that we received has really stuck with me as a clinician. I also learned treatment planning and writing skills that are invaluable. I loved the program!

Great teachers & supervision.

The experience and knowledge that the professors had shared during their time as therapists or students.

Supportive faculty

The majority of my classes were taught by clinically strong, committed, and passionate educators who cared about supporting and developing counseling students.

High quality instructors

The teaching staff.

Looking back, what is the greatest strength of the program?

It's human centered focus, empathic and powerful clinical staff

The on site training

Group therapy and video training

The sense of community that was encouraged from day one to promote togetherness and belonging not only helped to build long-lasting friendships/colleagues but highlighted that we don't need to depend on ourselves in this often difficult profession.

The faculty members. Every professor that I worked with was knowledgeable and kind, modeling that for us as incoming professionals.

Great professors, small group classes

Community and clinical components were the greatest strength. Appreciate the ever ending dove to knowing one self and feeling supported in my clinical and writing skills

Hands on experience, diversity, love and care for each other

The way cultural competence and personal growth are embedded into every class. It gave deeper meaning to everything we learned.

The support and experience of the faculty.

The faculty. I took so much from each unique instructor.

The professors in our program really make it stand out.

Humanistic focus I believe resonates with most clients, and they prepared us for real life situations and counseling skills that are essential to maintaining a therapeutic relationship and consistent practice

The professors are very knowledgeable and provide so much to our growth. The environment created is safe, authentic, and accepting.

Humanistic perspective, respecting and looking at clients in a respective non judgmental way. General counseling skills, and connection between own growth/ therapy / relationship skills as an individual and how that translates to the therapist role.

The diversity / different styles within the faculty.

The diversity training was amazing

I like how they had a personal development aspect of the program that supported us in looking at our own issue we need to work on through various projects within the classes.

The professors were supportive and it felt welcoming.

I think the overall guidance. Also in my years of practice and engagement with others from others schools, other people did not received training in sand tray therapy which has been a wonderful resource in my practice, with all clients

Practicum requiring video tapes and couples course.

I always speak about the in-person discussions and practice in our program that helped me to fully understand what this work looks like.

Looking back, what is the greatest strength of the program?

Making me aware of my biases and not projecting them onto my clients.

The support and help understanding the core principals for helping clients

Professors taught me practical skills that I have used in all of my jobs. Also, being able to provide trauma informed care to diverse populations. The ánimo emphasis practicum prepared me to work with Spanish speaking clients. I have no complaints!

The fact that the faculty care.

The love! I genuinely feel the faculty are committed to promoting healers to step into their greatest strengths and finding the not one size fits all. Its not about finding the right answer, but each individuals authentic answer.

I enjoyed real life experiences such as group therapy, couples, individual therapy with classmate, play therapy, showing live sessions and receiving feedback

I appreciated the take on diversity.

Emphasis on diversity and commitment to client care.

Overall the diversity of courses and topics, meeting such a great group of other students, very knowledgeable and incredible professors

Counseling skills

It has a good reputation

Professors, research project, professional disposition

Clinical skills

Being culturally aware of various client's backgrounds and how it impacts their unique journey

Support from faculty

The program's 511 class to work on our clinical skills and the way we were taught to use the DSM in our case conceptualizations.

Focus on diversity and relationships with clients. Loved the focus on person centered and how to connect with clients.

Solid encouragement, support and feedback from experienced-in-the-field faculty who taught and modeled content and process in an environment that was as warm as it was professional in its rigorous standards.

Passionate and caring faculty

The professors

The humanistic view of students as well as approach to clients and treatment.

The professors and in-class training.

The professors connection with the students

Looking back, what is the greatest strength of the program?

I think it gave me the foundational tools to be an effective counselor in private practice while also improving my ability to be self-reflective and introspective.

Accessibility of the professor for office hours and support during internship program. Couples course, and introduction to counseling w/my favorite professors inspired my path.

the faculty and curriculum

The focus on personal development and growth and the importance of that on being a counselor

Dr. Leah Brew was an excellent mentor

Now supervising other AMFTs from other local counseling programs, it is apparent how strong CSUF prepares their counseling students for seeing clients and working in this field.

The staff

The biggest strength of the program was the introductory counseling courses that set the framework for the program. I still remember my first class with Leah Brew and the impact those courses had on me as a person and a therapist moving forward.

