Welcome new and returning CASSA members! The board is eager to make this last semester a productive one. Spring 2014 has been planned with many exciting volunteering events and we can't wait for the memorable experiences coming our way! We hope to see you all this semester!

Discoverfest  By Megan Hsoung

On January 28 and 29th, CASSA once again participated in the spring Discoverfest to recruit new members to the club! We did so by promoting the ongoing festivities and events we are holding for the spring semester. There are many new and exciting things that are going to be held for the rest of the semester, and we can't wait to share these memories with new prospective members! Furthermore, many students stopped by our booth to learn more about our student organization and the benefits they will gain from joining our club! In addition, we also recognized many familiar CASSA friends who passed by our booth that came to say hi! Our members were so amazing, because not only were they there to catch up with one another, they were also there to help support the club. All in all, Discoverfest was once again a success because we were able to recruit a few new members to the CASSA family!

Members of the Month

December

Congratulations to Illia Acosta for being December’s member of the month! She received a total of 12.5 hours.

February

Congratulations to Erica Cervantes for being member of the month! Erica contributed 13 hours of community service in the month of February! Thank you, Erica for your dedication to the club!
On February 18th, CASSA was given the opportunity of volunteering with Frister's once again, now known as Kidsters, which is an organization offered through the church that helps provide spiritual, emotional, mental, and physical support for teen mothers as well as resources and information for them to understand, use, and apply in their daily lives as they encounter the journey of being a teenage mother. CASSA members were responsible for helping with childcare for either the toddlers or babies/small infants, while the mother's were involved in the informational sessions provided by the church that would offer input and support for methods in child-rearing as well as job searching. While at this particular event, I chose to help in the baby room! Throughout the night, I participated in playing, reading, teaching, singing, and talking to the babies/infants. It was truly a rewarding experience for me to be with smaller children because I am usually exposed more often with the toddler ages, but I love the younger children the most! It was interesting for me to have potentially contributed to a learning experience for not only the children, but myself as well, and it allowed me to have a relaxing evening interacting with children.

Frister's 2  By Anamika Gore

Frister's on March 4th was just as enlightening as the first Frister's program I attended. We were welcomed and accommodated by a warm and friendly staff as soon as we entered St. Peter Evangelical Lutheran Church in Santa Ana. A few of us were delegated to the toddlers’ room while the rest attended to the older group of children. The experience was unforgettable and heart touching to be apart of a great cause to help those in need of guidance, in this case teenage mothers. I would recommend this event to anyone. The children were pleasant and helped the time pass very quickly with their bubbly personalities.

Frister's 3  By Esther Hwang

The Frister's event took place on Tuesday, March 18th at Santa Ana. It was my first time participating at this event; therefore, I had no idea what to expect and experienced mixed feelings of nervousness and excitement. After CASSA members and all of the children who were present played outside, we headed inside and helped them settle down as they ate pizza, listened to one of our CASSA members read a book, and participated in an arts and crafts session. The children learned about different emotions throughout the story and were provided with paper plates, crayons, buttons, and strings to create an artwork that reflected their own emotions. As we waited for the mothers to pick them up, I had an opportunity to talk to one of the older children and she opened up as the event drew to an end. In contrast to the beginning of the event, she appeared more comfortable, open, and relaxed. In sum, I had such a memorable time with the children and was definitely glad that I had a chance to talk to some of our CASSA members!
Pizza Social  By Alejandra Navarro

On February 6th, CASSA welcomed new and returning members. As the first club meeting of the spring semester, the board introduced themselves and mentioned last semester’s accomplishments. After eating some pizza, everyone played a game of What's in your Purse. Members were asked to pull out certain items from their bags as fast as they could for points. The room was full of laughter and excitement, members wanting to win the game quickly pulled out and waved items in the air. CASSA started off with a fun and successful meeting.

Bowling Social  By Heidy Correa

It was my first time attending a CASSA Bowling Social, and I had such a wonderful experience. This event was a potluck, so before the bowling began, we filled up on so many delicious treats that members had brought. While feasting, we socialized with new and returning CASSA members. Later, we split up into teams, put our bowling shoes on, and picked out our favorite bowling ball to continue the fun. For the remainder of the time, we played while exchanging laughs and taking pictures to capture the moments. We talked about the community service events that we had attended in the past with CASSA and the delightful times we have had. This was a memorable evening and I am so grateful to be a part of CASSA.

Fitness Social  by JudelMay Enriquez

CASSA's fitness social on Friday, March 28th, was a jam-packed hour filled with fun, lots of sweat, and a great sense of accomplishment by everyone. CASSA members and friends met in downtown Fullerton at Wow! Nutrition in their best 80's style clothes for CASSA's Fitness Social. We met the coaches who were in charge of the event, and to start, the entire group jogged to a nearby park off Harbor Boulevard, the music and speakers were then cranked up, and we started with a game of Ultimate Frisbee. It was a close game, but Team 1 (my team, of course) won with a score of 4-3! That was just the warm-up though because they pushed our bodies to the max level next with 4 different stations of plank and moving push-ups, squats down into push-ups, hands high in the air into plank position, and then suicide drills. Last but not least, we had a friendly race which ended with one of the coaches doing TWENTY clapping hands push-ups! The energy was high, everyone was supportive of one another, and it was a great way to work out with friends!
Orangewood 1  By Joana Rivera

On February 21st, I volunteered for the first time at Orangewood, and wow, it was a great experience! I went in not knowing what to expect, and although we were all shy at first, eventually everyone started coming along. We started off playing some basketball and then moved on to soccer. After, we sat in groups of two and played a game where the person would describe a word and their team had to guess what it was. All in all it was a fun night. Spending some time with these kids was a privilege to me. I'm glad I was part of this because they really do deserve to have a little fun and some distraction. I can't wait to be able to volunteer here again!