Such an amazing program. Ability to hold people and see people where they are, and create a safe space for something that was so invaluable that I feel like I got from the program.

Relational focus. Professors who also practiced. Authentic, inclusive approach. Child centered play therapy and expressive arts was great training.

Experiential training

The faculty. Their knowledge, clinical expertise, and support

Building clinical skills, preparing us to be inquisitive and vulnerable professionals, building our confidence in holding space for difficult emotions and ambiguity in session, networking

Honestly, I would say the faculty(not all) being supportive and understanding that we are human beings managing our personal lives at the same time. The program is well designed educationally and feel like a strong clinician due to completing the pro

the professors were amazing! their ability to ask us to look inward and "do the work" before seeing clients for the first time in all assignments/tasks we were asked to do

Supportive faculty

Clinical skills that were taught to us were excellent and compared to friends who went to other programs, we definitely surpass

The support of and access to faculty, the breadth of knowledge covered, access to a variety of practicum sites

The professors were the best part.

The professors

Focus on emotions, cultivate cultural responsiveness skills

Looking back, what is the greatest strength of the program?

The faculty excellence is by far the greatest asset of the program. The diversity of instruction and also the support provided by faculty is excellent.

Development of clinical skills

The professors, the humanistic approach, how personal all the classes/papers were, hands on training counseling skills with classmates, the content.

The faculty and practicum classes.

Supportive professors, research, clinical skills

the camaraderie of students and the caring nature of the staff.

Diversity training, hands down. This is a distinction with CSUF's counseling department and I am so grateful to have been trained here.

The professors and academic rigor compared to other programs. More expected of us created better quality therapist.

The professors. Most were kind, compassionate, and truly wanting the students to succeed in professional and personal development.

I am not sure there was a strength to this program.

Wonderful professors and overall well-rounded program. Extremely helpful in understanding myself and how to work with others across a variety of settings. So grateful for my experience & education.

The open nature of the staff and the focus on inclusion, diversity, and growth.

Diversity, consistency in staff and professors willingness to help

The care with which the practicum portion is managed - sets students up for placement at places where they will learn to apply skills and supports their initial growth as therapists.

Providing feedback and creating community

Some of the professors make the program strong, but not all of them.

Clinical skills

Focusing on the humanistic aspects of counseling and shaping me as both a person and clinician. Also, fostering community in the program. I wouldn't be the clinician I am without my peers, with whom I still keep in contact!

Excellent and supportive professors, excellent courses.

The faculty

The teachers.

The counseling skills being practiced and applied throughout each course.

The way it helps you make some self-exploration.

Looking back, what is the greatest strength of the program?

Emphasis on Spanish therapy

The quality of the professors. They are excellent.

Helpful and supportive professors

Focus on personal development and applying what we learn to ourselves

The flexibility and patience to the student's lives, schedules.

Clinical skills training and rapport building

Instilling unconditional positive regard towards the clients.

Everything! Particularly the community (cohort and professors) that felt support, safe, and challenging in a good way.

The brilliance of the faculty and their example of caring for each other, creating a kind community in the department. I was pushed hard to learn beyond the curriculum, to teach my teachers and was well respected for my opinions.

Faculty

All of it

The pre-Counseling course was a great intro to being a therapist.

The faculty. Everyone was supportive and provided opportunities to grow and learn throughout the program.

Great program and I appreciated the focus on clinical skills.

There are so many. I would say the strength is the diverse faculty and their honest commitment to teaching this discipline.

All the various professors brought different professional and personal experiences to the classroom. These variety of colorful backgrounds helped me to gain a better sense of the field and the limitless possibilities within it.

The greatest strength of the program is learning clinical skills for engaging with clients.

I feel the program prepared me well to how to work with diverse clients and take on the challenges of therapy.

I loved the faculty and would do the program all over again. I love the programs focus not only teach how to focus and counsel others but I loved the self development self growth I obtained from the program.

Q20 - Looking back, what was the greatest weakness of the program? (Please do not mention faculty names; this will be published on the website.)

Looking back, what was the greatest weakness of the program? (Please do not...

Teaching about DMH Paperwork, other career options in the field

Na

I would want more emphasis on attachment theory and interpersonal neurobiology. Also a class on developmental trauma as well as treating big T trauma

Not enough preparation for helping clients & families who are facing an illness (such as cancer or a chronic illness) or grief/loss. Please add modules in these areas to the curriculum. Info about private practice development would be helpful too.

No weaknesses.

The Career Counseling course and not requiring agencies to pay their interns.

It would have been helpful to have a better understanding of community mental health as well as managed care impacts on therapy practices.

No support after graduation. I tried for 3 years trying to get a job in the field with no luck or support. I ended up having to settle for a job as an administrative assistant at the lower end of the totem pole.

Working in a school, I am required to have my PPS credential, which was not an option in the program. Therefore, I have had to go elsewhere to obtain that credential. I also feel like I didn't learn how to treatment plan or write goals well.

Limited guidance on starting a private practice.

Crisis & Suicide Documentation and paperwork

When faculty are hired & tenured quickly because his father was a notable clinical psychologist that authored many clinical psych/counseling textbooks. His arrogant son, my instructor, dismissed my many academic concerns & observations in group. Thx

The group projects were excessive. Almost every class had a group project when I went through the program, and it was so hard to coordinate with other very busy working adults.

I think it would be really helpful to require individual counseling as part of the requirements. It was great to experience being the client with a real therapist and work on my own stuff.

I would have liked to learn the basics of starting a private practice. When it came time to set up my private practice, I realized I knew absolutely nothing about the process.

I would have liked to have more discussions related to culture/diversity, practical things like how to deal with unethical work environments, how to maintain work-life balance, and spending more time on theory & treatment planning

Some faculty expressed strong political opinions that could be perceived as divisive and make one feel uncomfortable to discuss issues that could have been discussed in a constructive manner.

Looking back, what was the greatest weakness of the program? (Please do not...

Overly focused emphasis on humanistic approach, would have appreciated a diversified teaching/demonstration of other theoretical approaches such as CBT.

None

My traineeship (at Western Youth) had me questioning whether counseling was the right field for me. In hindsight, I felt undereducated as to the various fields I might go into and the realistic challenges about each.

Preparation for real world work experience

The business aspect of private practice. No complaints on learning to be a therapist but being one while running an office has been a learning experience.

NA

I wish we learned more about family systems and internal family systems! I wish we had more than one class about this.

I can't think of any.

there was no weakness of this program

Other interns from other schools informed us that their internships would last two years, which gave them plenty of time to balance their schedules and ingest all the information needed to give adequate care and treat clients. CSUF was accelerated

Having only one class in which diagnosing / DSM are the focus.

The summer crisis course, didn't like the online hybrid format. Had to miss my grandparents 50th wedding anniversary in Mexico due to the mandatory in person Saturday meetings. Created challenges with work-life balance.

I wish we learned more about dissociation in our classes.

Now that I work in the school setting I realized it would have been helpful if the program offered the PPS credential to help us expand beyond community agencies.

More ideas of the career opportunities available

Theory. I appreciated how many of my peers picked differing theories, but I feel that the program overly emphasized humanistic&psychodynamic, while postmodern, cognitive, & behavioral theories were barely discussed.

We needed more classes on how to interview.

I did not experience much of the social justice component throughout the program. Maybe a greater effort to tie in that piece throughout the classes could have been even more illuminating on our role as clinicians!

N/A

As a clinical director and clinical supervisor I feel more programs including CSUF could spend more time teaching therapists how to write better clinical documentation



Looking back, what was the greatest weakness of the program? (Please do not...

Maybe the way everything is packed towards the end. Or at least that's what it seemed like for me.

I would have appreciated the opportunity to specialize in certain areas (ie: neuropsychology, etc).

Very little curriculum on issues related to sexuality and eating disorders.

Need additional training on substance use disorders, writing treatment plans, and working with adolescents.

Lack of preparation in finding a job after graduation

Culturally competent counseling curriculum and instruction

Some students developing cliques and some professors have biases towards certain students

I personally do not have any weaknesses I witnessed

Not sure

Its hard to say since my time was greatly impacted by the covid 19 pandemic

I would not say it is a weakness, but I would love to come back and talk about the 'real world' stuff we did not cover about being a therapist such as needing to plan meals and bathroom breaks, finding CEs for growth, renting office space, etc.

The summer courses were difficult only because they were condensed into less weeks but still were great!

Preparation for proper notes and treatment plans.

Hm..I think I could have benefitted from more practice on progress note writing and treatment planning.

I needed more mental health support for myself. Going through the program opened up a lot of wounds and I wasn't exactly sure how to get help for myself.