Orangewood 2  By Stephenie Guerrero

The second event at Orangewood was held on Friday, March 7, 2014. There was a group of enthusiastic CASSA members waiting to be proactive with children from ages 6-10. Some of the members had prepared activities to share with the children. Our first activity was drawing; the children and members both drew their favorite things and shared it with each other. After, we all headed to the gym for soccer, tag, and Duck, Duck, Goose. The children really enjoyed the second part of activities and all members truly enjoyed interacting with the children. It is such a rewarding feeling to help these wonderful children! So far Orangewood has been my favorite event to volunteer my time!

Orangewood 3  By Brianna McCarthy

On March 21, CASSA members had the wonderful opportunity to interact and socialize with a group of exciting and unique group of adolescent girls at the Orangewood Children’s Home. We began our fun evening with an icebreaker game that consisted of introducing ourselves with our name, age, 2 true facts, and 1 false fact about ourselves. We had to guess which facts were true and which fact was false. This was a fun way to get to know the girls, and for them to get to know us. We spent a majority of the remaining time doing the girls' nails and allowing them to do ours. We had a wide variety of cleaning tools, nail polish colors, and designs, so the girls were able to choose their favorites. Overall, the girls and CASSA members had a lot of fun.
Guest Speaker – Dr. Stout

On February 20th, CASSA was honored to have Dr. Stout as a guest speaker. He shared his past experiences working with at-risk adolescents. Working with adolescents has not been an easy job for Dr. Stout, but it has been rewarding. Dr. Stout mentioned that there are times when it’s hard to find the right words to say, but what matters the most to teenagers is having someone who cares about them. His words were inspiring, making a difference no matter how small. Dr. Stout taught me the importance of having a passion for what you do; even when there are more downs than ups, the journey is worthwhile.

Thailand Panel: Cassandra Vota, Alexis Zwick, Daniela Huczneker, Michelle McClure, and Alyssa Maddock  By Alyssa Larnerd

On Thursday, March 13th we had an exciting presentation on the Thailand internship at CSUF. As part of the Child and Adolescent department, we had the opportunity to participate in this once and a lifetime experience. Our Thailand panel gave an exciting and informative presentation on their recent Thailand adventure. The girls discussed all of the great activities they participated in during their trip. The girls were able to experience owning an elephant for the day, and also experience a shopping adventure, which included eating delicious food. Some of girls on the panel brought in their souvenirs from Thailand. They gave us a lot of information about the internship part of their Thailand experience. They were able to work with students from various schools in Thailand, where they taught English and forms of American dance. The professor in charge of the Thailand adventure provided information on how we could apply for participation in the program.
Belle of the Ball Gift Making  By Jessica Mejia

On March 8th, I had the opportunity to be a part of a truly wonderful organization, Girls Incorporated of Orange County. Later this month, the Belle of the Ball event will be taking place, which is a day of empowerment, beauty, and growth for young women who might otherwise be unable to attend their prom. Today, several other CASSA members and I put together hundreds of gift bags filled with various hair products for their special day. It was a great feeling to have been able to help with the event, even though it was a rather small role. It is so amazing to see organizations like Girls Inc. that do so much to make a difference in the lives of others and inspire young girls to be strong, smart, and bold. I am excited to hear what a success the Belle of the Ball event was in the next couple weeks.

Belle of the Ball Donations

At the beginning of the Spring semester, CASSA started collecting dresses, shoes, and jewelry for prom. The donations were dedicated to at-risk teens and foster youths. Members of CASSA brought in many dresses for the girls. In total, CASSA filled three large boxes and two large bags of donations. Way to go, CASSA!
Carnival of Community  By Stephanie Fox

On Tuesday, March 26th, I volunteered at the Carnival of Community. I worked the 12:30-2:30 shift and I loved it! When I arrived at the CASSA stand, I saw all the CASSA members smiling and having a great time. I worked at the table, helping to attract people to our booth and stamping their stamp cards. I was also helping out with the three-legged race. The event was a good way for people to get out of their comfort zone and do something that they hadn’t done in a while, such as the three-legged race. The event allowed me to interact more and get more involved in CASSA. It was something that allowed not only the members to interact, but also the members in other clubs in the community. I thought it was very fun, interesting, and rewarding.
General Meetings
MISSION STATEMENT

CASSA is the Child and Adolescent Studies Student Association. Our mission is to provide students with opportunities to develop leadership and professional skills. CASSA also provides opportunities to interact with fellow students and faculty in an atmosphere that fosters social networking by hosting weekly meetings, socials, and community events.

Cord Policy:
Minimum of 30 hours as a paid member for 2 semesters
- At least 2 hours of leadership
- At least 6 hours of community events
- At least 5 hours of event attendance (meeting or socials)

Stop by our office in EC 542

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http://hhd.fullerton.edu/cas/cassa

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csuf.cassa@gmail.com

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Bulletin Board:
Next to EC-109

CASSA Meetings:
Thursdays 12-12:45 p.m. in TSU Alvarado AB