Lack of evidence based treatment models taught during time I was there.

It didn't prepare us enough for note writing and knowledge to diagnose clients. It pretty much prepared us to work in a private practice setting, but not much on community clinic.

Exploration of various career paths in the MH field. Adhoc lessons regarding provider burnout (similar to the mandating reporting course)

I would've like to see more training in trauma informed care as well as business. As a license professional in private practice I've had to completely learn on my own how to run a practice.

Delving into greater practice and specifics of note-taking/treatment planning

Treatment planning skills

If I was looking to conduct research this program would not have been a good fit for me.

Looking back, what was the greatest weakness of the program? (Please do not...

Honestly, nothing comes to mind. Everything was a learning and growing experience for me.

Could have been strong in treatment planning and writing case notes.

I honestly can not think of anything. I had a great experience

Very little education on career options, running a business.

Students took up too much lecture time to focus on their own personal issues/experiences RE: external factors that were irrelevant to classdiscussions on mastering practical counseling skills. Caretaking was the focal point instead of learning.

The program does not share the different career paths someone can take if they decide to not be a therapist. Also, there is not enough diversity within the cohorts.

Not learning how to do billing for insurance

How to set up private practice and what this entails. How to build a practice. What to expect from a supervisor and how to find a 'good' one. How to avoid burnout. Maintaining self-care and the ways to do this where as it becomes an ingrain practice

I only wished that my entire program was under the Animo emphasis and that we had Spanish language classes built in.

Lack of focus on business practices and networking

None

can't think of any right now

There was not a focus on progress notes/treatment planning. That was all up to the practicum site, but some sites were not efficient or helpful in those areas. I would have preferred another class or focus on note taking and case conceptualization.

The amount of work assigned was overwhelming and made it hard to enjoy the learning process.

I think more could have been done to in terms of teaching note writing. Also, it would have been beneficial to have the program make connections with employers (beyond training sites) who would be willing to provide opportunities for graduates.

Minimal focus on the business aspect of the field

I took business during my graduate program and it was very helpful but should be required to learn about billing and insurance skills in addition to learning how to start a business.

Lack of attention to and preparation for the various work settings for therapists, including private practice.

Not culturally sensitive to Christian students although they absolutely were culturally sensitive to every other population.

I wish we had a class that provided more information about working as an LMFT in a school setting.

Needs more expansion discussing different disabilities/neurodivergences and how they can affect clients' and practitioners' experiences. ADHD, Autism, and diabetes are three that have come up in student questions/discussions in multiple classes.

Looking back, what was the greatest weakness of the program? (Please do not...

I felt some faculty were not sensitive to my experience as an undocumented Student, therapist and all of the barriers I was facing. This was before DACA. It was difficult to manage the stress. While some were empathetic, I felt others did not care.

Program didn't teach you how to have a private practice.

Assessments class

I wish there had been a way to be allowed to be paid for our practicum traineeship. I think having to work for no pay for a year is a major factor in the shortage of mental health professionals; it's not doable for most people.

Lack of adequate training for bilingual students. This should be made available every semester. Promoting LPCC licensure so much. It's more of a headache than it's worth. Training in clinical documentation. No training on negotiating salary.

It would be kinda neat is there were elective classes we could have taken to learn more about counseling through different modalities. Something more specified and detailed than our Theories class.

There was no real discussion of the "business" aspects of being a practicing psychotherapist.

Administrative duties, such as writing progress notes and creating treatment plans, using diagnostic tools.

I would have appreciated more incorporation of spirituality and faith into counseling!

No weaknesses I could think of.

DSM course could use improvement

I wish they provided more in depth classes or even a lab for different modalities where it's hands on. Also, include different ways to write progress notes (ex DMH)

Not telling us really how little we would make, how hard we would work, the hours that counselors mostly work, (evenings a lot) and how to be ready for very poor supervision which I had more of than good. Often the example they set was so wrong.

Not including education & preparation for how to create a non-profit or private practice (ie business principles)

Can't think of anything

It was marketed as a "Program for Working Adults" when I applied. I could not even work part time, and had to quit my job altogether- and now have student loans 9 years later.

None.

Getting into a facility of choice for internship.

N/A

Certain professional level staff member was unwelcoming.

Did not prepare me well for the challenges of community mental health. Especially the incredible amount of paperwork and how to manage large caseloads to meet productivity expectations

Looking back, what was the greatest weakness of the program? (Please do not...

Crisis class needed to be wholly in person

Not enough multi-culture emphasis. It was mostly on Latino culture, but lacking in the black culture.

There was a large emphasis on private setting work and not a lot of information provided about the various types of mental health settings a person can seek employment post-graduate studies.

The diversity of the student population.

Not preparing students on how to run a business

No sexual education or religious courses and how that interacts with therapy

I think we needed a better understanding of DMH department of mental health paperwork and settings

Not sure. I'm so grateful to have been accepted and graduated, I can't imagine doing anything different.

I felt isolated being a part of the evening cohort

I'm not sure if I was aware of the large amount of clients I'd be working with who had extreme poverty issues my first years earning my hours.

I wish we would have learned more of a clinical aspect, treatment, medication and theory. No so much practical

Have a class on business and marketing strategies for private practice

Crisis intervention & treatment planning was crammed in a short term class and something I had to learn from outside the program. Outside of a few points the career counseling class was useless and never applicable for my role as a therapist.

Not enough class options.

Unfortunately, the COVID pandemic made it difficult transition to online. Practicum was challenging to do it online. However, we all persevered.

I think it would have been helpful if there was more cohesion within the practicum courses on how we conceptualized our cases rather than have students pick their own theories.

There was not a lot of focus preparing us for community mental health settings and the challenges working with DMH. I feel a lot of the focus was put on private practice but initially a lot of us ended up with no other option but starting with DMH.

I don't think there was a great emphasis on community mental health which is a much different experience than private practice.

No training on sex addiction/counseling, not enough training focusing on working with diverse populations.

Not enough time focused on documentation practices in the field and treatment planning.

Not enough preparation for crisis situations.

I felt the need to walk on egg shells at times. Not a lot of forgiveness/understanding when mistakes in political correctness were made.

I would have liked more education regarding sex therapy. I think that is an area that was not really discussed in the program.

Looking back, what was the greatest weakness of the program? (Please do not...

The program doesn't prepare one for private practice

I don't think it was perfect, but it served me. I think it prepared me for being an intern, but I could have benefited from better understanding how to become a leader in the field and find a deeper sense of community among healers.

Too many presentations

I feel like I did not get a lot of support in the final paper, I think it was the weakest class

I think just overall would have wanted to learn more about in depth paperwork, how to deal with insurance credentialing, exploring other jobs in the field not specific to private practice

Prepping for private practice/PR/Marketing/setting up business

Students and were given great influence over the direction of coursework and education by trained experts. Opportunities for tangible/practical skills development, such as diagnosis and evidence based treatment, were missed too often.

conceptualizations, treatment plans

Information overload while finding work/life balance

lack of multicultural and social Justice discussion, often allowing White students to avoid these topics in class.

The quality of instruction from some adjunct faculty members were questionable.

I always felt uncomfortable speaking in classes and had trouble connecting with staff and peers. I don't feel like I have any connections with anyone post graduation.

Some professors, not many, played favorites in class and didn't seem to care about our learning, just making things easier for herself which honestly contributed to that subject of the class she taught as one of my greatest weaknesses professionally

Responding to diversity issues and social justice

Some lack of preparedness for work after grad school.

Business side of the field. No guidance on how to start and manage private practice.

Limited insight on the mental health environments, such as managed care vs private practice

It didn't prepare me well for working in community agencies and DMH jobs. Many of the skills previously mentioned fit more with high functioning clients. It would have been helpful to better prepare for resistant clients or another class about kids.

Over-reliance on diversity, inclusion and obvious political bias of the faculty about race and sex were overstated, and while the actual practice and the mental health job I found alluded most classroom discussions.

Research wasn't a huge emphasis in this program but the clinical focus is strong.

None

N/A

Looking back, what was the greatest weakness of the program? (Please do not...

I feel the research/final project part was a little scattered and perhaps more direct mentorship was needed. Everyone in my program was working full time and going to school at night. We had less access to resources on campus and faculty for guidance

None

There were a few instructors (not core faculty) covering one-off classes who were not up to date on cultural competency standards. One was specifically in relation to LGBTQ issues.

Note writing

Documentation. I felt prepared based on practicum in DMH, but as so many folks end up in community mental health or with insurance, it would have been helpful to learn about medical necessity and how to document interventions incorporating more EBPs

Treatment planning. What do we do in the room to facilitate and assess change other than 511 skills?

Lack of acknowledgment/support that we are human beings, while going through the program. I felt at times like just being a "number" versus being treated like a student trying to learn and grow.

cultural competency; I know we did have a class on it and that was a good class but I felt it lacked depth and possibly just needed to have an additional class.

Missing courses on child therapy and psychopharmacology, missing opportunities to conduct research or publish alongside faculty. Only a few people were chosen. One faculty did devalue my chosen pathway in working with young children and families.

the personal growth part needs more pacing. or more guidance, or something. students don't fully know how to navigate that. myself and other peers think this contributes quite a bit to burn out before even entering the field.

The career class might have been more helpful if guest lecturers were brought in to highlight different types of counseling professions. For example; residential treatment, private practice, community college work, community based counseling, etc.

There was one professor who had a full time job on the side who sometimes was my prepared for class and didn't have an objective way of grading.

Law and Ethics class could have been more geared toward the actual test rather than generalities. I think the cultural competence components have been greatly improved since my time as a student which I appreciate.

I had never heard of trauma in the context of religion until after I graduated. I think as a program religion never finds its way into the classroom when in fact it is a huge source of complexity in peoples lives. I would have appreciated some intro

Developing treatment plans and case conceptualization and skill building from various theoretical perspectives

Teaching more about private practice, and the clinical exam.

The theories class. Wish there were more practice of interventions and treatment planning.

Lack of diversity in staff, Lack of social media presence training as a therapist, Lack of eating disorder training and awareness of weight bias/fatphobia

The addictions class was not as helpful as it could have been.

I feel we needed more clinical training.

Looking back, what was the greatest weakness of the program? (Please do not...

Information on owning a business.

Lack of information regarding the business side of being a therapist.

The faculty had their favorites and it showed.

Enjoyed every moment! TY!

The course I had on diagnostics and treatment planning left a gap in my knowledge that I had to fill later on through personal growth and education.

I cannot think of one

It felt at times like there was a lack of flexibility to explore specialties or areas of clinical interest in greater depth. Some theories, which I have since used often, felt glossed over or lacked emphasis

Helping clinicians learn to listen to others different view and beliefs, while bracketing your own/providing empathic psycho education.

A few part time professor (assessment and human development).

Too much emphasis on culture in practicum classes where students would benefit from interventions, writing case notes and treatment plans instead.

Scheduling for classes needed could be difficult

I don't think I was prepared for the amount of moral injury/burnout I experienced working in community mental health and DMH agencies.

more focus on CBT/ DBT

Nothing that I can think of that was a weakness in the program. Mostly just the lack of parking was frustrating and the cost of parking permits. And the condition of some of the classrooms. But the program itself was great.

Minimal exposure to medications, diagnosing and theory.

The lack of diversity.

Interventions needed to be practiced more.

Maybe more support in case conceptualization and specialized programs if one is interested in certain populations.

Some faculty members preached that they cared about their students and acceptance but it was completely untrue. I actually felt bullied by some of the faculty. Some faculty made me feel very uncomfortable. I stopped pursuing my license due to staff.

Would be helpful to embed multicultural curriculum into all classes. More focus on theoretical consistency in practice (I was somewhat ambivalent about my theory until my doctoral program). More options to explore research earlier in the program.

Not enough time spent on learning to write treatment plans

No help on how to build a practice

Theory

Looking back, what was the greatest weakness of the program? (Please do not...

Not preparing the students to do the business side of the job.

None

Helping us specialize in a particular theory and mode of practice. Although I was happy for the freedom of choice, my internship supervisors expected me to be for more advanced in my skillset and the language of my theory.

None

Some faculty were not culturally sensitive

The business side of starting a private practice, documentation for progress notes for new graduates working in community mental health.

I was overall happy with my experience and grateful for the opportunities it provided even post-graduation.

No weakness but I wish back then that they had a class that teaches clinical terms in Spanish.

No PhD option. Weakness is probably the setting the expectation between learning theory and actual challenges of practicing.

I wish there would have been more play therapy courses. The techniques that I learned within the expressive therapy course was very helpful in working with children.

At the time that I was attending program there were not any classes to teach counseling in Spanish. Also, there was not a class on eficiente documentation of sessions as required by most mental health agencies working either with DMH or HCA.

I remember the career counseling class feeling like a waste of time. It has been a while so that is all that comes to mind.

More group work and outings

**End of Report**